

CARROLL GOLDEN AGE RETREAT

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JULY 2025

FROM THE DESK OF THE SUPERINTENDENT



Hello to all our family and friends! We would like to extend our heartfelt thanks to everyone who donated items to our Barn Sale, all of the shoppers who came out to support us, and the incredible volunteers and staff who gave their time and energy. Big shout out to Rick McClure for having such a huge part in the preparation, ensuring everything was clean, organized and ready for opening day! Everyone's generosity and dedication helped make this a truly successful event for our Activity Department.

Visitor reminder: for the safety of our residents, we kindly ask all visitors to **notify the nurse** if you are taking a resident outside for a visit. If you leave and the resident remains outside, please be sure to **inform the nurse before leaving**. This is a serious safety concern and your cooperation is greatly appreciated in helping us keep everyone safe.

Be on the lookout for our **Carroll Golden Age Retreat bus**- we will be out and about enjoying all the local parades we can!

On Friday July 18th at the Carroll County 4-H and FFA livestock sale. I will be serving **fresh sweet and unsweet tea** as a small way to show our **appreciation and support** for everyone involved in purchasing/donating livestock. Please stop by and say "Hello"! If you have **questions** or need **help with the donation process**, feel free to call me or see me at the sale. I am happy to help and truly grateful for your support!

I thank everyone for the continued support and generous acts of kindness! We live in a beautiful community with continued daily blessings!

Jessica Dawn Faulk, LPN, Superintendent

QUOTE OF THE MONTH



"Summertime is always the best of what might be."

~ Charles Bowden

RESIDENTS

MARY YOUNG 7/7

RITA ROACH 7/7

ESTHER CAPPER 7/9

MARILYN BURGESS 7/11

OLIVE EICK 7/26



EMPLOYEES

ABBEY ABLE 7/15

TRACY HOWARD 7/19

JENNY STERTZBACH 7/20

DAWN FAULK 7/24



RED, WHITE, AND BLUE TRIVIA

All answers contain the word red, white, or blue.

1. What red flower is worn to honor fallen soldiers? Answer: Red poppy. The red poppy became a symbol of remembrance after World War I, inspired by the poem "In Flanders Fields."
2. What team did Pete Rose and Johnny Bench play together on? Answer: Cincinnati Reds. Rose and Bench were key members of the "Big Red Machine," a dominant team in the 1970s.
3. What common kitchen ingredient is made from grain alcohol and known for its sharp, acidic flavor? Answer: White vinegar. It is used in cooking, cleaning, and pickling due to its strong acidity.
4. What red fruit is often used to make summer pies and jams? Answer: Strawberry or red raspberry. Both are high in fiber and antioxidants and are a favorite during berry-picking season. Some varieties of rhubarb are also red, but botanically, rhubarb is classified as a vegetable.
5. What 1968 song by the band Cream uses vivid color imagery to describe curtains, a room, tigers, and horses? Answer: "White Room." The opening line is "in the white room with black curtains near the station." Silver horses and yellow tigers are also mentioned. The song is known for its psychedelic rock sound and features Eric Clapton.
6. What crustacean, famous in Maryland cuisine, turns red when cooked? Answer: Blue crab. Although it has blue claws when alive, it turns red when cooked.
7. What historic trade route between Minnesota and Manitoba took its name from a reddish-colored river? Answer: Red River Trail. The Red River was named for the iron-rich soil that gives its water a reddish tint.
8. What type of wine is made from dark grapes? Answer: Red wine. Its color comes from grape skins fermenting with the juice.
9. What colorful trademark, introduced in 1936, was designed to help customers identify Levi's authentic jeans? Answer: The red tab. The red tab is a small fabric label on the back pocket, used to distinguish Levi's from imitators.
10. What fruit is commonly used in muffins and pies? Answer: Blueberry. Despite the name, it is more purple than blue.

GOLDEN NUGGETS



Happy July! Upcoming events:

- Open house will be August 23rd from 10am-2pm. The theme this year is "Bee...". We have created a Facebook event. We will post updates for the event there. We are looking for Chinese auction and door prize donations. If you would like to donate, or know someone who would, please contact us.
- We have every month of donuts and birthday cake sponsored for the year! Thank you to everyone who had donated. If you want to sponsor donuts or birthday cake for next year please call and speak with Kasey.

On June 3rd we had donut day sponsored by Ohio Hospice. On the 4th we went on a shopping trip in the morning and had bible study with Chuck Fedorka in the afternoon.

Our annual Barn Sale was the 5th-7th. Thank you to everyone who donated and shopped with us. We raised over \$2,300.00 for the activity department! Thank you, Rick McClure, George Berry, Maybeth Walker and Nancy Campbell, for all your help getting things organized and ready to sell. Thank you to Sherry Casper and Caiden Cattrell for volunteering to help Thursday. Thank you to Caiden Cattrell, Brett Cattrell and Clayton Haney for all your help Friday and Saturday. We will have the barn sale open during our Open House. We are still accepting donations.

On the 9th we had Ellen Dunlap in to play piano for us. On the 10th we had our first fishing trip of the year. We love going to Guilford Lake. They have a beautiful picnic area and a large, wheelchair accessible dock. On the 11th we headed to John's Bakery and Café for supper before heading to the Minerva Homecoming Parade. On the 12th we had another shopping trip in the morning, and played bingo in the afternoon.

On the 13th we had our Men's Day celebration. Sarah from Traditions Health came to sing for us. She always does an amazing job. We served cookies, trail bologna and cheese, crackers, fresh fruit and root beer floats. Thank you to Carol Petrine for donating the delicious fresh fruit.

On the 16th we had Debbie in to play hymns on the piano. We really enjoyed her performance. On the 20th we celebrated our June birthdays with a beach themed party. Thank you to Pixie and Allen Furbie for sponsoring June's birthday cake. We also had singer Tim Weddington in to perform. He always does a wonderful job. After the party headed to Mechanicstown for the homecoming parade. We won Judge's Choice! Thank you to Sherri Casper for buying us all ice cream!

On the 23rd Debbie was back for more hymns on the piano. On the 30th we took a trip to Zoar Gardens and stopped at the Atwood Dairy Bar for some ice cream.

HAPPY 4TH OF JULY