

Carroll County Council for Aging, Inc.

Menu Ingredients List

Category	Subcategory	Item	Ingredient List
Entrée	Meats		
		Pepper Steak	Beef, water, seasoning [salt, maltodextrin, sodium phosphate, garlic, spices, disodium inosinate and disodium guanylate, papain]. COMMON ALLERGENS PRESENT: None. Prior to consuming the product, individuals with severe food allergies should confirm the ingredients. Peppers and Onions. See Brown Gravy Mix
		BBQ Riblet	Pattie Ingredients: Pork, Water, Textured Soy Protein [Soy Protein Concentrate, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate (B1), Pyridoxine hydrochloride (B6), Riboflavin (B2), Cyanocobalamin (B12)], Soy Protein Concentrate, Sugar, Tomato Powder, Salt, Spices (Including Celery) Dextrose, Paprika, Brown Sugar, Citric Acid, Natural Smoke Flavor, Sodium Acetate and Sodium Diacetate, Natural Spice Extractives of Paprika, Guar Gum, Onion and Garlic Powder. Sweet Baby Rays BBQ Sauce
		Monterey Chicken	Boneless, skinless chicken breast filets with rib meat CONTAINING: Up to 15% of a solution of water, salt and sodium phosphates. Monterey cheese, Peppers and Onions, Mushrooms, Mrs. Dash for seasoning
		Cheese Omelet	EGG PATTY: WHOLE EGGS, WATER, SOYBEAN OIL, MODIFIED FOOD STARCH, SALT, WHEY SOLIDS, NONFAT DRIED MILK AND CITRIC ACID. FILLING: PASTEURIZED PROCESS COLBY CHEESE (COLBY CHEESE (MILK, CHEESE CULTURE, SALT, ENZYMES), WATER, CREAM, SODIUM PHOSPHATE, SORBIC ACID (PRESERVATIVE), COLOR ADDED (PAPRIKA AND ANNATTO)). COMMON ALLERGENS PRESENT: Egg, Milk.
		Hamburg Gravy	Beef, Water, Textured Soy Flour, Salt, Spices, Granulated Onion, Granulated Garlic, Caramel Color. COMMON ALLERGENS PRESENT: Soy. Biscuit Gravy Mix-See below
		Sausage Links & Patties	pork, water, dextrose, salt, flavorings, (spice and spice extractives) citric acid, propyl gallate. COMMON ALLERGENS PRESENT: None.
		Cheese Burger	Beef, water, bread crumbs [enriched bleached wheat flour, (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), durum flour, leavening (sodium bicarbonate, sodium acid pyrophosphate), yeast], seasoning [salt, dextrose, hydrolyzed soy protein, sugar, autolyzed yeast extract, beef tallow, tomato powder, hydrolyzed soy corn wheat gluten protein, modified food starch, spices, citric acid, onion powder, dehydrated beef extract, maltodextrin, corn syrup solids, disodium inosinate, disodium guanylate, thiamine hydrochloride, spice extractives, vinegar solids]. COMMON ALLERGENS PRESENT American Cheese on Top
		Lasagna Roll Up	Ricotta Cheese (Pasteurized Whey, Pasteurized Milk, Vinegar and Carrageenan), Semolina Flour, Water, Heavy Whipping Cream (Cream, Carrageenan), Contains Less than 2% of: Parmesan Cheese (Pasteurized Part-Skim Milk, Cheese Cultures, Salt, Enzymes), Unsalted Butter (Pasteurized Cream, Natural Flavorings), Eggs, Romano Cheese (Pasteurized Cow's Milk, Cheese Cultures, Salt, Enzymes), Dehydrated Garlic, Dehydrated Onion, Spice, Citric Acid, Modified Food Starch, Salt. COMMON ALLERGENS PRESENT: Milk, Wheat, mozzarella Cheese, Marinara Sauces-see below
		Italian Chicken	Boneless, skinless chicken breast filets with rib meat, water, seasoning [salt, corn syrup solids, Romano cheese (pasteurized milk, cheese cultures, salt, enzymes), dried garlic, spices, dried tomato, dried onion, autolyzed yeast extract, dried parsley, lemon juice, gum Arabic, paprika extract (color), natural flavor, grill flavor (from sunflower oil)], modified food starch, sodium phosphates, soy protein concentrate. COMMON ALLERGENS PRESENT: MILK, SOY
		Shepherd's Pie	Beef, Water, Textured Soy Flour, Salt, Spices, Granulated Onion, Granulated Garlic, Caramel Color. COMMON ALLERGENS PRESENT: Soy, Onions, Celery, Peas, Carrots, Mashed Potatoes. Seasoning
		Swiss Steak	Beef. COMMON ALLERGENS PRESENT: None,
		Chicken Alfredo Pasta	Boneless, skinless chicken breast filets with rib meat CONTAINING: Up to 15% of a solution of water, salt and sodium phosphates. COMMON ALLERGENS PRESENT: N/A. Noodles with Alfredo Sauce on top-See below
		Baked Fish	Cod, Sodium Tripolyphosphate (to retain moisture). COMMON ALLERGENS PRESENT: FISH. Butter, Lemon pepper, parsley, and paprika.
		Meat Sauce (Spaghetti)	Beef, Water, Textured Soy Flour, Salt, Spices, Granulated Onion, Granulated Garlic, Caramel Color. COMMON ALLERGENS PRESENT: Soy. Marinara Sauce-See Below
		Scalloped Potatoes & Ham	WATER, POTATOES, WHOLE MILK POWDER, ONION, MARGARINE (SOYBEAN OIL, PALM OIL, WATER, SALT, CONTAINS 2% OR LESS OF: MONO- & DIGLYCERIDES, SOYBEAN LECITHIN [SOY], NATURAL FLAVOR, ANNATTO [COLOR], VITAMIN A PALMITATE ADDED), WHITE WINE, FOOD STARCH-MODIFIED, PARMESAN CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), SALT, DEHYDRATED ONION, MONO- & DIGLYCERIDES, GROUND WHITE PEPPER. COMMON ALLERGENS PRESENT: Milk, Soy, Meat-Ham
		Egg Salad	HARD COOKED EGGS. CITRIC ACID, SODIUM BENZOATE, AND NISIN PREPARATION (AS PRESERVATIVES). COMMON ALLERGENS PRESENT: Egg, Miracle Whip, Honey Mustard, Pepper, and Paprika.
		Chicken Thigh	CHICKEN THIGHS WITH BACKS, WATER, ISOLATED SOY PROTEIN WITH LESS THAN 2% LECITHIN, SALT, SODIUM PHOSPHATES. BREADED AND BATTERED WITH: ENRICHED BLEACHED WHEAT FLOUR (WHEAT FLOUR, Malted BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SALT, SPICES, WHEAT GLUTEN, MONOSODIUM GLUTAMATE, GARLIC POWDER, AND EXTRACTIVES OF PAPRIKA. BREADING SET IN VEGETABLE OIL. COMMON ALLERGENS: WHEAT, SOY.
		Country Fried Steak	Beef, water, textured vegetable protein product [soy flour, soy protein concentrate, zinc oxide, niacinamide, ferrous sulfate, copper gluconate, vitamin a palmitate, calcium pantothenate, thiamine mononitrate (b1), pyridoxine hydrochloride (b6), riboflavin (b2), cyanocobalamin (b12)], contains 2% or less of: salt, soy sauce powder [fermented soybeans and wheat, salt], sugar, maltodextrin, natural flavors, hydrolyzed vegetable protein [corn gluten, soy protein, wheat gluten], onions, sodium phosphate, spices, soybean oil, autolyzed yeast extract, safflower oil [added to reduce dusting], thiamine HCl, disodium inosinate and disodium guanylate, dextrose, extractive of paprika, nonfat dry milk, lactic acid. Breaded and battered with: enriched bleached wheat flour (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, contains 2% or less of: dextrose, yellow corn flour, modified corn starch, salt, natural flavorings, leavening (sodium acid pyrophosphate, sodium bicarbonate), soybean oil, potato flour, caramel color, extractives of paprika, soy flour, spices, kosher gelatin, methylcellulose, guar gum. Set in vegetable oil. Topped with Brown Gravy-See Below
		Sloppy Joe & Coney Sauce	Beef, Water, Textured Soy Flour, Salt, Spices, Granulated Onion, Granulated Garlic, Caramel Color. COMMON ALLERGENS PRESENT: Soy, Onion Ketchup, Brown Sugar, Onions

	Ham Loaf	Fresh ham trimmings, smoked ham (ham cured with water, salt, sodium phosphate, sodium erythorbate, sodium nitrite), water, sugar, autolyzed yeast, sodium nitrite, natural flavorings, parasol (potassium lactate and sodium diacetate). COMMON ALLERGENS PRESENT: None
	Turkey & Swiss Sandwich	Turkey Breast, Turkey Broth, Contains 2% or Less of the Following: Vinegar, Modified Food Starch, Dextrose, Salt, Sodium Phosphate, Turkey Fat, Natural Flavoring. COMMON ALLERGENS PRESENT: None Swiss. Cheese. Milk
	Ham Tetrazzini	Ham, Spaghetti Noodles, Onions, Swedish Sauce, Mrs. Dash
	Chicken Parmesan	Chicken Breast, Marinara Sauce , Spaghetti Noodles
	Swedish Meatballs	BEEF, WATER, TEXTURED SOY FLOUR, SOY PROTEIN CONCENTRATE, CONTAINS LESS THAN 2% OF THE FOLLOWING: SALT, WHEAT FLOUR, DEHYDRATED ONION, FLAVORINGS, SODIUM PHOSPHATE, HYDROLYZED SOY PROTEIN, PAPRIKA, GARLIC POWDER, EXTRACTIVES OF PAPRIKA, NONFAT DRY MILK. COMMON ALLERGENS PRESENT: Soy, Wheat, Milk. Swedish Sauce
	Barbeque Chicken	Chicken Breast, Sweet Baby Rays BBQ Sauce
	Baked Chicken	Bone in Chicken, Italian Seasoning, Brown Sugar
	Vegetable Lasagna	ENZYMES), MILK (VITAMIN D3 ADDED), BROCCOLI, RICOTTA CHEESE (PASTEURIZED WHEY, PASTEURIZED CREAM, VINEGAR, SALT), WHITE CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), ZUCCHINI, CAULIFLOWER, CARROTS, CORN, BREAD CRUMBS (WHEAT FLOUR, SUGAR, YEAST, SOYBEAN OIL, SALT), SPINACH, MARGARINE (SOYBEAN OIL, PALM OIL, WATER, SALT, CONTAINS 2% OR LESS OF: MONO- & DIGLYCERIDES, SOYBEAN LECITHIN [SOY], NATURAL FLAVOR, ANNATTO [COLOR], VITAMIN A PALMITATE ADDED), FOOD STARCH-MODIFIED, ONION, CHEDDAR CONCENTRATE (CHEESE [PASTEURIZED MILK, CULTURES, SALT, ENZYMES], WATER, SALT, XANTHAN GUM), SALT, PARMESAN CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), LACTIC ACID (FOOD STARCH-MODIFIED, LACTIC ACID), WHEAT FLOUR, SUGAR, ONION POWDER, GARLIC POWDER, SPICES. COMMON ALLERGENS PRESENT: Wheat, Soy, Milk.
	Chicken & Noodles	IQF Shredded Chicken, Chicken Broth, Egg Noodles. Pepper . Onions,
	Meat Lasagna	TOMATO PUREE (WATER, TOMATO PASTE), COOKED ENRICHED LASAGNA PASTA (WATER, SEMOLINA [MILLED WHEAT, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], EGG WHITES), COOKED BEEF, RICOTTA CHEESE (PASTEURIZED WHEY, PASTEURIZED CREAM, VINEGAR, SALT), MOZZARELLA CHEESE (PASTEURIZED PART-SKIM MILK, CHEESE CULTURE, SALT, ENZYMES), WATER, TOMATOES (TOMATOES, TOMATO JUICE, CALCIUM CHLORIDE, CITRIC ACID), PARMESAN CHEESE (PASTEURIZED PART-SKIM MILK, CHEESE CULTURES, SALT, ENZYMES), SUGAR, CELERY, SALT, CARROTS, BREAD CRUMBS (BLEACHED WHEAT FLOUR, DEXTROSE, SALT, YEAST), FOOD STARCH-MODIFIED, FLAVORING, DEHYDRATED GARLIC, SEASONING BLEND (SPICES, DEXTROSE), DEXTROSE, ASCORBIC ACID. COMMON ALLERGENS PRESENT: Milk, Egg, Wheat.
	Pizza Casserole	Penne Pasta, Marinara Sauce, Beef Crumbles, Sausage Crumbles, Pepperoni , Onion, Mozzarella cheese
	Cream Chicken Sand	IQF Chicken, Cream of Chicken Soup (CHICKEN STOCK, MODIFIED FOOD STARCH, CONTAINS LESS THAN 2% OF: CHICKEN FAT, CHICKEN MEAT, CREAM (MILK), WHEAT FLOUR, SALT, VEGETABLE STARCH, DEHYDRATED WHEY, WATER, WHEY PROTEIN CONCENTRATE, YEAST EXTRACT, FLAVORING, BETA CAROTENE, SOY PROTEIN ISOLATE, SODIUM PHOSPHATE, CELERY EXTRACT, DEHYDRATED CHICKEN, ONION EXTRACT. COMMON ALLERGENS PRESENT: Milk, Wheat, Soy.)
	Cream Chicken Gravy / Ala King	Shredded IQF Chicken, Chicken Gravy Mix, Pepper/ Mixed Vegetables added to Ala King
	Hamburg Gravy	Beef Crumbles, Biscuit Gravy Mix
	Chicken Cordon Blu	Boneless, skinless, breast of chicken with rib meat (containing up to 8% of a solution of water, seasoning (sugar, salt, dehydrated chicken broth, dehydrated garlic, dehydrated onion), seasoning (modified potato starch, flavoring), vinegar with natural flavor, sodium phosphates), Filling (pasteurized-process Swiss & American cheese [Swiss cheese (cultured milk, salt, enzymes), American cheese (cultured milk, salt, enzymes), cream, sodium phosphates], cooked ham water added(pork, water, salt, dextrose, sodium lactate, sodium phosphates, sodium erythorbate, sodium diacetate, sodium nitrite)), Breading (bleached wheat flour, whey, yellow corn flour, dextrose, salt, blend of Romano and Parmesan cheese (pasteurized cows milk, cheese cultures, salt, sodium silicoaluminate, sorbic acid, enzymes), yeast, spices, soybean oil, oleoresin paprika, annatto extract, sodium silicoaluminate, garlic powder, onion powder, natural flavor), Batter (water, enriched bleached wheat flour [wheat flour, niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid], modified food starch, yellow corn flour, salt, leavening [sodium acid pyrophosphate, sodium bicarbonate]), Prebrowned in vegetable oil. COMMON ALLERGENS PRESENT: Milk, Wheat, Soy.
	Stuffed Peppers	GREEN BELL PEPPERS, COOKED BEEF, COOKED RICE, ONION, WATER, EGG, BREAD CRUMBS (WHEAT FLOUR, SUGAR, YEAST, SOYBEAN OIL, SALT), TEXTURED VEGETABLE PROTEIN (SOY PROTEIN CONCENTRATE, CARAMEL COLOR), CELERY, NONFAT DRY MILK, SALT, ISOLATED SOY PROTEIN, BLACK PEPPER, DRIED BEEF STOCK, CARAMEL COLOR. COMMON ALLERGENS PRESENT: Wheat, Milk, Egg, Soy. Tomato Soup
	Meat Loaf	Ground Beef, Onion, Parsley, Mrs. Dash, Eggs, Beef Base, Bread Crumbs , and Milk
	Teriyaki Chicken	Chicken Breast, WATER, SOY SAUCE (WATER, WHEAT, SOYBEAN, SALT, SODIUM BENZOATE [A PRESERVATIVE]), SUGAR, PINEAPPLE JUICE CONCENTRATE, RICE VINEGAR, BROWN SUGAR, FOOD STARCH-MODIFIED, CONTAINS LESS THAN 2% OF ONION JUICE, DISTILLED VINEGAR, ONION*, GARLIC*, SALT, SESAME SEED, AUTOLYZED YEAST EXTRACT, GREEN ONION*, RED BELL PEPPER*, SODIUM BENZOATE (A PRESERVATIVE), NATURAL FLAVOR, SPICE. *DEHYDRATED. COMMON ALLERGENS PRESENT: Soy, Wheat.
	Chicken Salad	IQF Chicken, Mayonnaise, Honey Mustard, Onions, Celery, Mrs. Dash
	Stuffed Shells/ Manicotti	Water, Semolina (Durum Semolina, Ferrous Sulfate, Niacin, Thiamin Mononitrate, Riboflavin, Folic Acid), Ricotta Cheese (Whey, Milk, Vinegar, Carrageenan [stabilizer]), Wheat Flour (Enriched Wheat Flour [Contains Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid], Sugar, Soybean Oil, Yeast), Modified Food Starch, Parmesan Cheese (Pasteurized Part Skim Milk, Cheese Cultures, Salt, Enzymes, Powdered Cellulose [anti-caking agent]), Salt, Black Pepper, Parsley. COMMON ALLERGENS PRESENT: Wheat, Milk, Marinara Sauce
	Beef Hoagie	Beef, Water, Soy Protein Concentrate, Seasoning (Sugar, Salt, Monosodium Glutamate, Spices, Paprika, Turmeric), Dextrose, Potassium Phosphate. COMMON ALLERGENS PRESENT: Soy. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product. Nutrition and Ingredient statement updated October 2019. This ingredient and nutrition information was provided by the third-party product manufacturer and/or supplier and was not in any way created or verified by GFS. The information is being passed on as a courtesy and for informational purposes only, GFS in no way guarantees the accuracy or completeness of this information and NO WARRANTIES ARE MADE OR IMPLIED; ALL IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE ARE EXPRESSLY EXCLUDED. Click here for K12 spec sheet.

