

CARROLL GOLDEN AGE RETREAT

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*** FROM THE DESK OF THE SUPERINTENDENT**

Hello to all our family and friends. The overwhelming acts of kindness this community has shown to our residents, staff and this home over the last month is just heart touching, to say the least. Our activity elves have been beyond busy with all the extra outings and entertainment. We are blessed here at Golden Age with staff that truly love their jobs, residents that are simply the best, and so much support and love from so many of you. May you all have a blessed, safe and happy new year!

Jessica Dawn Faulk, LPN, Superintendent









QUOTE OF THE MONTH *

"You are never too old to set another goal or to dream a new dream." ~ Les Brown

BIRTHDAYS

RESIDENTS **ANGIE TIZIANI 1/14 FANNIE MAST 1/23 TERRY SHORB /28**



EMPLOYEES AMANDA HANEY 1/31



Lemon Blueberry Tart Makes 10–12 servings

- 2 cups graham cracker crumbs
- 3 tablespoons plus 2/3 cup sugar
- 6 tablespoons unsalted butter, melted
- 1 1/2 (8-ounce) packages cream cheese, room temperature
- 1/4 teaspoon vanilla
- 4 teaspoons lemon juice
- 1/2 cup heavy cream
- 2 cups blueberries

Directions

- 1. Preheat oven to 375°F.
- 2. Combine cookie crumbs, 3 tablespoons sugar, and butter in a large bowl. Press mixture into a 9-inch tart pan with a removable base. Place on a rimmed baking sheet.
- **3.** Bake 10–12 minutes until just golden brown. Allow to cool.
- 4. Combine cream cheese, vanilla, lemon juice, and the remaining 2/3 cup sugar in a medium bowl. Beat with a hand mixer until smooth.
- 5. Beat heavy cream in a large bowl until stiff peaks form. Fold into the cream cheese mixture and transfer to the crust. Cover and chill two hours or until ready to serve.
- 6. To serve, remove from pan and place on a serving platter. Cut and serve with blueberries.

Cooking Tidbit To get more juice out of a lemon, place it in the microwave for 20 seconds. Allow it to cool several minutes, slice in half, and juice. Heating the lemon from the inside out softens the lemon's cell walls and helps the juice capsules burst, allowing more juice to escape.



GOLDEN NUGGETS

Happy New Year! I would like to start by saying "Thank You" to everyone who helped make 2024 a wonderful year for us at the county home. I am always so touched by the outpouring of support and love people show us. I don't have enough room on this page to thank everyone individually, but you all know who you are.

December is such a busy and fun month. We started off the month by getting everything decorated for the holiday during the first week. We had our donut day on December 2nd sponsored by the family of Walt Petrime. On the 4th we had Rick Bruening in for our first Christmas show of the season. He never disappoints.

On the 5th we went shopping in the early afternoon. That evening, we took a tour around Carrollton to look at all the wonderful Christmas lights. We made a couple stops while out and about. The first stop was for some fudge (Kim Berry) and buckeyes (Emilie Ayers). The second stop was for hot cocoa (Dawn Fauk)! For those who stayed home, we showed "Home Alone" and served cookies and cocoa.

On the 9th we made air dry clay Christmas ornaments and we painted them on the 10th. On the 11th we had our second shopping trip of the month, had Bible study with Chuck Fedorka and had the Kilgore Evangelical Church in to sing Christmas carols for us.

In the early afternoon of the 12th, we had our employee Christmas party. Everyone had a wonderful time, eating lots of good food, playing fun games and just enjoying each other's company. In the evening, we took Christmas light tour to the outskirts of Carrollton and stopped off at Tom and Laura Rutledge's home for some Christmas goodies.

On the 13th, during Golden Ager's Club, we made simmer pot pouches to give to friends and family. In the afternoon the activity department held a "Christmas Shop" for residents to pick out gift items for family members. We helped them wrap and address them too. That evening a few of us headed to Pennington's in Jewett for their Christmas Concert. We had a wonderful time. The dinner was delicious and the music was wonderful. Thank you, Shawn, for the wonderful time.

The 16th kicked off "Bingo Week". We started our day decorating gingerbread houses during Golden Ager's Club. In the afternoon we played "GRINCH" bingo. Thank you to everyone who donated gingerbread houses! On the 17th, we played regular bingo in the afternoon.

On the 18th we did Christmas craft kits during Golden Ager's Club, went out to lunch to our favorite spot, Crossroads Restaurant, and played "Baseball" bingo. For this game, baseball team names were called instead of numbers.

On the 19th we had a wonderful group from the Mennonite school come caroling for us. We played "Christmas" bingo. For this bingo game, different items associated with Christmas were called instead of numbers. It was really fun. We had a visit from Santa, Jingles the Elf and the Grinch! They visited with everyone and handed out popcorn and candy canes! For those who couldn't have the popcorn or candy cane, they handed out pudding cups! We really enjoy their visit every year. We ended our day with a trip to Salem for our final Christmas light tour of the season. If you have never been there, you need to go. It's the most amazing display!

On the morning of the 20^{th,} we had Mrs. Mach and kids from CHS come sing Christmas carols for us. The kids had a choice for the day, stay at school for movies and games or go caroling. There were 19 students that signed up to spend their day caroling. They did a wonderful job. We always look forward to their visit. In the afternoon we had Sarah Warfield from Traditions Health Hospice Care in for some wonderful Christmas entertainment. She brought Santa, a dancing hippo and the Grinch with her. There are videos on our Facebook page of this performance. I don't think any of us have laughed so hard this year, go see for yourselves!

On the 21st, we had a wonderful group "The Jewett Jolly Jinglers" in for caroling. On the 23rd, during Golden Ager's Club, we cut our sugar cookies (Kasey made the dough the night before at home). That afternoon we decorated the cookies. Some of us took a few for ourselves, but a majority went to the staff and for the resident Christmas party.

On the 24th we had our resident Christmas party. We had tons of goodies donated for the day. Thank you to Linda Herman, Sherry Casper, Amy Casper, Carol Petrime, Carrollton Church of God, the lady who dropped off a goodie tray and didn't leave her name, Kay Wagner, Jackie Hanlon and Ohio Hospice for donating all the wonderful treats. Thank you to Randy and Patty Dingler and Rick McClure for helping get everyone to the party and help serve them. We had a new entertainer Tim Weddington from Dover. He did a wonderful job and we cannot wait to have him back. After Tim sang, we opened gifts. Each resident gets a personalized gift. Kasey passes out a "Christmas Wish List". This gives the residents an opportunity to write down things they want/need. For those who are unable to fill out the list, our wonderful nurse aides write down items the resident needs. After the lists are collected, Kasey and Amanda find the perfect gifts for everyone (with the help of online shopping, ha-ha).

On the 26th, we went to lunch at Crossroads Restaurant then played Uno in the afternoon. On the 27th we had a regular bingo game. On the 30th made trail mix in the afternoon. On the 31st we had a New Year's Eve/Birthday Party to celebrate the new year and Walt's birthday.

If you are interested in sponsoring one of our monthly donut days or a birthday cake, please call and speak to Kasey. We are currently in need of donut sponsors for March-December and birthday cake sponsors for February-December. We are also always looking for new entertainment of any kind. Whether it be singers, musicians, magicians, etc. please call and speak to Kasey. We really look forward to seeing everyone in the new year!