	Chicken Alfredo	Boneless, skinless chicken breast filets with rib meat CONTAINING: Up to 15% of a solution of water, salt and sodium phosphates. COMMON ALLERGENS PRESENT: None. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product. Nutrition and Ingredient statement updated April 2020. This ingredient and nutrition information was provided by the third-party product manufacturer and/or supplier and was not in any way created or verified by GFS. The information is being passed on as a courtesy and for informational purposes only. GFS in no way guarantees the accuracy or completeness of this information and NO WARRANTIES ARE MADE OR IMPLIED; ALL IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE ARE EXPRESSLY EXCLUDED.
	Rigatoni/ Johnny Marzetti	Rigatoni , Beef Crumbles , Onion, Marinara Sauce
	Steak Fajita	Beef, Water, Seasoning [Salt, Maltodextrin, Sodium Phosphates, Garlic, Spices, Disodium Inosinate and Disodium Guanylate, Papain], Vegetable Protein Product [Soy Protein Concentrate, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate (B1), Pyridoxine Hydrochloride (B6), Riboflavin (B2), Cyanocobalamin (B12)], Contains 2% Or Less Of: Soybean Oil, Dextrose, Sodium Phosphate, Black Pepper, Yeast Extract, Natural Flavor. COMMON ALLERGENS PRESENT: Soy, Cheese, Lettuce, & Tomato
	Chicken Fajita & Taco	Boneless skinless chicken breast meat with rib meat and water, Contains 2% or less of: Salt, Garlic Powder, Sodium Phosphate, Dextrose, Yeast Extract, Onion Powder, Corn Syrup Solids, Gum Arabic, Carrageenan, Grill Flavor (from sunflower oil), Lime Juice solids, Flavors (Including extractives of celery seed), Smoke flavor.
	Roast Pork	Pork Loin with Mrs. Dash Seasoning
	Stuffed Rigatoni or Cheese Ravioli	Wheat Flour (Durum Whole Wheat Flour, Enriched Durum Flour [Enriched with Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid]), Water, Liquid Pasteurized Whole Eggs, Part Skim Ricotta Cheese (Whey, Milk, Vinegar, Carrageenan as a stabilizer), Shredded Mozzarella Cheese (Pasteurized Whole Milk, Cheese Cultures, Salt, Enzymes, Rice Flour, Powdered Cellulose to prevent caking), Enriched Bread Crumbs (Enriched Bleached Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Dextrose, Salt, Yeast), Dried Whole Eggs, Grated Romano Cheese (Pasteurized Cows Milk, Cheese Cultures, Salt, Enzymes, Powdered Cellulose to prevent caking), Salt, Parsley Flakes, Granulated Garlic, Black Pepper, Nutmeg. COMMON ALLERGENS PRESENT: Wheat, Milk, Eggs.
	Chicken & Dumplings	Shredded chicken Breast, Chicken Gravy Spaetzle Dumplings
	Hot Dog	Beef and pork, water, salt, less than 2% of the following: dextrose, flavoring, potassium lactate, sodium diacetate, sodium erythorbate, sodium nitrite, oleoresin of paprika. COMMON ALLERGENS PRESENT: None
	Honey Mustard Chicken	Chicken Breast , Honey Mustard Dressing
	Hot Turkey Sandwich	TURKEY BREAST, TURKEY BROTH AND 2% OR LESS OF THE FOLLOWING: SALT, MODIFIED FOOD STARCH, DEXTROSE, POTASSIUM LACTATE, CARRAGEENAN, SODIUM PHOSPHATE, SODIUM DIACETATE, SODIUM ERYTHORBATE, NATURAL SMOKE FLAVOR, NATURAL FLAVORS, SODIUM NITRITE. COMMON ALLERGENS PRESENT: N/A.
	Sweet & Sour Meatballs	BEEF, WATER, TEXTURED SOY FLOUR, SOY PROTEIN CONCENTRATE, CONTAINS LESS THAN 2% OF THE FOLLOWING: SALT, WHEAT FLOUR, DEHYDRATED ONION, FLAVORINGS, SODIUM PHOSPHATE, HYDROLYZED SOY PROTEIN, PAPRIKA, GARLIC POWDER, EXTRACTIVES OF PAPRIKA, NONFAT DRY MILK. COMMON ALLERGENS PRESENT: Soy, Wheat, Milk.
	Cabbage Rolls	CABBAGE LEAVES, WATER, COOKED BEEF, TOMATOES (TOMATOES, TOMATO JUICE, CITRIC ACID), COOKED RICE, TOMATO PASTE, ONION, EGG, BREAD CRUMBS (WHEAT FLOUR, SUGAR, YEAST, SOYBEAN OIL, SALT), GREEN BELL PEPPER, SALT, FOOD STARCH-MODIFIED, TEXTURED VEGETABLE PROTEIN (SOY PROTEIN CONCENTRATE, CARAMEL COLOR), CELERY, SUGAR, NONFAT DRY MILK, ISOLATED SOY PROTEIN, VINEGAR (DISTILLED WHITE VINEGAR, WATER), SPICES, DRIED BEEF STOCK, CARAMEL COLOR, DEHYDRATED GARLIC. COMMON ALLERGENS PRESENT: Egg, Wheat, Soy, Milk, Tomato Soup
	Tuna Noodle Casserole	Egg Noodles, Pepper, Cream Of Mushroom Soup, Tuna
	Baked Ham	Cured with water, dextrose, contains 2% or less of salt, sodium phosphates, potassium acetate, potassium lactate, sodium diacetate, sodium erythorbate, sodium nitrite. COMMON ALLERGENS PRESENT: NONE.
	Ham, Cabbage & Potatoes	Ham, Cabbage, Potatoes, Mrs. Dash, Onion, Chicken Broth
	Steak Hoagie	Beef, Water, Soy Protein Concentrate, Seasoning [Wheat Flour, Dehydrated Onion, Salt, Whey, Hydrolyzed Soy Protein, Hydrolyzed Corn Protein, Caramel Color, Dextrose, Sugar, Dehydrated Bell Peppers, Monosodium Glutamate, Spice, Natural Flavors], Potassium Phosphates, Salt, Caramel Color. COMMON ALLERGENS PRESENT: Wheat, Soy, Milk. Prior Peppers, Onions 7 Mozzarella Cheese
	Cream Chicken	IQF Chicken, Chicken Gravy Mix
	Meatball Sub	BEEF, WATER, TEXTURED SOY FLOUR, SOY PROTEIN CONCENTRATE, CONTAINS LESS THAN 2% OF THE FOLLOWING: SALT, WHEAT FLOUR, DEHYDRATED ONION, FLAVORINGS, SODIUM PHOSPHATE, HYDROLYZED SOY PROTEIN, PAPRIKA, GARLIC POWDER, EXTRACTIVES OF PAPRIKA, NONFAT DRY MILK. COMMON ALLERGENS PRESENT: Soy, Wheat, Milk. Marinara Sauce, Mozzarella Cheese.
	Sweet & Sour Chicken	Sweet & Sour Sauce Boneless skinless chicken breast meat with rib meat and water, Contains 2% or less of: Salt, Garlic Powder, Sodium Phosphate, Dextrose, Yeast Extract, Onion Powder, Corn Syrup Solids, Gum Arabic, Carrageenan, Grill Flavor (from sunflower oil), Lime Juice solids, Flavors (Including extractives of celery seed), Smoke flavor. COMMON ALLERGENS PRESENT: None
	Beef Stroganoff	Beef, Water, Textured Soy Flour, Salt, Spices, Granulated Onion, Granulated Garlic, Caramel Color. COMMON ALLERGENS PRESENT: Soy, Egg Noodles, Onion, Sour Cream, Brown Gravy . Mushrooms
	Western Egg Frittata	WHOLE EGGS, PASTEURIZED PROCESS CHEDDAR CHEESE (CHEDDAR CHEESE (MILK, CHEESE CULTURE, SALT, ENZYMES), WATER, MILKFAT, SODIUM PHOSPHATE, SODIUM HEXAMETAPHOSPHATE, SALT, ARTIFICIAL COLOR), WATER, HAM WITH NATURAL JUICES, SMOKE FLAVOR ADDED (HAM, WATER, SALT, DEXTROSE, SODIUM PHOSPHATES, SMOKE FLAVORING, SODIUM ERYTHORBATE, SODIUM NITRITE), ONIONS, GREEN PEPPERS, RED PEPPERS, SOYBEAN OIL, WHOLE MILK, MODIFIED CORN STARCH, SALT, XANTHAN GUM, CITRIC ACID. COMMON ALLERGENS PRESENT: Egg, Milk

	Chicken Lasagna	COOKED ENRICHED LASAGNA PASTA (WATER, SEMOLINA [MILLED WHEAT, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID]), WATER, RICOTTA CHEESE (PASTEURIZED WHEY, PASTEURIZED CREAM, VINEGAR, SALT), COOKED CHICKEN TENDERS, CREAM CHEESE (PASTEURIZED CULTURED MILK AND CREAM, SALT, STABILIZERS [GUAR GUM AND CAROB BEAN GUM]), PARMESAN CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES), MOZZARELLA CHEESE (PASTEURIZED PART-SKIM MILK, CHEESE CULTURE, SALT, ENZYMES), CREAM, SOYBEAN OIL, NONFAT DRY MILK, RED BELL PEPPER, SPINACH, FOOD STARCH-MODIFIED, CHICKEN FLAVOR BASE (CHICKEN FLAVOR [CHICKEN FLAVORS], SALT, LACTOSE, FLAVORS, SUGAR, ONION POWDER, GARLIC POWDER, MONO- & DIGLYCERIDES, TURMERIC OLEORESIN), FOOD STARCH-MODIFIED (FOOD STARCH-MODIFIED, CORNSTARCH), SHERRY, SALT, SPICES, DEHYDRATED GARLIC, XANTHAN GUM, ONION POWDER. COMMON ALLERGENS PRESENT: Wheat, Milk
	Souper Chicken	Chicken Breast, Onion, Celery , Carrots, Cream of Chicken Soup, and Mrs. Dash
	Bratwurst	Pork, Water and less than 2% of the following: Corn Syrup, Salt, Dextrose, Flavorings, BHA, Propyl Gallate, Citric Acid. COMMON ALLERGENS PRESENT: None.
	Chicken Strips	Boneless chicken breast with rib meat, water, seasoning [salt, flavors, maltodextrin, sugar, vegetable stock (carrot, onion, celery), garlic powder], salt, sodium phosphates. BREADED WITH: Bleached wheat flour, water, wheat flour, salt, leavening (sodium acid pyrophosphate, sodium bicarbonate, monocalcium phosphate), wheat gluten, spices, disodium inosinate and disodium guanylate, dried onion, dried garlic, canola oil, modified palm oils, dextrose, dried yeast, and turmeric extract (color). Breading set in vegetable oil. COMMON ALLERGENS PRESENT: WHEAT.
	Turkey Roll w/ Stuffing	Sliced Turkey, Bread Stuffing(Bread cubes, onion, celery, ground sage , whirl, chicken broth
	Ham & Cheese Omelet	EGG PATTY (WHOLE EGGS, WHEY, DRIED CREAM CHEESE (CREAM CHEESE (PASTEURIZED MILK AND CREAM, CHEESE CULTURE, SALT, CAROB BEAN GUM), NON-FAT DRIED MILK, SODIUM PHOSPHATE), CONTAINS 2% OR LESS OF THE FOLLOWING: SOYBEAN OIL, MODIFIED FOOD STARCH, SALT, XANTHAN GUM, CITRIC ACID, GUAR GUM, WHITE PEPPER, NATURAL BUTTER FLAVOR (SUNFLOWER OIL, NATURAL FLAVORS, MEDIUM CHAIN TRIGLYCERIDES)). FILLING (PASTEURIZED PROCESS CHEDDAR CHEESE (CHEDDAR CHEESE (MILK, CULTURE, SALT, ENZYMES), DRY CREAM (CREAM, SKIM MILK), WATER, SODIUM PHOSPHATES, SALT, LACTIC ACID, APOCAROTENAL (COLOR)), HAM (HAM, WATER, SALT, DEXTROSE, SODIUM PHOSPHATE, SODIUM ERYTHORBATE, SODIUM NITRITE)). COMMON ALLERGENS PRESENT: Egg, Milk.
	DiRusso Sausage Patty	Pork, Water, Salt, Spices, Dextrose, Paprika, Natural flavors, Citric Acid, BHA, BHT
	Sweet & Sour Pork	Pork, Water, Pineapple (Pineapple, Pineapple Juice, Citric Acid), Sugar, Tomatoes (Contains Tomato Juice, Calcium Chloride, Citric Acid), Brown Sugar, Food Starch - Modified, Onion, Vinegar, Tomato Paste, Green Peppers, Salt, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, and Folic Acid), Corn Oil, Natural Flavor, Soy Sauce [Water, Wheat, Soybeans, Salt, Sodium Benzoate(Preservative)], Onion Powder, Spice, Garlic Powder. COMMON ALLERGENS PRESENT: Wheat, Soy
	Beef Ravioli	Marinara Sauce, Pasta Ingredients: Extra Fancy Durum Flour (Enriched With Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Liquid Pasteurized Whole Eggs. Filling: Cooked Beef (Beef, Salt), Water, Bread Crumbs (Wheat Flour, Sugar, Yeast, Salt), Spinach, Rehydrated Egg Whites (Water, Dried Egg Whites), Romano Cheese (Pasteurized Sheep's Milk, Cultures, Rennet, Salt), Beef Broth Flavor (Yeast Extract, Maltodextrin, Hydrolyzed Corn Protein, Beef Broth Powder, Salt, Torula Yeast, Natural Flavor), Chopped Garlic, Salt, Salami Seasoning (Salt, Fennel, Black Pepper, Garlic, Mustard, Rosemary), Black Pepper, Fennel. COMMON ALLERGENS PRESENT: Wheat, Milk, Egg.
	Pork Cutlet	Pork, (contains up to 15% added solution of water, dextrose, sodium phosphate, oil of lemon). Batter and breading ingredients: bleached enriched wheat flour and enriched wheat flour (both enriched with wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, salt, modified corn starch, leavening (sodium bicarbonate, sodium aluminum phosphate), yellow corn flour, flavor, soybean oil, dried onion, soy flour, dried garlic, dextrose, oleoresin paprika-annatto, dried egg whites, kosher gelatin, methylcellulose, guar gum. set in a vegetable oil. COMMON ALLERGENS PRESENT: Egg, Wheat, Soy.
	Peperoni Cheese Hot Pocket	UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, MOZZARELLA CHEESE WITH SODIUM CITRATE (MOZZARELLA CHEESE [PASTEURIZED MILK, CULTURES, SALT, ENZYMES], NONFAT MILK, SODIUM CITRATE), PEPPERONI (PORK, BEEF, SALT, CONTAINS 2% OR LESS OF WATER, DEXTROSE, SPICES, LACTIC ACID STARTER CULTURE, OLEORESIN OF PAPRIKA, GARLIC POWDER, SODIUM NITRITE, BHA, BHT, CITRIC ACID [TO PROTECT FLAVOR]), TOMATO PASTE (TOMATOES, CITRIC ACID), 2% OR LESS OF PALM OIL, SUGAR, SOYBEAN OIL, FRACTIONATED PALM OIL, SEASONING (BREAD CRUMB [BLEACHED WHEAT FLOUR, DEXTROSE, YEAST, SALT], DEHYDRATED GARLIC, TOMATO POWDER, SPICE, SALT, DEXTROSE, DEHYDRATED ONION, CORN MALTODEXTRIN, CITRIC ACID, NATURAL FLAVOR), MODIFIED FOOD STARCH, SEASONING (MALTODEXTRIN, DEHYDRATED GARLIC, SPICES, POTASSIUM CHLORIDE, SALT, YEAST EXTRACT, SOYBEAN OIL, XANTHAN GUM, CITRIC ACID), SALT, YEAST, DOUGH CONDITIONER (CALCIUM SULFATE, SALT, L- CYSTEINE HYDROCHLORIDE, GARLIC POWDER, TRICALCIUM PHOSPHATE, ENZYMES), DOUGH CONDITIONER (DISTILLED MONOGLYCERIDES WITH ASCORBIC ACID AND CITRIC ACID [ANTIOXIDANTS]), EGG YOLKS, WHEY, SOY FLOUR, EGG WHITES. COMMON ALLERGENS PRESENT: Egg, Milk, Wheat, Soy.
	Honey Mustard Pork	Honey Mustard Dressing ,Pork chop, Mrs. Dash
	Deli Sub Sandwich	BOLOGNA: Pork, water, beef, contains 2% or less of vinegar, corn syrup, salt, dextrose, sodium phosphates, paprika, sodium erythorbate, flavorings, sodium nitrite. LUNCHEON LOAF: Pork, water, salt, contains 2% or less of: vinegar, sugar, flavoring, garlic powder, sodium erythorbate, spice, sodium nitrite. SALAMI: Beef, pork hearts, pork, water, corn syrup solids, contains 2% or less of; vinegar, salt, dextrose, flavoring, spice, sodium phosphates, garlic powder, sodium erythorbate, spice extractives, sodium nitrite. American Cheese , Lettuce, Tomatoes
	Teriyaki Turkey Meatballs	TURKEY, MECHANICALLY SEPARATED TURKEY, WATER, TEXTURED SOY FLOUR, SEASONING [WHEAT FLOUR, SPICES, SALT, HYDROLYZED SOY PROTEIN, CONTAINS LESS THAN 2% OF PAPRIKA, ONION POWDER, GARLIC POWDER, NONFAT DRY MILK, PAPRIKA EXTRACT, AND CARAMEL COLOR], SOY PROTEINCONCENTRATE, CORN SYRUP SOLIDS, ROMANO CHEESE FROM COW'S MILK [CULTURED MILK, ENZYMES,SALT], DEHYDRATED ONIONS, ISOLATED SOY PRODUCT, AND SODIUM PHOSPHATE. COMMON ALLERGENS PRESENT: Milk, Wheat, Soy.

	Salmon Croquettes	KETA SALMON, WATER, BLEACHED AND UNBLEACHED WHEAT FLOUR, POTATOES, VEGETABLE OIL (SOYBEAN AND/OR CANOLA), DRIED POTATOES, MAYONNAISE (SOYBEAN OIL, WATER, CORN SYRUP, EGG YOLKS, WHOLE EGG, DISTILLED VINEGAR, SALT, MUSTARD SEEDS, CALCIUM DISODIUM EDTA [added to protect flavor], LEMON JUICE CONCENTRATE), CORN STARCH, CELERY, CONTAINS 2% OR LESS OF: YELLOW CORN FLOUR, SALT, ONION, DRIED WHOLE EGGS, BUTTERMILK FLAVOR (WHEY, LACTIC ACID, CALCIUM LACTATE, CITRIC ACID, BUTTERMILK, SAFFLOWER OIL, MODIFIED CORN STARCH, NATURAL FLAVORS, CORN SYRUP SOLIDS, MALTODEXTRIN), MODIFIED CORN STARCH, SUGAR, YEAST, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), SODIUM TRIPOLYPHOSPHATES (TO RETAIN MOISTURE), GARLIC POWDER, MONOGLYCERIDES, WHITE PEPPER, LEMON JUICE, PARSLEY. COMMON ALLERGENS PRESENT: Egg, Fish, Milk, Wheat. P
	Rueben Casserole	Brisket, Cured with water, salt, contains less than 2% of sodium lactate, sugar, flavorings, sodium phosphate, sodium diacetate, sodium erythorbate, sodium nitrite. COMMON ALLERGENS PRESENT: None Sauerkraut, Swiss Cheese, thousand Island Dressing, Rye Bread
	Gyro	BEEF, LAMB, SOY PROTEIN CONCENTRATE, WATER, SEASONING (SALT, MONOSODIUM GLUTAMATE, GRANULATED GARLIC, SPICES, SOYBEAN OIL, LESS THAN 2% TRICALCIUM PHOSPHATE), ONION, WHOLE WHEAT LOUR, PSYLLIUM HUSK POWDER. COMMON ALLERGENS PRESENT: Wheat, Soy
	Garlic Shrimp	Shrimp, Chopped Garlic. Whirl. Parsley, Old Bay Seasoning
	Spanish Rice	Enriched Long Grain Parboiled Rice (Rice, Iron Phosphate, Niacin, Thiamine Mononitrate, Folic Acid), Spanish Seasoning [Dehydrated Vegetables (Tomato, Red & Green Bell Pepper, Onion, Garlic, Chili Pepper), Maltodextrin, Salt, Yeast Extract, Sugar, Spice, Paprika Extractive, Citric Acid, Disodium Inosinate & Disodium Guanylate, Soybean Oil, Contains 2% or Less Silicon Dioxide (Anticaking)]. COMMON ALLERGENS PRESENT: None. Beef Crumbles, Diced Onion,
	Beef Kielbasa	Beef, Water, Corn Syrup, Contains 2% Or Less Of Dextrose, Flavorings, Autolyzed Yeast, Monosodium Glutamate, Modified Food Starch, Potassium And Sodium Lactate, Salt, Sodium Diacetate, Sodium Nitrite, Sodium Phosphate, Vitamin C (Ascorbic Acid).
	Turkey Sausage	Turkey, Dextrose, Salt, Potassium Chloride, Spices, Sugar, Dehydrated Onion, Ground Celery Seed. COMMON ALLERGENS PRESENT: None
	Turkey Breast Cutlet	Turkey Breast Meat
	Turkey Burger	White Turkey, Contains less than 2% Rosemary Extract, Salt, Seasoning (Spices including Black Pepper, Dehydrated Garlic, Onion Powder).
	Sloppy Mushroom Burger	Beef Crumbles, Diced Onion, Mushroom soup, Mrs. Dash
	Garlic Parmesan Chicken	Chicken Breast with Garlic Parmesan Sauce
	Balsamic Glazed Chicken	Chicken with Balsamic Glaze
	Bacon & Egg Scramble	ROASTED RED POTATOES (POTATOES, SODIUM ACID PYROPHOSPHATE), PRECOOKED SCRAMBLED EGGS (WHOLE EGGS, NONFAT MILK, SOYBEAN OIL, MODIFIED FOOD STARCH, SALT, XANTHAN GUM, CITRIC ACID, BUTTER FLAVOR [MALTODEXTRIN, NATURAL BUTTER FLAVOR, ANNATTO AND TURMERIC (ADDED FOR COLOR)], PEPPER), WATER, CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES, ANNATTO [VEGETABLE COLOR]), PRECOOKED BACON (CURED WITH: WATER, SALT, SUGAR, SMOKE FLAVORING, SODIUM PHOSPHATES, SODIUM ERYTHORBATE, SODIUM NITRITE), CHEDDAR CLUB CHEESE (PASTEURIZED MILK, WATER, CONTAINS 2% OR LESS OF SALT, ANNATTO COLOR, CHEESE CULTURE, ENZYMES), HALF & HALF (MILK, CREAM), MARGARINE (SOYBEAN OIL, PALM OIL, WATER, SALT, CONTAINS 2% OR LESS OF: MONO- & DIGLYCERIDES, SOYBEAN LECITHIN [SOY], NATURAL FLAVOR, ANNATTO [COLOR], VITAMIN A PALMITATE ADDED), ONION, NONFAT DRY MILK, FOOD STARCH-MODIFIED, GREEN ONION, CHEESE POWDER (WHEY, REDUCED LACTOSE WHEY, CHEDDAR CHEESE [CULTURED MILK, SALT, ENZYMES], NATURAL FLAVORS, CREAM, MALTODEXTRIN, SALT, WHEY PROTEIN CONCENTRATE, SODIUM PHOSPHATE, BLUE CHEESE [CULTURED MILK, SALT, ENZYMES], CITRIC ACID, LACTIC ACID), RICE FLOUR, LACTIC ACID (FOOD STARCH-MODIFIED AND LACTIC ACID), GROUND WHITE PEPPER, MONO- & DIGLYCERIDES. COMMON ALLERGENS PRESENT: Egg, Milk, Soy.
	Turkey Bacon Club Wrap	Sliced Turkey, Swiss Cheese. Bacon, Let., Tomato , Mayo ona a Wrap
	Tater Tot Casserole	Beef Crumbles , Diced Onions, Cream Of Mushroom Soup, Cheddar Cheese Sauce, Tate tots
	Cranberry Glazed Chicken	Boneless, skinless chicken breast filets with rib meat, water, seasoning [maltodextrin, salt, sugar, flavors, vegetable stock (carrot, onion, celery), carrot powder and garlic powder], modified food starch, sodium phosphates, soy protein concentrate, sea salt. COMMON ALLERGENS PRESENT: Cranberries, High Fructose Corn Syrup, Filtered Water, Corn Syrup SOYBEAN OIL, HIGH FRUCTOSE CORN SYRUP, WATER, TOMATO PASTE, DISTILLED VINEGAR, CIDER VINEGAR, SALT, CONTAINS LESS THAN 2% OF XANTHAN GUM, ONION*, NATURAL FLAVOR (INCLUDES CELERY SEED). *DEHYDRATED
	Bacon Egg & Cheese	Cured with: Water, Salt, Sugar, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite, WHOLE EGGS, WATER, VEGETABLE OIL (CANOLA AND/OR SOYBEAN OIL), MODIFIED FOOD STARCH, WHEY SOLIDS, SALT, NONFAT DRIED MILK, CITRIC ACID. COMMON ALLERGENS PRESENT: Egg, Milk, MILK, CREAM, WATER, SODIUM PHOSPHATE, SALT, CHEESE CULTURE, ENZYMES, LACTIC ACID, COLOR ADDED. COMMON ALLERGENS PRESENT: Milk.
	Cheesy Chicken Broccoli Tortellini	Pasta Ingredients: Extra Fancy Durum Flour (Enriched with Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Liquid Pasteurized Whole Eggs. Filling: Bread Crumbs (Wheat Flour, Yeast, Sugar, Salt), Part Skim Ricotta Cheese (Whey, Milk, Vinegar, Carrageenan as a stabilizer), Water, Canola Oil, Romano Cheese (Pasteurized Cows Milk, Cheese Cultures, Salt, Enzymes, Powdered Cellulose to prevent caking), Salt, Spices. COMMON ALLERGENS PRESENT: Wheat, Milk, Egg, Chicken. Broccoli, Cheese Blend (Monterey Jack Cheese (Cultured Milk, Salt, Enzymes), Whey, Cheddar Cheese (Cultured Milk, Salt, Enzymes), Reduced Lactose Whey, Maltodextrin, Canola Oil, Salt, Disodium Phosphate, Blue Cheese (Cultured Milk, Salt, Enzymes), Nonfat Dry Milk, Citric Acid), Modified Food Starch, Whey, Coconut Oil, Corn Syrup Solids, Salt, Less Than 2% Of Each Of The Following: Sodium Caseinate, Potassium & Sodium Phosphate, Sugar, Mono & Diglycerides, Yeast Extract, Citric Acid, Disodium Inosinate, Silicon Dioxide (Anticaking). COMMON ALLERGENS PRESENT: Milk, Soy
	Amish Noodles	MACARONI PRODUCT (Semolina [Wheat], Niacin, Iron [Ferrous Sulfate], Thiamin Mononitrate, Riboflavin, Folic Acid),SOYBEAN OIL, SALT. Ground Beef, Bacon Crumbles, Tomato Soup, Cream Of Mushroom Soup
	Fish Sandwich	COD, BLEACHED AND UNBLEACHED WHEAT FLOUR, WATER, MODIFIED CORN STARCH, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CONTAINS 2% OR LESS OF: WHEAT GLUTEN, SALT, YELLOW CORN FLOUR, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), DEXTROSE, SUGAR, YEAST, GUAR GUM. COMMON ALLERGENS PRESENT: Fish (cod), Wheat
	BBQ Monterey Chicken	Chicken Breast, Bacon, BBQ Sauce, Cheddar Cheese

	Chicken Cheddar Pierogi	Water, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Potato Flakes (Potatoes, Mono And Diglycerides, Sodium Acid Pyrophosphate, Citric Acid [Preserves Color]), Soybean Oil, Dehydrated Cheddar Cheese (Cheddar Cheese [Pasteurized Milk, Cheese Cultures, Salt, Enzymes], Disodium Phosphate), Salt, Onion, Natural Flavor, Eggs, Yeast Extract, Whey, Spice, Annatto And Turmeric (Color).
	Roast Beef & Cheddar Sandwich	CONTAINING UP TO 20% OF A SOLUTION OF: Water, Salt, Sodium Phosphate, Garlic Powder, Yeast Extract, Natural Flavors, Dried Vinegar. Coated With: Caramel Color PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES AND ANNATTO (VEGETABLE COLOR). COMMON ALLERGENS PRESENT: Milk
	Veal Parmesan	Pattie Ingredients: Veal, beef, water, textured soy protein concentrate, enriched bleached wheat flour (enriched with niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), durum flour, leavening (sodium bicarbonate, sodium acid pyrophosphate), dried yeast, salt, dextrose, onion and garlic powder, natural flavorings (hydrolyzed corn protein and spice extractives), spice. Batter Ingredients: water, bleached wheat flour, modified corn starch, yellow corn flour, salt, palm oil, leavening (sodium acid pyrophosphate, sodium bicarbonate), sugar, spices, onion powder, garlic powder, caramel color. Breeding Ingredients: Whole Wheat Flour, Palm Oil, Turbinado Sugar, Yeast, Expeller Pressed Canola Oil, Wheat Flour, Salt, Not More Than 2% Silicon Dioxide Added to Prevent Caking. COMMON ALLERGENS PRESENT: WHEAT, SOY. Marinara sauce
	Breakfast Bowl	Turkey, Dextrose, Salt, Potassium Chloride, Spices, Sugar, Dehydrated Onion, Ground Celery Seed, Egg, Cheese, Country Gravy
	Hamburg w Mushroom	Beef, Contains 2% Or Less Of: Salt, Maltodextrin, Natural Extractives of Spice, Dextrose, Natural Flavors, Spice, Citric Acid. Mushrooms, Brown Gravy
	Teriyaki Beef & Broccoli	Ground Beef (Not More Than 20% Fat), Water, Seasoning [Molasses Granules (Refinery Syrup, Cane Mill Molasses, Cane Caramel Color), Sugar (Brown And Cane), Dehydrated Soy Sauce (Wheat, Soybeans, Salt), Maltodextrin, Salt, Spices, Garlic Powder, Citric Acid], Textured Vegetable Protein Product [Soy Protein Concentrate, Caramel Color, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate (B1), Pyridoxine Hydrochloride (B6), Riboflavin (B2), Cyanocobalamin (B12)], Sodium Phosphates, Lite Salt (Salt, Potassium Chloride). Glazed With: Teriyaki Sauce [Water, Sugar, Soy Sauce (Water Soybeans, Wheat, Salt, Sodium Benzoate), Distilled Vinegar, Food Starch – Modified, Contains Less Than 2% Of: Pineapple Juice Concentrate, Soybean Oil, Caramel Color, Xanthan Gum, Dried Garlic, Sodium Benzoate (Preservative), Spice, Broccoli, Teriyaki Sauce, Beef Broth
	Philly Steak Tortellini Bake	Cheese Blend [Monterey Jack Cheese (Cultured Milk, Salt, Enzymes), Whey, Natural Flavor, Cheddar Cheese (Cultured Milk, Salt, Enzymes), Reduced Lactose Whey, Maltodextrin, Canola Oil, Salt, Sodium Phosphate, Nonfat Dry Milk, Citric Acid], Food Starch-Modified, Whey, Coconut Oil, Corn Syrup Solids, Maltodextrin, Salt, Contains 2% Or Less Of Each Of The Following: Sodium Caseinate, Sodium Phosphate, Sugar, Mono & Diglycerides, Citric Acid, Sodium Stearoyl Lactylate, Soy Lecithin, Artificial Flavor, Annatto (Color), Disodium Inosinate, Yeast Extract, Silicon Dioxide (Anticaking). COMMON ALLERGENS PRESENT: Milk, Soy. Tortellini-ENRICHED DURUM FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, RICOTTA CHEESE (WHEY, MILK, VINEGAR, SALT, XANTHAN GUM, LOCUST BEAN GUM, GUAR GUM), BREAD CRUMBS (WHEAT FLOUR, SALT, YEAST), SOYBEAN OIL, SALT, DRIED WHOLE EGGS, GARLIC POWDER, ONION POWDER, ROMANO CHEESE (COW'S AND SHEEP'S MILK, RENNIN, SALT, CHEESE CULTURE, ENZYMES), NATURAL FLAVORS. COMMON ALLERGENS PRESENT: Wheat, Egg, Milk. Beef, water, dextrose, sodium phosphates, modified corn starch, salt, autolyzed yeast, hydrolyzed corn protein. COATED WITH: Onion, green bell pepper, dextrose, sodium citrate, salt, caramel color, sodium diacetate, spices, flavoring (garlic and onion powders), paprika, hydrolyzed corn protein, maltodextrin, grill flavor (from sunflower oil), modified corn starch, corn syrup solids, natural smoke flavor, guar gum. Onion, Spices, (Black Pepper, Parsley, Celery Seed, Basil, Bay, Marjoram, Oregano, Savory, Thyme, Cayenne Pepper, Coriander, Cumin, Mustard, Rosemary), Garlic, Carrot, Orange Peel, Tomato, Lemon Juice Powder, Citric Acid, Oil Of Lemon. COMMON ALLERGENS PRESENT: None.
	Grilled Chicken Bacon Swiss	Chicken Breast, Bacon,
	Turkey Ham and Cheese Sandwich	Whole Grain Hawaiian Bun: Water, Whole Wheat flour, Enriched Wheaat Flour (flour, Malted barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid) , Sucrose, Soybean Oil. Contains Less Than 2 % of: Vital Wheat gluten, yeast, Salt, Sugar, Dough Conditioner, (Water, MONOglycerides, Propionic Acid, Phosphoric Acid), Calcium Propionate, Spice (Corn Flour, Soybean Oil, tumeric, Paprika, MonoDiglycerides, Natural Flavor), Sodium Stearoyl lactylate, Dough conditioner (Wheat flour, Enzymes), Enzyme Blend (Wheat Flour, Calcium Sulfate, Enzyme). Dough Conditioner (Calcium Sulfate, Wheat Flour, Enzymes, Ascorbic Acid), Turkey Ham Flavored Turkey Bologna, Smoke Flavoring Added: Turkey Thigh, Water, Isolated Soy Protein, Less Than 2% Sugar, Salt, Vinegar, Sodium Phosphate, Sodium Nitrite, Smoke Flavoring, Sodium Erytorbate, Reduced Sodium, Reduced Fat Pasteurized Process American Cheese: Milk and Skim Milk, Water Dairy Product Solids, Modified Food Starch, Cream, contains 2 % or Less of Cheese Culture, Citric Acid, Color Addes, Enzymes, Milk Protein Concentrate, Potassium Citrate, Salt, Sodium Citrate, Sorbic Acid (Preservative), Soy Lecithin, Vitamin A Palmitate. Ingredient not in Regular Pasteurized Process American Cheeses. THIS PRODUCT MAY CONTAIN COMMODITY CHEESE DONATED BY THE UNITED STATES DEPARTMENT OF AGRICULTURE. Alergens: Wheay, Soy, Milk
	Stuffed Chicken Breast	Chicken, water, salt, sodium phosphate. COMMON ALLERGENS PRESENT INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), CANOLA AND/OR SUNFLOWER OIL (WITH ROSEMARY EXTRACT AND ASCORBIC ACID [TO PRESERVE FRESHNESS]), WHEY (MILK), SALT, SUGAR, YEAST, 2% OR LESS OF SPICES, DEHYDRATED PARSLEY, ONION POWDER, PAPRIKA (COLOR), TURMERIC (COLOR), EXTRACTIVE OF PAPRIKA (COLOR), SPICE EXTRACTIVE, ENZYMES, ASCORBIC ACID. CONTAINS: WHEAT, MILK. PACKAGED IN A FACILITY THAT ALSO PACKAGES TREE NUTS. Onions, Celery, ROASTED CHICKEN AND CHICKEN JUICES, SALT, MONOSODIUM GLUTAMATE, SUGAR, YEAST EXTRACT, CHICKEN FAT, DEHYDRATED ONION, CITRIC ACID, TURMERIC, XANTHAN GUM, CARAMEL COLOR, FLAVORING. COMMON ALLERGENS PRESENT: None. Sage.
	Shredde Beef Taco	Containing Up to 14% of a Solution++ ++Solution Ingredients: Water, Orange Juice Concentrate, Spices, Flavoring, Salt, Sodium Phosphates, Lime Juice, Sodium Benzoate, Xanthan Gum CHEDDAR CHEESE (CULTURED PASTEURIZED MILK, SALT, ENZYMES, COLOR ADDED), ANTICAKE (POTATO STARCH, POWDERED CELLULOSE). COMMON ALLERGENS PRESENT: MILK. . Lettuce, Tomatoe

	Paemesan Sauce Chicken	Boneless, skinless chicken breast filets with rib meat, water, seasoning [maltodextrin, salt, sugar, flavors, vegetable stock (carrot, onion, celery), carrot powder and garlic powder], modified food starch, sodium phosphates, soy protein concentrate, sea salt. COMMON ALLERGENS PRESENT: Soy SOYBEAN OIL, DISTILLED VINEGAR, WATER, PARMESAN CHEESE (PASTEURIZED PART-SKIM MILK, CHEESE CULTURES, SALT, ENZYMES), HIGH FRUCTOSE CORN SYRUP, BUTTERMILK SOLIDS, SOUR CREAM SOLIDS (SOUR CREAM [CREAM, NONFAT MILK, CULTURES], MALTODEXTRIN, CULTURED BUTTERMILK, CULTURED SKIM MILK), CONTAINS LESS THAN 2% OF EGG YOLK, SALT, GARLIC,* SPICE, ONION,* LACTIC ACID, NATURAL FLAVOR, POLYSORBATE 60, XANTHAN GUM, MALTODEXTRIN, PROPYLENE GLYCOL ALGINATE, SODIUM BENZOATE AND POTASSIUM SORBATE (PRESERVATIVES), AUTOLYZED YEAST EXTRACT. *DRIED. COMMON ALLERGENS PRESENT: Egg, Milk. WATER, VEGETABLE OIL (SOYBEAN AND/OR CANOLA), MARGARINE (SOYBEAN AND HYDROGENATED SOYBEAN OILS, WATER, SALT, MONO AND DIGLYCERIDES, SOY LECITHIN, SODIUM BENZOATE [PRESERVATIVE], NATURAL & ARTIFICIAL FLAVOR, BETA-CAROTENE [COLOR], VITAMIN A PALMITATE), DISTILLED VINEGAR, GARLIC,* PARMESAN CHEESE (PASTEURIZED PART-SKIM MILK, CHEESE CULTURES, SALT, ENZYMES), SALT, CONTAINS LESS THAN 2% OF AGED CAYENNE RED PEPPER, SUGAR, ONION CONCENTRATE (ONION JUICE, ONION JUICE CONCENTRATE, SALT, ONION OIL), PHOSPHORIC ACID, WHEY PROTEIN CONCENTRATE, XANTHAN GUM, CITRIC ACID, SPICE, NATURAL FLAVOR, POLYSORBATE 60, PROPYLENE GLYCOL ALGINATE, SORBIC ACID AND SODIUM BENZOATE (PRESERVATIVES), BETA CAROTENE (COLOR), LACTIC ACID, CALCIUM DISODIUM EDTA (TO PROTECT FLAVOR). *DRIED. COMMON ALLERGENS PRESENT: Milk, Soy.
	Broccoli Chicken Divan	White Cooked Diced Chicken Meat. COMMON ALLERGENS PRESENT: None. MILK (MILK, VITAMIN D3 ADDED), WATER, BROCCOLI, WHIPPING CREAM, ONIONS, MODIFIED CORN STARCH, CONTAINS LESS THAN 2% OF BUTTER (CREAM, SALT),Breadcrumbs [Enriched Wheat Flour (Enriched With Reduced Iron, Niacin, Thiamin Mononitrate, Riboflavin, Folic Acid), High Fructose Corn Syrup, Palm Oil, Salt, Contains 2% or Less of Each of the Following: Yeast, Calcium Propionate (Preservative), Caramel Color, Soy Lecithin], Seasoning [Dehydrated Vegetables (Onion, Celery, Garlic), Maltodextrin, Salt, Sugar, Parsley, Natural & Artificial Flavor, Color (Caramel Color, Turmeric Extract, Turmeric), Celery Seed, Disodium Inosinate & Guanylate, Spice, Hydrolyzed Corn & Soy Protein, Yeast Extract, Citric Acid, Spice Extractives, Contains 2% Or Less Silicon Dioxide (Anticaking)]. COMMON ALLERGENS PRESENT: Wheat, Soy. CHICKENIngredients Broccoli. COMMON ALLERGENS PRESENT: None BASE (COOKED CHICKEN, SALT, CHICKEN FAT, SUGAR, MALTODEXTRIN [FROM CORN], HYDROLYZED WHEAT GLUTEN,CHEDDAR CHEESE (CULTURED PASTEURIZED MILK, SALT, ENZYMES, COLOR ADDED), ANTICAKE (POTATO STARCH, POWDERED CELLULOSE). COMMON ALLERGENS PRESENT: MILK NATURAL FLAVORING, POTATO STARCH, YEAST EXTRACT), SALT, GRANULATED ONION, GRANULATED GARLIC, NISIN PREPARATION (NISIN [PRESERVATIVE], SALT, ROSEMARY EXTRACT), SPICES, XANTHAN GUM. COMMON ALLERGENS PRESENT: Milk, Wheat.
Soups	Broccoli Soup	Broccoli, Biscuit Gravy Mix, Onions, Cheddar Cheese Sauce, Chicken Base, & Whirl.
	Chicken Tortellini Soup	Shredded IQF Chicken, Cheese Tortellini, Onions, Celery, Spinach, Chicken Broth, Mrs. Dash
	Bean Soup	Great northern white beans, water, salt, calcium chloride. COMMON ALLERGENS PRESENT: Nonmeat-Ham or Bacon. Onions, Celery, Carrots, Chicken Base, Mrs.Dash.
	Cream of Cauliflower Soup	Cauliflower, Onion, Celery, Carrots, Corn, Cheese Sauce, Chicken Broth, Biscuit Gravy Mix
	Potato Soup	Potatoes, Onion, Celery, Chicken Base, Biscuit Gravy Mix, Cheese Sauce, Bacon Bits
	Chicken Wild Rice Soup	Shredded IQF Chicken, White & Wild Rice, Onion, Celery, Carrots, Chicken Base, Chicken Broth
	Chicken Corn Chowder	IQF Shredded Chicken, Chicken Base, Onions, Celery, Carrots , Potatoes, Bacon Bits, Corn, Mrs. Dash, & Biscuit Gravy mix
	Chicken Sand. (Breaded)	Chicken Breast With Rib Meat, Water, Textured Vegetable Protein Product (Soy Protein Concentrate, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate [B1], Pyridoxine Hydrochloride [B6], Riboflavin [B2], And Cyanocobalamin [B12]), Soy Protein Concentrate, Contains 2% Or Less Of: Salt, Sodium Phosphate, Hydrolyzed Corn Protein, Autolyzed Yeast Extract, Dehydrated Onion, Spices, Natural Flavors, Spice Extractive. Breaded And Battered With: Whole Wheat Flour, Enriched Wheat Flour (Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Contains 2% Or Less Of: Salt, Modified Food Starch, Extractives Of Paprika And Annatto, Spices, Natural Flavors, Dextrose, Spice Extractive. Set In Vegetable Oil. COMMON ALLERGENS PRESENT: Soy, Wheat.
	Chili	Beef Crumbles, Chili Beans, Marinara Sauce, Diced Tomatoes, Onions, Peppers, Tomato Juice Chili Powder, Pepper
	Cheese Burger Soup	Beef Crumbles, Potatoes, Onion, Bacon Bits, Beef Broth, Cheese Sauce, Mrs. Dash
	Beef Barley Soup	WATER, COOKED BARLEY (BARLEY, WATER), ONIONS, COOKED BEEF, CELERY, Potatoes CARROTS, BEEF BASE (ROASTED BEEF INCLUDING BEEF JUICES, SALT, HYDROLYZED VEGETABLE PROTEIN [SOY, CORN], MALTODEXTRIN, YEAST EXTRACT, SUGAR, POTATO FLOUR, BEEF FLAVOR, NATURAL FLAVOR, CARAMEL COLOR), CONTAINS LESS THAN 2% OF SUGAR, MODIFIED CORN STARCH, SALT, GRANULATED ONION, GRANULATED GARLIC, SPICES, FLAVORING (MALTODEXTRIN [CORN], SALT, YEAST EXTRACT). COMMON ALLERGENS PRESENT: SOY.

	White Chili-Southwestern	Shredded Chicken , Onion, Green Pepper Chili Powder, Chicken Broth, Chili Beans , Diced Tomatoes, Biscuit Gravy Mix Prepared Red Beans, Water, Tomato Paste, Modified Corn Starch, Salt, Chili Pepper, Sugar, Paprika, Onion, Garlic, Calcium Chloride.
	Vegetable Beef Soup	Beef , Onions , Celery, Potatoes, Carrots, Corn , Green Beans, Peas, Tomato Juice, Beef Broth, Mrs. Dash
	Tuscan Sausage & Pot. Soup	Pork, water, textured vegetable protein (soy flour, salt), spices, salt, sugar, flavoring. COMMON ALLERGENS PRESENT: Soy. Potatoes, Spinach, Parmesan Cheese , Biscuit Gravy Mix
	Tomato Tortellini Soup	Tomato Soup, Cheese Tortellini, Beef Broth, Spinach
	Lasagna Soup	Beef Crumbles, Marinara Sauce, onions, Garlic, Parmesan Cheese, Durum Wheat Semolina, niacin, iron (ferrous sulfate), thiamin mononitrate, riboflavin, folic acid. COMMON ALLERGENS PRESENT: Wheat. MAY CONTAIN: Egg.
	Mushroom Potato Chowder	WATER, VEGETABLE OIL (CORN, CANOLA, AND/OR SOYBEAN), MUSHROOMS, MODIFIED FOOD STARCH, WHEAT FLOUR, CONTAINS LESS THAN 2% OF: SALT, CREAM (MILK), SOY PROTEIN CONCENTRATE, YEAST EXTRACT, DEHYDRATED WHEY, DEHYDRATED GARLIC, FLAVORING. COMMON ALLERGENS PRESENT: Milk, Wheat, Soy.
	Chicken Vegetable Soup	Shredded Chicken. Potatoes , Celery, Onion, Peas, Carrots, Corn, Green Beans, Lima Beans, Chicken Broth
	Clam Chowder	WATER, DEHYDRATED POTATOES, CHOPPED CLAMS (CLAMS, CLAM JUICE, WATER, SODIUM TRIPOLYPHOSPHATE), MINCED POLLOCK, MODIFIED FOOD STARCH, CELERY, NONFAT DRY MILK, CONTAINS LESS THAN 2% OF SOYBEAN OIL, HEAVY CREAM, BUTTER (CREAM, SALT), SALT, WHEY POWDER (FROM MILK), ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CREAM FLAVOR (LACTOSE, WHEY PROTEIN CONCENTRATE [MILK], CREAM POWDER [CREAM, NON-FAT MILK, SOY LECITHIN]), MODIFIED CORNSTARCH, MILK FAT, MANNITOL, XANTHAN GUM, ARTIFICIAL COLOR, SALT, NATURAL FLAVORING), FLAVOR ENHANCER (HYDROLYZED WHEAT PROTEIN, YEAST EXTRACT, SUNFLOWER OIL, NATURAL FLAVOR), DEHYDRATED ONION, EMULSIFIER (DISTILLED MONOGLYCERIDES, DISTILLED PROPYLENE GLYCOL MONOESTERS, CITRIC ACID, ASCORBIC ACID), POWDERED BUTTER BLEND (WHEY SOLIDS, ENZYME MODIFIED BUTTER, MALTODEXTRIN, SALT, DEHYDRATED BUTTER, GUAR GUM, ANNATTO AND TURMERIC [FOR COLOR]), WHITE PEPPER, DISODIUM INOSINATE AND DISODIUM GUANYLATE, PARSLEY, NATURAL AND ARTIFICIAL FLAVOR. COMMON ALLERGENS PRESENT: Fish, Shellfish, Milk, Soy, Wheat.
	Wedding Soup	WATER, COOKED ENRICHED MACARONI PRODUCT (SEMOLINA [WHEAT], ENRICHED WITH NIACIN, IRON, [FERROUS SULFATE], THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), MEATBALLS (BEEF, WATER, TEXTURED SOY PROTEIN CONCENTRATE [SOY PROTEIN CONCENTRATE, CARAMEL COLOR], EGGS, CONTAINS LESS THAN 2% OF THE FOLLOWING: ROMANO CHEESE [PASTEURIZED SHEEP'S AND/OR COW'S MILK, RENNET, SALT, CHEESE CULTURES, ENZYMES], DEHYDRATED ONION, WHITE PEPPER, GARLIC POWDER, PARSLEY, SPICES, FLAVORINGS, CORN SYRUP SOLIDS, BREAD CRUMBS [WHEAT FLOUR, SOYBEAN OIL], SOY PROTEIN CONCENTRATE, TEXTURED SOY FLOUR, SALT, SODIUM PHOSPHATE), CELERY, ONIONS, KALE, CARROTS, CHICKEN BASE (COOKED CHICKEN, SALT, CHICKEN FAT, SUGAR, MALTODEXTRIN (FROM CORN), HYDROLYZED WHEAT GLUTEN, NATURAL FLAVORING, POTATO STARCH, YEAST EXTRACT), CONTAINS LESS THAN 2% OF CULTURED DEXTROSE, MODIFIED CORN STARCH, CHEESE BASE (PARMESAN AND ROMANO CHEESE [COW'S MILK, CULTURES, ENZYMES, SALT]), WATER, WHEY, SALT, MODIFIED CORN STARCH, NATURAL FLAVOR, YEAST EXTRACT, CORN OIL, XANTHAN GUM, LACTIC ACID), SALT, GRANULATED GARLIC, SPICE. COMMON ALLERGENS PRESENT: Egg, Milk, Wheat, Soy.
	Chicken Barley Soup	Shredded Chicken, onion, celery carrots, Chicken Base, Barley & Mrs. Dash
	Sunshine Chicken Noodle Soup	Shredded Chicken, Onion, Celery, Carrots, Chicken Broth, Egg Noodles, Garlic, Half & Half, Flour & Mrs. Dash, Italian Seasoning, Salt, Pepper Parsley
Salads	Chef Salads Small & Large	Iceberg Lettuce. Cheese, Ham, Turkey, Tomato, Onion, Egg
	Three Bean Salad	Cut Green Beans, Cut Wax Beans, Water, Dark Red Kidney Beans, Sugar, Vinegar, Diced Onions, Diced Red Bell Peppers, Soybean Oil, Salt, Natural Flavoring, Calcium Chloride, Disodium EDTA (To Preserve Color), Turmeric. COMMON ALLERGENS PRESENT: Soy
	Cole Slaw	Green cabbage, carrots. COMMON ALLERGENS PRESENT: None.
	Peas Salad	Peas, Marzetti Slaw Dressing, Cheddar Cheese, Onion, Bacon Bits
	Cole Slaw	Cabbage, Carrots, Marzetti Slaw Dressing
	Grilled Steak Salad	Beef, Water, Seasoning [Salt, Maltodextrin, Sodium Phosphates, Garlic, Spices, Disodium Inosinate and Disodium Guanylate, Papain], Vegetable Protein Product [Soy Protein Concentrate, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate (B1), Pyridoxine Hydrochloride (B6), Riboflavin (B2), Cyanocobalamin (B12)], Contains 2% Or Less Of: Soybean Oil, Dextrose, Sodium Phosphate, Black Pepper, Yeast Extract, Natural Flavor. COMMON ALLERGENS PRESENT: Soy. Salad Mix Cheddar Cheese, Onion, Tomatoes,
	Broccoli Salad	Broccoli, Marzetti Slaw Dressing, Cheddar Cheese, Onion, Bacon Bits
	Pistachio Dessert	Crushed Pineapple, Mini Marshmallows, Cool whip topping ,Sugar, Dextrose, Modified Food Starch, Almonds, Less than 2% of Disodium Phosphate, Tetrasodium Pyrophosphate, Pistachios, Calcium Sulfate, Xanthan Gum, Natural and Artificial Flavor, Nonfat Dry Milk, Mono and Diglycerides, Yellow 5, Blue 1. COMMON ALLERGENS PRESENT: Milk, Tree Nuts.
	Walking Taco/ Taco Salad	BEEF, WATER, TEXTURED VEGETABLE PROTEIN (soy protein concentrate, caramel color), CONTAINS LESS THAN 2% OF MODIFIED FOOD STARCH, CHILI PEPPER, SALT, SEASONING (potassium chloride, flavor [contains maltodextrin]), SOY LECITHIN, SUGAR, SPICES, SEASONING (hydrolyzed soy and corn protein, salt), DEHYDRATED GARLIC, CARAMEL COLOR, DISODIUM INOSINATE AND DISODIUM GUANYLATE, ONION POWDER, PAPRIKA EXTRACT, SODIUM PHOSPHATES. COMMON ALLERGENS PRESENT: Soy. Salad Mix , Cheddar Cheese, Onion, & Tomatoes.
	Grape Salad	Grapes, Sour Cream, Cream Cheese, Sugar, Vanilla , Marshmallow Cream
	Pasta Salad	COOKED PENNE PASTA (SEMOLINA [WHEAT], ENRICHED WITH NIACIN, FERROUS SULFATE, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SOYBEAN OIL, CONTAINS LESS THAN 2% OF SALT. COMMON ALLERGENS PRESENT: Wheat.

		Macaroni Salad	COOKED ENRICHED MACARONI PRODUCT (SEMOLINA [WHEAT], ENRICHED WITH NIACIN, FERROUS SULFATE, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SOYBEAN OIL, WATER, SUGAR, CELERY, CONTAINS LESS THAN 2% OF EGGS, ONIONS, SALT, MUSTARD (DISTILLED VINEGAR, MUSTARD SEED, SALT, TURMERIC, SPICES), RED BELL PEPPERS, WHITE DISTILLED VINEGAR, EGG YOLKS (EGG YOLKS, SALT), POTASSIUM SORBATE (TO RETARD SPOILAGE), LEMON JUICE CONCENTRATE, PAPRIKA (COLOR). COMMON ALLERGENS PRESENT: Wheat, Egg.
		Chicken Pasta Salad	Shredded Chicken, Pasta Noodles , Chicken Broth, Frozen Peas, Onions , Pepper, Garlic Powder, Mrs. Dash
		Potato Salad	Diced Potatoes, Celery, Onion, Miracle Whip, Honey Mustard Dressing, Celery Seed, Pepper, Paprika
		Chicken Cobb Salad	Lettuce, Shredded Chicken, Bacon, Cheese, Tomatoes, Roasted Corn & Black Beans
		Waldorf Salad	Diced Apples, Dried Cranberries, Walnuts, Sauce(Cream Cheese, Sour Cream, Sugar, Vanilla, & Marshmallow Cream)
		Perfection Salad	Shredded Cabbage & Carrots, Crushed Pineapple, Lime Jello Sugar, Dextrose, Gelatin, Fumaric Acid, Fumaric Acid, Sodium Phosphate, Sodium Citrate, Malic Acid, Citric Acid, Natural and Artificial Flavor, Ascorbic Acid (Vitamin C), Yellow 5, Yellow 5 Lake,
		Tuna Salad	Tuna, Miracle Whip, Celery , Onion, Boiled Egg, Mrs. Dash
		Carrot Salad	CARROTS, SUGAR, HIGH FRUCTOSE CORN SYRUP, SOYBEAN OIL, CRUSHED PINEAPPLE (PINEAPPLE, UNSWEETENED PINEAPPLE JUICE), WATER, RAISINS, CONTAINS LESS THAN 2% OF WHITE DISTILLED VINEGAR, EGG YOLKS (EGG YOLKS, SALT), SALT, XANTHAN GUM, DEXTROSE, NATURAL APPLE FLAVOR (NATURAL FLAVORS, WATER, PROPYLENE GLYCOL, ALCOHOL), POTASSIUM SORBATE (TO RETARD SPOILAGE), NATURAL FLAVOR, SPICES, ONION POWDER, GUAR GUM, SODIUM DIACETATE, TURMERIC (COLOR) AND ANNATTO (COLOR), CALCIUM DISODIUM EDTA. COMMON ALLERGENS PRESENT: Egg.
		Shrimp Salad	Shrimp, Celery, Onion, Mayonnaise, Honey Mustard Dressing, Old Bay Seasoning
		Antipasto Salad	Lettuce , Cheese, Pepperoni, Salami, Ham, Black Olives, Mild Pepper Rings, Tomato, Onion
		Cashew Chicken Salad	Boneless, skinless chicken breasts with rib meat, water, seasoning [maltodextrin, yeast extract, salt, sugar, dried onion, dried garlic, sunflower oil, vegetable stock (carrot, onion, celery), 2% or less natural flavor, natural smoke flavor, rice flour, soybean oil, grill flavor (from sunflower oil), canola oil], vinegar, sodium phosphates, salt. COMMON ALLERGENS PRESENT: None. Cashews. COMMON ALLERGENS PRESENT: Tree Nuts. MAY CONTAIN: Peanuts. Romaine lettuce, iceberg lettuce. COMMON ALLERGENS PRESENT: None. Tomato, Onion, Egg, Cucumber
		Chicken Cranberry Walnut Salad	Boneless, skinless chicken breasts with rib meat, water, seasoning [maltodextrin, yeast extract, salt, sugar, dried onion, dried garlic, sunflower oil, vegetable stock (carrot, onion, celery), 2% or less natural flavor, natural smoke flavor, rice flour, soybean oil, grill flavor (from sunflower oil), canola oil], vinegar, sodium phosphates, salt. COMMON ALLERGENS PRESENT: None. Walnuts. COMMON ALLERGENS PRESENT: Tree Nuts. MAY CONTAIN: Peanuts, Wheat, Soy, Milk, Egg, Sesame. Cranberries, Sugar. Refined Sunflower Oil is used as a processing aid, Romaine lettuce, iceberg lettuce. COMMON ALLERGENS PRESENT: None. Red Onion, FETA CHEESE (PASTEURIZED PART-SKIM MILK, SALT, CHEESE CULTURES, ENZYMES), POWDERED CELLULOSE (TO PREVENT CAKING), NATAMYCIN (NATURAL MOLD INHIBITOR). COMMON ALLERGENS PRESENT: Milk
		Spinach Salad	Spinach, Onion , Boiled Egg, Bacon Cured with: Water, Salt, Sugar, Smoke Flavoring, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite. COMMON ALLERGENS PRESENT: None. CHEDDAR CHEESE (CULTURED PASTEURIZED MILK, SALT, ENZYMES, COLOR ADDED), ANTICAKE (POTATO STARCH, POWDERED CELLULOSE). COMMON ALLERGENS PRESENT: MILK
		Cucumber Salad	Cucumber, Tomatoes , Onions, SOYBEAN OIL, WATER, HIGH FRUCTOSE CORN SYRUP, DISTILLED VINEGAR, SALT, CONTAINS LESS THAN 2% OF LEMON JUICE CONCENTRATE, GARLIC*, ONION* XANTHAN GUM, NATURAL FLAVOR, SPICES, RED BELL PEPPER*, BETA-APO-8-
Sides	Fruit-Canned	Mandarin Oranges	Whole mandarin orange segments, water, sugar.
		Apricots	Apricots, water, sugar. COMMON ALLERGENS PRESENT: None.
		Applesauce	Apples, water. Ascorbic acid added to maintain color. COMMON ALLERGENS PRESENT: None.
		Tropical Fruit	PINEAPPLE, PINEAPPLE JUICE, RED PAPAYA, WATER, YELLOW PAPAYA, GUAVA, SUGAR, PASSION FRUIT JUICE, CITRIC ACID. COMMON ALLERGENS PRESENT: None.
		Peaches	Peaches, water, sugar. COMMON ALLERGENS PRESENT: None
		Baked Apples	Apples, water, sugar, cellulose gum, spices (cinnamon and nutmeg) and natural flavor. COMMON ALLERGENS PRESENT: None.
		Pears	Pears, Water, Sugar. COMMON ALLERGENS PRESENT: None.
		Pineapple	Pineapple, water, unsweetened pineapple juice. COMMON ALLERGENS PRESENT: None.
		Mixed Fruit	Diced Peaches, Water, Diced Pears, Grapes, Sugar. COMMON ALLERGENS PRESENT: None.
		Warm Cherries	Cherries, Water, Pear Juice From Concentrate. Sugar.
	Fruit-Fresh	Watermelon	Watermelon
		Banana	Banana
		Fresh Apple	Apple
		Fresh Orange	Orange
		Fresh Pears	Pear
		Grapes	Grape
	Vegetables	Broccoli	Broccoli. COMMON ALLERGENS PRESENT: None. Prior to consuming the product,
		Lima Beans	Lima beans. COMMON ALLERGENS PRESENT

	French Fries	Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil, Hydrogenated Soybean and/or Cottonseed Oil), Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Wheat Flour, Salt, Cornstarch, Onion Powder, Modified Corn Starch, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Spice, Maltodextrin, Natural and Artificial Flavor (Contains Milk), Cultured Sour Cream (Milk, Cream, Non-Fat Dry Milk, Modified Corn Starch, Guar Gum, Locust Bean Gum, arrageenan), Sweet Buttermilk, Lactic Acid. COMMON ALLERGENS PRESENT: Milk, Wheat.
	Cascade Vegetables	Broccoli, Carrots, Green Beans, Yellow Carrots, Wax Beans and Red Peppers. COMMON ALLERGENS PRESENT: None.
	Carrots	Carrots, water, salt, calcium chloride. COMMON ALLERGENS PRESENT: NONE.
	California Blend	Broccoli, Cauliflower, Carrots. COMMON ALLERGENS PRESENT: NONE.
	Mashed Potatoes	POTATOES, CANOLA OIL, SALT, CONTAINS 2% OR LESS OF: ARTIFICIAL COLORS, MONO AND DIGLYCERIDES, NATURAL AND ARTIFICIAL FLAVORS (MILK), FRESHNESS PRESERVED WITH: SODIUM BISULFITE, SODIUM ACID PYROPHOSPHATE, CITRIC ACID, BHT.
	Cauliflower	Cauliflower. COMMON ALLERGENS PRESENT: None.
	Green Beans	Green beans, water, salt. COMMON ALLERGENS PRESENT: None.
	Baked Beans	White Beans, Water, Sugar, Brown Sugar, Modified Food Starch, Salt, Bacon (Water, Salt, Sugar, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrate), Caramel Color, Liquid Smoke, Calcium Chloride, Natural Flavor. COMMON ALLERGENS PRESENT: None.
	Corn	Corn, water, sugar, salt. COMMON ALLERGENS PRESENT: None
	Peas	Peas, water, sugar, salt. COMMON ALLERGENS PRESENT: None.
	Peas & Carrots	Green peas, water, carrots, sugar, salt. COMMON ALLERGENS PRESENT: None
	Stewed Tomatoes	Tomatoes, tomato juice, sugar, salt, dried onion, dried celery, dried bell pepper, citric acid, calcium chloride, natural flavors. COMMON ALLERGENS PRESENT: None
	Diced Red Potatoes	POTATOES, DEXTROSE, DISODIUM PYROPHOSPHATE (ADDED TO MAINTAIN COLOR), POTASSIUM SORBATE (ADDED TO MAINTAIN FRESHNESS). COMMON ALLERGENS PRESENT: None.
	Spinach	Spinach. COMMON ALLERGENS PRESENT: None
	Baked Potato	Idaho Potatoes. COMMON ALLERGENS PRESENT:
	Creamed Peas	Peas, Water, Sugar Salt, Whirl, Pepper and Biscuit Gravy Mix
	Winters Blend	Broccoli cuts and cauliflower clusters. COMMON ALLERGENS: None.
	Beets	BEETS, WATER, HIGH FRUCTOSE CORN SYRUP, DISTILLED VINEGAR, SALT, NATURAL FLAVORINGS. COMMON ALLERGENS PRESENT: None.
	Brussel Sprouts	Brussels sprouts. COMMON ALLERGENS PRESENT: None.
	Baby Bakers	Potatoes, Olive Oil, contains less than 2 % of Garlic Powder, Maltodextrin, Natural Flavor, Onion Powder, Salt, Spice, Sugar, Vinegar Powder(Maltedextrin, Vinegar)
	Cheesy Potatoes	Shredded Potatoes, Onion, Cheddar Cheese , Sour Cream, Cream of Chicken Soup
	Beets	BEETS, WATER, HIGH FRUCTOSE CORN SYRUP, DISTILLED VINEGAR, SALT, NATURAL FLAVORINGS. COMMON ALLERGENS PRESENT: None.
	Refried Beans	Prepared Pinto Beans, Water, Lard, Salt. COMMON ALLERGENS PRESENT
	Sidewinder Fries	Potatoes, vegetable oil(soybean, canola, cottonseed, and/or sunflower), food starch-modified, contains less than 2% of dextrose, leavening (sodium acid, pyrophosphate, sodium bicarbonate), rice flour, salt, xanthan gum, disodium dihydrogen pyrophosphate(to maintain natural color).
	Potato Wedges	Potatoes, Vegetable Oil (Contains One or More of the Following: Canola, Palm, Soybean, Sunflower), Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose. COMMON ALLERGENS PRESENT: None.
	Corn & Black Bean Fiesta	Sweet corn, Black beans, Tomato, Onion, Green Bell Pepper, Contains less that 2% of brown sugar, Citric Acid , Dehydrated Vegetables(onions, bell pepper, garlic) Lime Juice Powder, Modified food starch, Maltodextrin, Citric acid, Natural Flavor including grill and smoke, Olive oil, salt, spices, sugar, yeast extract
	Scalloped Potatoes	POTATO (DRY), SEASONING [MODIFIED FOOD STARCH, WHEY, LACTOSE, DRIED ONION, CORN SYRUP SOLIDS, SUNFLOWER OIL, SALT, POTASSIUM CHLORIDE, DRIED GARLIC, MALTODEXTRIN, CREAM CHEESE (PASTEURIZED CREAM, CHEESE CULTURE, SALT, CAROB BEAN GUM, GUAR GUM), NATURAL FLAVORS, DIPOTASSIUM PHOSPHATE, DRIED GREEN ONION, MONO AND DIGLYCERIDES, CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), YEAST EXTRACT, NONFAT MILK, SPICES, ANNATTO EXTRACT (COLOR), AND SOYBEAN OIL]. FRESHNESS PRESERVED WITH SODIUM BISULFITE. COMMON ALLERGENS PRESENT: Milk.
	Green Bean Casserole	Green Beans, Mushroom Soup Mrs. Dash Dehydrated Onion rings ONIONS, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUNFLOWER, SAFFLOWER AND/OR CANOLA OIL, SALT. COMMON ALLERGENS PRESENT: Wheat
	Sweet Potato Casserole	SWEET POTATOES, MARGARINE (SOYBEAN OIL, PALM OIL, WATER, SALT, CONTAINS 2% OR LESS OF: MONO- & DIGLYCERIDES, SOYBEAN LECITHIN [SOY], NATURAL FLAVOR, ANNATTO [COLOR], VITAMIN A PALMITATE ADDED), BROWN SUGAR, EGGS, CREAM, WHEAT FLOUR, BREAD CRUMBS (ENRICHED WHEAT FLOUR [NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], YEAST, SOYBEAN OIL, SALT, CORN SYRUP), FOOD STARCH-MODIFIED, WATER, SUGAR, PECANS, SALT, CINNAMON, WALNUTS, CARAMEL COLOR. COMMON ALLERGENS PRESENT: Milk, Eggs, Wheat, Tree Nuts, Soy
	Sweet Potato Fries	Sweet Potatoes, Vegetable Oil (Contains One or More of the Following: High Oleic Canola, Canola, Sunflower), Modified Food Starch (Corn, Tapioca, Potato), Sugar, Rice Flour, Corn Starch, Dextrin, Spice, Salt, Oleoresin Paprika, Xanthan Gum, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate). COMMON ALLERGENS PRESENT: NONE.
	Zucchini	

	Loaded Mashed Potatoes	Sour Cream, Bacon, Cheddar Cheese, Pepper, Butter, POTATOES, MALTODEXTRIN, SALT, PALM OIL, CONTAINS 2% OR LESS OF: CORN SYRUP SOLIDS, MONO AND DIGLYCERIDES, NATURAL FLAVOR (MILK), COLOR (TITANIUM DIOXIDE), SODIUM CASEINATE, SPICE, WHEY, DIPOTASSIUM PHOSPHATE, MODIFIED FOOD STARCH, NATURAL AND ARTIFICIAL FLAVOR, FRESHNESS PRESERVED WITH (SODIUM BISULFITE, BHT). COMMON ALLERGENS PRESENT: MILK.
	Hushpuppies	Enriched Degermed Yellow Corn Meal (Yellow Corn Meal, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Diced Onions, Water, Vegetable Oil (Soybean And/or Canola), Sugar, Onions, Contains 2% or less of Baking Soda, Corn Syrup Solids, Dried Parsley, Monocalcium Phosphate, Salt, Sodium Acid Pyrophosphate, Soy Flour, Spice, Whey. COMMON ALLERGENS PRESENT: milk, wheat, soy
	Chalet Garlic Vegetables	Broccoli, Cauliflower, orange & yellow Carrots Butter, Roasted Garlic, Cracked Pepper
	Diced Sweet Potatoes	Sweet Potatoes, Canola Oil, Modified Food Starch (Corn, Tapioca, Potato), Corn Starch, Dextrin, Salt, Spices, Sugar, Garlic Powder, Onion Powder, Natural Flavor, Spice and Coloring, Leavening, Xanthan Gum, Disodium Dihydrogen Pyrophosphate (to promote color retention). COMMON ALLERGENS PRESENT: None.
	Nantucket Vegetables	Broccoli, Carrots, Yellow Carrots, Sugar Snap(TM) Peas, Red Peppers and Cranberries (cranberries, sugar and Sunflower Oil). COMMON ALLERGENS PRESENT: None.
	European Vegetable blend	Broccoli, Cauliflower, Brussels Sprouts, Onions, Red Peppers. COMMON ALLERGENS PRESENT: None
	Midori Vegetable	Green soy beans, pea pods, baby cob corn, red pepper, water chestnuts. COMMON ALLERGENS PRESENT: Soy
	Sicilian Vegetables	Green Beans, Carrots, Cauliflower, Red Peppers, Yellow Peppers, Onions
	Fried Potatoes	POTATOES, DEXTROSE, DISODIUM PYROPHOSPHATE (ADDED TO MAINTAIN COLOR), POTASSIUM SORBATE (ADDED TOMAINTAIN FRESHNESS) COMMON ALLEERGENS, Mrs. Dash Whirl
	Calico Beans	White Beans, Water, Sugar, Brown Sugar, Modified Food Starch, Salt, Bacon (Water, Salt, Sugar, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrate), Mustard Flour, Beef, Water, Textured Soy Flour, Salt, Spices, Granulated Onion, Granulated Garlic, Caramel Color. COMMON ALLERGENS PRESENT: Soy Caramel Color, Liquid, Tomato Concentrate, High Fructose Corn Syrup, Distilled Vinegar, Corn Syrup, Less Than 2% Of: Spice, Onion Powder, Natural Flavors. COMMON ALLERGENS PRESENT: None Smoke, Calcium Chloride, Natural Flavor. COMMON ALLERGENS PRESENT: None. Prepared Dark Red Kidney Beans, Water, Sugar, Dextrose, Salt, Calcium Chloridesugar, molasses (Firming Agent), Disodium EDTA (Promotes Color Retention). COMMON ALLERGENS PRESENT: None. Prepared Great Northern Beans, Water, Salt, Calcium Chloride (Firming Agent). COMMON ALLERGENS PRESENT: None
	Onion Petals	Onions, Enriched Bleached Wheat Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Oil (Soybean And/or Canola), Yellow Corn Flour, Bleached Wheat Flour. Contains 2% or less of Blue 1, Calcium Caseinate, Dextrose, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Mono- & Diglycerides, Natural Flavors, Oleoresin Paprika (color), Potato Starch, Red 40, Salt, Sodium Alginate, Spices, Sugar, Whey, Yellow 5. COMMON ALLERGENS PRESENT: MILK, WHEAT
	Riviera Veg	Green beans, wax beans, carrots. COMMON ALLERGENS PRESENT: None.
	Capri Vegetable	Zucchini, Yellow Squash, Carrots, Green Beans. COMMON ALLERGENS PRESENT: None.
	Kyoto Vegetables	Green soy beans, broccoli, carrots, corn, red pepper. COMMON ALLERGENS PRESENT: Soy
	Normandy Vegetables	Broccoli, Cauliflower, Carrots, Yellow Squash, Zucchini. COMMON ALLERGENS PRESENT: None
	Far East Vegetable	Broccoli, Pea Pods, Carrots, Baby Cob Corn, Pearl Onions, Bamboo Shoots, Red Pepper, Water Ches
	Scandanavian Vegetable	PEAS, ZUCCHINI, GREEN BEANS, CARROTS, ONIONS. COMMON ALLERGENS PRESENT: None
	Prince Charles Vegetable	Green beans, wax beans, carrots. COMMON ALLERGENS PRESENT: None
	Key West Vegetable	Green Beans, Carrots, Yellow Carrots and Red Peppers. COMMON ALLERGENS PRESENT: None.
	Caribbean Vegetable	Broccoli, Yellow Carrots, Green Beans and Red Peppers. COMMON ALLERGENS PRESENT: None
	Midori Vegetable	Green soy beans, pea pods, baby cob corn, red pepper, water chestnuts. COMMON ALLERGENS PR
Dairy	Sour Cream	Cultured Skim Milk, Cream, Whey, Modified Cornstarch, Sodium Phosphate, Guar Gum, Carrageenan, Sodium Citrate, Locust Bean Gum, Potassium Sorbate (to preserve freshness). COMMON ALLERGENS PRESENT: Milk.
	Cottage Cheese	Pasteurized Cultured Skim Milk, Milk, Cream, Salt, Whey, Guar Gum, Mono and Diglycerides, Carrageenan, Polysorbate 80, Xanthan Gum, Locust Bean Gum, Potassium Sorbate (to preserve freshness), Citric Acid and Enzymes. COMMON ALLERGENS PRESENT: Milk.
	Yogurt	STRAWBERRY: Cultured Grade A Non Fat Milk, Strawberries, Water, Modified Food Starch, Cane Sugar, Contains Less than 1% of Kosher Gelatin, Vegetable Juice (for Color), Natural and Artificial Flavors, Sucralose, Acesulfame Potassium, Malic Acid, Sodium Citrate, Vitamin A Palmitate, Vitamin D3, Active Yogurt Cultures L. Bulgaricus & S. Thermophilus. PEACH: Cultured Grade A Non Fat Milk, Water, Modified Food Starch, Peaches, Cane Sugar, Contains Less than 1% of Kosher Gelatin, Natural and Artificial Flavors, Sucralose, Annatto Extract (for Color), Malic Acid, Acesulfame Potassium, Vitamin A Palmitate, Vitamin D, Sodium Citrate. Active Yogurt Cultures L. Bulgaricus & S. Thermophilus. COMMON ALLERGENS PRESENT: Milk.

	American Cheese	American cheese (milk, cheese cultures, salt, enzymes, annatto vegetable color, if colored), water, cream, sodium citrate, color added, salt, sorbic acid added as a preservative, and soy lecithin (non sticking agent). COMMON ALLERGENS PRESENT: Milk, Soy.
	Swiss Cheese	SWISS CHEESE (CULTURED PASTEURIZED MILK, SALT, ENZYMES). COMMON ALLERGENS PRESENT: Milk.
	Cheddar Cheese Cubes	CHEDDAR CHEESE (CULTURED PASTEURIZED MILK, SALT, ENZYMES, COLOR ADDED), ANTICAKE (POWDERED CELLULOSE). COMMON ALLERGENS PRESENT: Milk.
	Mozzarella String Cheese	Pasteurized Part-Skim Milk, Cheese Culture, Salt, Enzymes. COMMON ALLERGENS PRESENT: Milk.
Breads/Grains	White Rice	Parboiled long grain rice enriched with iron (ferric phosphate), niacin, thiamine, mononitrate, & folic acid. COMMON ALLERGENS PRESENT: None.
	Crackers	Enriched flour (wheat flour, niacin, reduced iron, vitamin B1 [thiamin mononitrate], vitamin B2 [riboflavin], folic acid), soybean oil (with TBHQ for freshness), salt, corn syrup. Contains 2% or less of baking soda, yeast, soy lecithin. COMMON ALLERGENS PRESENT: Wheat, Soy.
	Wheat Bread	Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Soybean Oil, Contains 2% or less of the following: Salt, Yeast, Monoglycerides, Wheat Gluten, Calcium Propionate (Preservative), Ascorbic Acid.
	Biscuits	ENRICHED FLOUR BLEACHED (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, PALMOIL, BUTTERMILK, SUGAR, PALM KERNEL OIL, CALCIUM ACID PYROPHOSPHATE, NONFAT MILK, WHEY PROTEIN CONCENTRATE, BAKING SODA, SALT, WHEY, SODIUM ALUMINUM PHOSPHATE, PECTIN, NATURAL AND ARTIFICIAL FLAVOR. COMMON ALLERGENS PRESENT: Milk, Wheat.
	Bread Stick	ENRICHED UNBLEACHED FLOUR [WHEAT FLOUR, MALTED BARLEY FLOUR, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), NIACIN (VITAMIN B3), FOLIC ACID], WATER, HIGH FRUCTOSE CORN SYRUP, SOYBEAN OIL, WHEAT GLUTEN, SALT, YEAST, CALCIUM PROPIONATE (A PRESERVATIVE), VINEGAR, CORN FLOUR, MONOGLYCERIDES, CORN STARCH, LACTIC ACID, CITRIC ACID, CALCIUM SULFATE, SORBIC ACID, MONOCALCIUM PHOSPHATE, ACETIC ACID, ASCORBIC ACID. COMMON ALLERGENS PRESENT: Wheat.
	Dinner Roll	Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Whole Wheat Flour, Water, Sugar, Yeast, Contains 2% or less of the following: Wheat Gluten, Soybean Oil, Salt, Monoglycerides, Ascorbic Acid, Sodium Stearoyl Lactylate, Calcium Propionate (Preservative). COMMON ALLERGENS PRESENT:
	Corn Bread (muffin)	ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), EGGS, WATER, SUGAR, SOYBEAN OIL, YELLOW CORN MEAL, HIGH FRUCTOSE CORN SYRUP, CONTAINS 2% OR LESS: SKIM MILK, MODIFIED CORN STARCH, BAKING POWDER (SODIUM ACID PYROPHOSPHATE, BAKING SODA, CORN STARCH, MONOCALCIUM PHOSPHATE), SALT, MONO- AND DIGLYCERIDES, LACTOSE, MILK PROTEIN CONCENTRATE, XANTHAN GUM. COMMON ALLERGENS PRESENT: Egg, Milk, Wheat.
	Garlic Bread	ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SOYBEAN OIL, PALM OIL, SALT, DEXTROSE, GARLIC POWDER, YEAST (ASCORBIC ACID, CELLULOSE GUM), DOUGH IMPROVER (ENRICHED WHEAT FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID], ASCORBIC ACID, MALTED BARLEY FLOUR, ENZYMES), ONION POWDER, WHEAT GLUTEN, BUTTER (CREAM, SALT), INACTIVE YEAST, SOY LECITHIN, NATURAL FLAVOR, ANNATTO, PARSLEY FLAKES. COMMON ALLERGENS PRESENT: Wheat, Soy, Milk
	Rice Pilaf	Enriched Long Grain Parboiled Rice (Rice, Iron Phosphate, Niacin, Thiamine Mononitrate, Folic Acid), Enriched Toasted Orzo (Semolina Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Pilaf Seasoning [Hydrolyzed Corn Protein, Dextrose, Salt, Malt Barley Extract, Maltodextrin, Sugar, Soybean Oil, Potassium Chloride, Inactive Yeast, Yeast Extract, Color (Caramel Color, Turmeric Extract), Spice, Natural Flavor, Worcestershire Sauce Blend (Worcestershire Sauce {Distilled Vinegar, Molasses, Corn Syrup, Salt, Caramel Color, Garlic Powder, Sugar, Spice, Tamarind, Natural Flavor, Sulfiting Agents}, Maltodextrin), Onion Powder, Disodium Inosinate & Disodium Guanylate, Thiamine Hydrochloride, Contains Less Than 2% Silicon Dioxide (Anticaking)]. COMMON ALLERGENS
	Spaghetti	Durum wheat semolina, niacin, iron (ferrous sulfate), thiamin mononitrate, riboflavin, folic acid. COMMON ALLERGENS PRESENT: Wheat.
	Egg Noodles	Durum wheat semolina, durum wheat flour, eggs, niacin, iron (ferrous sulfate), thiamin mononitrate, riboflavin, folic acid. COMMON ALLERGENS PRESENT: Wheat, Egg
	White Bread	ENRICHED UNBLEACHED FLOUR [WHEAT FLOUR, MALTED BARLEY FLOUR, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), NIACIN (VITAMIN B3), FOLIC ACID], WATER, SUGAR, YEAST, SOYBEAN OIL, SALT, WHEAT PROTEIN ISOLATE, MONOGLYCERIDES, CALCIUM PROPIONATE (A PRESERVATIVE), LACTIC ACID, NATURAL FLAVOR, CALCIUM SULFATE, CITRIC ACID, ASCORBIC ACID, SOY LECITHIN. COMMON ALLERGENS PRESENT: Wheat, Soy
	Egg rolls	Cabbage, Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Pork, Water, Enriched Durum Flour (Durum Flour, Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, Folic Acid), Onion, Textured Vegetable Protein (Soy Flour, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate, Pyridoxine Hydrochloride, Riboflavin, Cyanocobalamin), Carrot, Celery, Contains Less Than 2% Of: Flavor Enhancer (Yeast Extract, Natural Flavor), Salt, Spice, Sugar, Vital Wheat Gluten, Dried Whole Eggs, Cottonseed Oil. Refried In Vegetable Oil (Soybean And/or Cottonseed). COMMON ALLERGENS PRESENT: Egg, Wheat, Soy.
	Fortune cookie	Whole Wheat Flour (51%), Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid), Sugar, Water, Soy Lecithin, Soybean Oil, Natural Orange Flavor, Sodium Bicarbonate. COMMON ALLERGENS PRESENT: Wheat, Soy
	Rigatoni	Durum wheat semolina, niacin, iron (ferrous sulfate), thiamin mononitrate, riboflavin, folic acid. COMMON ALLERGENS PRESENT: Wheat.
	Fruit Muffin	Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Banana Puree, Sugar, Water, Soybean Oil, Eggs, Walnuts, Contains 2% or less of the Following: Nonfat Dry Milk, Modified Corn Starch, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate), Salt, High Fructose Corn Syrup, Natural Flavor, Sodium Propionate and Potassium Sorbate (Preservatives), Xanthan Gum. COMMON ALLERGENS PRESENT: Wheat, Egg, Milk, Tree Nuts.

	Croissant	Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Margarine (Palm Oil, Water, Soybean Oil, Sugar, Soy Lecithin, Mono & Diglycerides, Potassium Sorbate and Citric Acid (Added as Preservatives)), Natural and Artificial Flavors, Beta Carotene, Vitamin A Palmitate, High Fructose Corn Syrup, Contains 2% or less of the following: Yeast, Salt, Whey, Calcium Propionate, Artificial Flavor, Calcium Sulfate, Ascorbic Acid, Enzymes, Calcium Phosphate. COMMON ALLERGENS PRESENT: Wheat, Soy, Milk.
	Tortilla Shells	Enriched Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Water, Palm Oil, Sugar, Salt, Sodium Bicarbonate, Sodium Aluminum Phosphate, Potassium Sorbate (a preservative), Fumaric Acid, Mono & Diglycerides, Calcium Propionate (a preservative), Enzyme, Dough Conditioner (Sodium Metabisulfite). COMMON ALLERGENS PRESENT: Wheat.
	Wrap	Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Wheat Gluten, Liquid Brown Sugar, Oat Fiber, Contains Less than 2% of the Following: Soy Flour, Soybean Oil, Prune Juice Concentrate, Sodium Acid Pyrophosphate, Sodium Bicarbonate, Fumaric Acid, Potassium Sorbate, and Sodium Propionate (Preservatives), Wheat Protein Isolate, Salt, Cellulose Gum, Yeast, Maltodextrin, Carrageenan, Guar Gum, Xanthan Gum, Annatto Color.
	Mexican Rice	Enriched Long Grain Rice, Iron Phosphate, Thiamine Mononitrate, Folic Acid, Redbeans, Sugar, Seasoning Blend, Maltodextrin, Hydrolyzed Soy Protein, Natural Flavors, Onion, Salt, Sugar, Potassium Chloride, Yeast Extract, Red Bell Pepper, Green Bell Pepper, Garlic, Hydrolyzed Corn Soy Wheat Gluten Protein, Parsley, Paprika, Torula Yeast, Canola Oil, Spices, Xanten Gum, Chili Pepper, Autolyzed yeast, Dextrin Dried
	Pancakes	WHOLE WHEAT FLOUR, WATER, WHEY, SUGAR, DEXTROSE, SOY FLOUR, EGGS. CONTAINS 2% OR LESS OF: SOYBEAN OIL AND/OR CANOLA OIL, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE, SODIUM ACID PYROPHOSPHATE, MONOCALCIUM PHOSPHATE), SALT, NATURAL & ARTIFICIAL FLAVORS, PALMITATE (VITAMIN A), NIACIN, VITAMIN B12, PYRIDOXINE (VITAMIN B6), RIBOFLAVIN, THIAMINE HYDROCHLORIDE, REDUCED IRON, FOLATE, SOY LECITHIN (AN EMULSIFIER). COMMON ALLERGENS PRESENT: Egg, Milk, Wheat, Soy.
	Tortilla Chips	Ground Whole Grain Corn, Vegetable Oil (Contains One or More of the Following: Corn, Sunflower, Safflower, or Canola Oil), and Salt.
	English Muffin	Unbleached Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid) Water, Yeast, Contains 2% or Less of each of the following: Sugar, Soybean Oil, Organic Cultured Wheat Flour, Salt, Organic Wheat Flour, Citric Acid, Vinegar, Organic Whole Grain Cornmeal, Enzymes, Ascorbic Acid, Organic Vinegar. COMMON ALLERGENS PRESENT: Wheat
	Pita Bread	WHEAT FLOUR ENRICHED (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN AND FOLIC ACID), WATER, SOYBEAN OIL, YEAST, VITAL WHEAT GLUTEN, SUGAR, SALT, DOUGH CONDITIONER (MONO & DIGLYCERIDES, GUAR GUM, L-CYSTEINE (VEGETABLE SOURCE), ENZYMES), CALCIUM PROPIONATE AS A MOLD INHIBITOR, OAT FIBER. COMMON ALLERGENS PRESENT: Wheat, Soy.
	Parmesan Noodles	Egg Noodles with Parmesan Cheese, Parsley, Whirl
	Jello Cake	Sugar, Dextrose, Gelatin, Fumaric Acid, Sodium Phosphate, Sodium Citrate, Natural and Artificial Flavor, Malic Acid, Citric Acid, Ascorbic Acid (Vitamin C), Red 40, Red 40 Lake, Blue 1. COMMON ALLERGENS PRESENT: None
	Lo Mein Noodles	Bleached Wheat Flour, Water, Wheat Gluten, Salt, Potassium Carbonate, Soybean Oil. COMMON ALLERGENS PRESENT: WHEAT
Sauces	Cheddar Cheese Sauce	WHEY, SKIM MILK, VEGETABLE OIL (CONTAINS ONE OR MORE OF THE FOLLOWING: SUNFLOWER OIL, CANOLA OIL, SOYBEAN OIL), MODIFIED FOOD STARCH, SODIUM PHOSPHATE, CHEDDAR CHEESE (CULTURED MILK, SALT, ENZYMES, ANNATTO), SALT, DISTILLED VINEGAR, NATURAL FLAVORS, CONTAINS 0.5% OR LESS OF: DATEM, MONO- AND DIGLYCERIDES, YEAST EXTRACT, CELLULOSE GUM, TORULA YEAST EXTRACT, CORN SYRUP SOLIDS, EXTRACTIVES OF ANNATTO AND PAPRIKA. COMMON ALLERGENS PRESENT: Milk.
	Southern Gravy Mix	BLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), MALTODEXTRIN, CANOLA OIL, MODIFIED CORNSTARCH, WHEY, CORN SYRUP SOLIDS, SALT, 2% OR LESS OF SODIUM CASEINATE (A MILK DERIVATIVE), SOYBEAN OIL, BLACK PEPPER, DIPHOSPHATE, VEGETABLE OIL (PARTIALLY HYDROGENATED COCONUT OR PALM KERNEL, HYDROGENATED SOYBEAN), XANTHAN GUM, BHT, CITRIC ACID, DEXTROSE, MONO- AND DIGLYCERIDES, TRICALCIUM PHOSPHATE, GARLIC POWDER, YEAST EXTRACT, COLOR ADDED, NATURAL AND ARTIFICIAL FLAVOR, SODIUM SILICOALUMINATE, SUGAR, BETA CAROTENE (COLOR), DATEM, ANNATTO (COLOR). COMMON ALLERGENS PRESENT: Milk, Wheat.
	Chicken Gravy Mix	MALTODEXTRIN, CORNSTARCH, HYDROLYZED CORN AND WHEAT PROTEINS, MODIFIED CORNSTARCH, PALM OIL, CHICKEN FAT, SALT, 2% OR LESS OF SOYBEAN OIL, YEAST EXTRACT, COLOR ADDED, SUGAR, XANTHAN GUM, DISODIUM GUANYLATE, DISODIUM INOSINATE, ONION POWDER, NATURAL FLAVORS, PARSLEY, THIAMINE HYDROCHLORIDE, CARAMEL COLOR, TURMERIC. COMMON ALLERGENS PRESENT: Wheat.
	Alfredo Sauce	SKIM MILK, CREAM, WATER, CANOLA OIL, PARMESAN CHEESE (CULTURED MILK, SALT, ENZYMES), MODIFIED CORNSTARCH, SOYBEAN OIL, 2% OR LESS OF PARMESAN CHEESE PASTE (GRANULAR AND PARMESAN CHEESE [PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES], WATER, SALT, LACTIC ACID, CITRIC ACID), BUTTER (CREAM, SALT), SEA SALT, WHEY PROTEIN CONCENTRATE, CREAM (CREAM, NONFAT MILK), DATEM, SPICE, SEASONING (CORNSTARCH, EXTRACTIVES OF TURMERIC AND ANNATTO, NATURAL FLAVOR). COMMON ALLERGENS PRESENT: Milk
	BBQ Sauce	High Fructose Corn Syrup, Distilled Vinegar, Tomato Paste, Modified Food Starch, Contains less than 2% of: Salt, Pineapple Juice Concentrate, Natural Smoke Flavor, Spices, Caramel Color, Sodium Benzoate as a preservative, Molasses, Corn Syrup, Garlic, Sugar, Tamarind, Natural Flavor. COMMON ALLERGENS PRESENT: None.
	Marinara Sauce	Tomato Puree (Water, Tomato Paste), Diced Tomatoes, High Fructose Corn Syrup, Soybean Oil, Less Than 2% Of: Salt, Dried Garlic, Sea Salt, Dried Onion, Citric Acid, Dried Parsley, Spices. COMMON ALLERGENS PRESENT: None.
	Marzetti Slaw Dressing	SOYBEAN OIL, SUGAR, CORN CIDER VINEGAR, WATER, EGG YOLK, SALT, MUSTARD SEED, XANTHAN GUM. COMMON ALLERGENS PRESENT: Egg.
	Chicken Broth	Salt, Chicken Fat, Natural Flavors, Sugar, Yeast Extract, Vegetable Stock (Concentrates of Onion, Celery Root and Carrot)
	Beef Broth	Salt, Yeast Extract, Natural Flavors, Sunflower Oil, Onion Powder

	Swedish Sauce	Water, Sour Cream [Cultured Cream, Stabilizers (May Contain Food Starch-Modified, Guar Gum, Locust Bean Gum, Carrageenan, and/or Pectin), Sodium Citrate, and Potassium Sorbate], Food Starch - Modified, Beef, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, and Folic Acid), Salt, Onion Powder, Sugar, Buttermilk Flavor (Buttermilk, Butter Oil, Lactic Acid, Natural Flavor, Nonfat Milk, Disodium Phosphate, Enzymes, Mixed Tocopherols), Caramel Color, Yeast Extract, Maltodextrin, Soybean Oil, Flavoring (Contains Canola Oil), Beef Stock Powder, Disodium Inosinate, Disodium Guanylate, Lactic Acid, Calcium Lactate, Grill Flavor (Contains Sunflower Oil). COMMON ALLERGENS PRESENT: Milk, Wheat.
	Ketchup	Tomato Concentrate, High Fructose Corn Syrup, Distilled Vinegar, Corn Syrup, Less Than 2% Of: Spice, Onion Powder, Natural Flavors. COMMON ALLERGENS PRESENT: None.
	Honey Mustard Dressing	WATER, SOYBEAN OIL, RELISH (CURED CUCUMBER, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, DISTILLED VINEGAR, MINCED ONION, SALT, SUGAR, RED BELL PEPPER, XANTHAN GUM, ALUM, NATURAL SPICE FLAVORS, POLYSORBATE 80), HIGH FRUCTOSE CORN SYRUP, DISTILLED VINEGAR, FOOD STARCH-MODIFIED, EGG YOLKS, CONTAINS LESS THAN 2% OF SALT, DEXTROSE, TOMATO PASTE, SPICE, MALTODEXTRIN, PAPRIKA, CITRIC ACID, OLEORESIN PAPRIKA (COLOR), CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR. COMMON ALLERGENS PRESENT: Egg.
	Brown Gravy	MALTODEXTRIN, MODIFIED CORNSTARCH, BLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), HYDROLYZED SOY, CORN AND WHEAT PROTEIN, CORNSTARCH, BEEF FAT (BEEF FAT, BHT AND CITRIC ACID [PRESERVATIVES]), WHEY, ONION POWDER, 2% OR LESS OF YEAST EXTRACT, SUGAR, SOYBEAN OIL, SOY SAUCE (SOYBEAN, WHEAT, SALT), CARAMEL COLOR, XANTHAN GUM, GARLIC POWDER, SALT, DEXTROSE, DISODIUM GUANYLATE, DISODIUM INOSINATE, NATURAL FLAVORS, SPICE, CITRIC ACID, EXTRACTIVES OF PAPRIKA, DATEM, SOY LECITHIN, SULFITES. COMMON ALLERGENS PRESENT:
	Biscuit Gravy Mix	ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), PALM OIL, FOOD STARCH-MODIFIED, MALTODEXTRIN, SALT, CORN SYRUP SOLIDS, Contains less than 2%: WHEY PROTEIN CONCENTRATE, SODIUM CASEINATE, MONO & DIGLYCERIDES, COLOR ADDED. COMMON ALLERGENS PRESENT: Milk, Wheat. MAY CONTAIN: Egg, Soy.
	Sweet & Sour Sauce	Water, Pineapple (Pineapple, Pineapple Juice, Citric Acid), Sugar, Tomatoes (Contains Tomato Juice, Calcium Chloride, Citric Acid), Brown Sugar, Food Starch - Modified, Onion, Vinegar, Tomato Paste, Green Peppers, Salt, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, and Folic Acid), Corn Oil, Natural Flavor, Soy Sauce [Water, Wheat, Soybeans, Salt, Sodium Benzoate(Preservative)], Onion Powder, Spice, Garlic Powder. COMMON ALLERGENS PRESENT: Wheat, Soy.
	Cream of Mushroom Soup	Water, Vegetable Oil (corn, Canola, and/or soybean), Mushrooms, Modified Food Starch, Wheat Flour, contains less than 2% of Salt, Cream (milk), Soy Protein Concentrate, Yeast Extract, Dehydrated Whey, Flavoring, Dehydrated Garlic
	Cream Of Chicken Soup	Chicken Stock, Modified Food Starch, Vegetable Oil, Wheat Flour, Cream (milk), Contains less than 2 % of: Salt, Chicken, Carrot Juice Concentrate, Soy Protein Concentrate, Chicken Fat, Yeast Extract, Flavoring, Chicken Broth, Cane Sugar, Onions, Celery Extract, Onion Extract, Dried
	Tomato Soup	Tomato Puree(Water, Tomato Paste), High Fructose Corn Syrup, Wheat Flour Water, Contains Less than 2% of Salt, Asorbic Acid (Vitamin C), White Pepper, Natural Flavor, Natural Onion, Disodium Phosphate, Potassium chloride. Contains Wheat
	Teriyaki Sauce	HIGH FRUCTOSE CORN SYRUP, SOY SAUCE (WATER, WHEAT, SOYBEANS, SALT), SUGAR, WATER, DISTILLED VINEGAR, MODIFIED CORN STARCH, CONTAINS LESS THAN 2% OF SESAME SEED, VEGETABLE OIL (SOYBEAN AND/OR CANOLA), PINEAPPLE JUICE CONCENTRATE, RICE VINEGAR, GINGER, SALT, SPICE, SODIUM BISULFATE, GARLIC,* XANTHAN GUM, CARAMEL COLOR, SODIUM BENZOATE AND POTASSIUM SORBATE (PRESERVATIVES), GREEN ONION,* CITRIC ACID. *DRIED. COMMON ALLERGENS PRESENT: Wheat, Soy.
	Garlic Parmesan Sauce	MARGARINE (PALM OIL, WATER, SOYBEAN OIL, SALT, CONTAINS LESS THAN 2% OF VEGETABLE MONO & DIGLYCERIDES, SOY LECITHIN, SODIUM BENZOATE (A PRESERVATIVE), CITRIC ACID, NATURAL & ARTIFICIAL FLAVOR, BETA CAROTENE (COLOR), VITAMIN A PALMITATE ADDED, WHEY), SOYBEAN OIL, GARLIC*, BUTTER (CREAM, SALT), WATER, PARMESAN CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), CONTAINS LESS THAN 2% OF SALT, NATURAL PARMESAN CHEESE FLAVOR (CHEESE [PASTURIZED MILK, CULTURES, SALT, ENZYMES], WATER, DISODIUM PHOSPHATE), NATURAL FLAVORS (INCLUDES SESAME SEED), LEMON JUICE CONCENTRATE, VEGETABLE MONO & DIGLYCERIDES, SODIUM BENZOATE AND POTASSIUM SORBATE (AS PRESERVATIVES), LACTIC ACID, PARSLEY*, SPICE, SOY LECITHIN, CITRIC ACID, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR. *DEHYDRATED. COMMON ALLERGENS PRESENT: Milk, Soy
	Balsamic Glaze Sauce	Balsamic Vinegar of Modena "Aceto Balsamico Di Modena IGP" 70% (Wine Vinegar, Concentrated Grape Must, Caramel Color), Glucose Syrup, Sugar, Modified Corn Starch, Xanthan Gum. Contains Sulfites. COMMON ALLERGENS PRESENT: None.
	Tzatziki Sauce	Sauce Base [Water, Hydrogenated Palm Kernel Oil, Milk Solids (Nonfat Dry Milk and Buttermilk Powder), Corn Syrup, Stabilizer (Modified Corn Starch, Sodium Phosphate, Carrageenan, Locust Bean Gum and Guar Gum), Sodium Caseinate, Mono and Diglycerides, Gelatin(Beef), Sodium Citrate, Salt, Potassium Sorbate, Sodium Benzoate and Lactic Culture], Cucumber, Seasoning Blend (Salt, Garlic Powder, Sugar, Potassium Sorbate, Cream of Tartar), Contains 2% or less of: Water, Vinegar, Soybean Oil and/or Canola Oil, Lemon Juice Concentrate, Xanthan Gum. COMMON ALLERGENS PRESENT: MILK.
Fats	Whirl butter Alternative	Soybean oil, Hydrogenated soybean oil. Contains 2% or less of Salt, Sunflower lecithin, Artificial butter flavor, Beta carotene (color), Yeast extract. COMMON ALLERGENS PRESENT: N/A.
	Sour Cream	Cultured Cream, Enzyme. COMMON ALLERGENS PRESENT: Milk.
	Margarine	WATER, LIQUID AND HYDROGENATED SOYBEAN OIL, PALM OIL, CONTAINS LESS THAN 2% OF SALT, VEGETABLE MONO & DIGLYCERIDES, POTASSIUM SORBATE (A PRESERVATIVE), CITRIC ACID, NATURAL & ARTIFICIAL FLAVOR, BETA CAROTENE (COLOR), VITAMIN A PALMITATE ADDED. COMMON ALLERGENS PRESENT: None.
	Miracle Whip	WATER, SOYBEAN OIL, HIGH FRUCTOSE CORN SYRUP, VINEGAR, MODIFIED CORNSTARCH, EGGS, SALT, NATURAL FLAVOR, MUSTARD FLOUR, POTASSIUM SORBATE AS A PRESERVATIVE, PAPRIKA, SPICE, DRIED GARLIC. COMMON ALLERGENS PRESENT: Egg
	Salsa	Diced Tomatoes in Juice, Tomato Puree (Water, Tomato Paste), Jalapeno Peppers, Onions, Salt, Distilled Vinegar, Dehydrated Onion, Garlic Powder, Dehydrated Cilantro, Citric Acid, Natural Flavoring. COMMON ALLERGENS PRESENT: None.
	Guacamole	HASS AVOCADO, TOMATO, ONION, SUGAR, SEA SALT, JALAPEO PUREE, CILANTRO, SODIUM ACID PYROPHOSPHATE, GARLIC PUREE, SODIUM ALGINATE, CITRIC ACID (TO HELP PROTECT FLAVOR), XANTHAN GUM, ASCORBIC ACID (TO PROMOTE COLOR RETENTION), LIME CONCENTRATE. COMMON ALLERGENS PRESENT: None

Beverages	Juices	Apple Juice	Water, Concentrated Apple Juice, Ascorbic Acid (Vitamin C). COMMON ALLERGENS PRESENT: None
		Grape Juice	Water, Concentrated Grape Juice, Ascorbic Acid (Vitamin C). COMMON ALLERGENS PRESENT: None.
		Orange Juice	Water, Concentrated Orange Juice, Ascorbic Acid (Vitamin C). COMMON ALLERGENS PRESENT: None.
		Cranberry Juice	Water, high fructose corn syrup, concentrated grape juice, concentrated cranberry juice, malic acid, natural flavors, ascorbic acid (Vitamin C). COMMON ALLERGENS PRESENT: None
		V-8 Juice	Reconstituted Vegetable Juice Blend (Water and Concentrated Juices of Tomatoes, Carrots, Celery, Beets, Parsley, Lettuce, Watercress, and Spinach), Contains less than 2% Of: Salt, Vitamin C (Ascorbic Acid), Natural Flavoring, Citric Acid. COMMON ALLERGENS PRESENT: None.
		Tomato Juice	Tomato Juice From Concentrate (Water, Tomato Concentrate), Salt, Citric Acid. COMMON ALLERGENS PRESENT: None.
		2 % Milk	Reduced fat milk, vitamin A palmitate, vitamin D3. COMMON ALLERGENS PRESENT: Milk.
		Chocolate Milk	Nonfat milk, liquid sugar (sugar, water), contains less than 1% of cocoa (processed with alkali), cocoa, cornstarch, salt, carrageenan, natural flavor, vitamin A palmitate, vitamin D3. COMMON ALLERGENS PRESENT: Milk.
Seasonings		Italian Seasoning	SALT, SUGAR, GARLIC*, ONIONS*, SPICE, MONOSODIUM GLUTAMATE, RED BELL PEPPERS*, GUAR GUM, XANTHAN GUM, NATURAL FLAVOR *DRIED COMMON ALLERGENS PRESENT: None.
		Brown Sugar	Sugar, molasses. COMMON ALLERGENS PRESENT: None.
		Mrs. Dash	Onion, Spices, (Black Pepper, Parsley, Celery Seed, Basil, Bay, Marjoram, Oregano, Savory, Thyme, Cayenne Pepper, Coriander, Cumin, Mustard, Rosemary), Garlic, Carrot, Orange Peel, Tomato, Lemon Juice Powder, Citric Acid, Oil Of Lemon. COMMON ALLERGENS PRESENT: None.
Frozen Meals-Traditions			
		Chili	CHILI with BEANS - [CRUMBLLED BEEF & TEXTURED SOY PROTEIN PATTY- Ground beef, water, textured soy protein (soy flour, caramel), zinc oxide, niacinamide, ferrous sulfate, copper gluconate, Vitamin A palmitate, calcium pantothenate, thiamine mononitrate, pyridoxine hydrochloride, riboflavin, cyanocobalamin), seasoning: hydrolyzed soy protein, dehydrated onion and garlic, maltodextrin, spices, sugar, salt, potassium chloride, autolyzed yeast, torula yeast, yeast extract, disodium inosinate, caramel, spice extracts]. PINTO BEANS - Prepared pinto beans, water, salt calcium chloride and calcium disodium EDTA added for color retention. TOMATO PUREE - Tomato concentrate (water, tomato paste), citric acid. KIDNEY BEANS - Prepared kidney beans, water, sugar, dextrose, salt, calcium chloride (firming agent), and disodium EDTA (promotes color retention). TOMATO JUICE - Vine-ripened tomatoes, contains less than 2% of: citric acid, Vitamin C (ascorbic acid). GUM BLEND THICKENER - Water, guar gum, locust bean gum and xanthan gum. CHILI WITH BEANS SEASONING - Spices (chili pepper, cumin, oregano, black pepper, red pepper), garlic powder, sugar, salt and dehydrated garlic. DICED GREEN PEPPERS. DICED ONIONS. DICED CELERY.] CARROTS - [CARROTS. WATER.] BROCCOLI - [BROCCOLI. WATER.] COMMON ALLERGENS PRESENT: Egg, Milk, Soy.
		Meatballs & Alfredo Shell	MEATBALLS & ALFREDO SHELL PASTA - [BEEF MEATBALLS - Beef, water, textured vegetable protein (soy flour, caramel color), soy protein concentrate, hydrolyzed soy protein, flavoring, salt. ALFREDO SAUCE- Water, powdered creamer (palm oil, corn syrup solids, sodium caseinate, mono and diglycerides, sodium silicoaluminate, dipotassium phosphate), modified corn starch, cheese blend ((milk, salt, cheese culture and enzymes), parmesan, Romano, blue cheese, natural flavor, buttermilk powder, whey powder, non-fat dry milk, maltodextrin), autolyzed yeast extract, salt, sugar, dextrose, spices, garlic powder, onion powder, xanthan gum, natural parmesan cheese flavor [maltodextrin, whey powder, food starch, autolyzed yeast extract, salt, natural flavors (contains lipolyzed butter oil), whey solids, parmesan cheese (milk, starter culture, salt, enzymes), cream, water, natural flavor), disodium inosinate and disodium guanylate and silicon dioxide], titanium dioxide (color), disodium inosinate and guanylate, dehydrated parsley, carrageenan, monoglycerides and spice extractive. SHELL PASTA - Durum semolina, niacin, ferrous sulfate (iron), thiamine mononitrate, riboflavin, folic acid. Processed in a facility that uses egg. DICED ONIONS. GUM BLEND THICKENER - Water, guar gum, locust bean gum and xanthan gum. GARLIC POWDER.] WHOLE KERNEL CORN - [WHOLE KERNEL CORN. WATER.] GREEN BEANS - [GREEN BEANS. WATER.] COMMON ALLERGENS PRESENT: Milk, Wheat, Soy.
		Salisbury Steak	SALISBURY STEAK - [SALISBURY STEAK - Beef, textured vegetable protein (soy flour, caramel color), water, onions, soy protein concentrate, ketchup (tomato concentrate, distilled vinegar, sugar, salt, onion powder, spice, natural flavoring), green peppers, flavoring, hydrolyzed soy protein, salt, parsley. WATER. BROWN GRAVY MIX - Modified corn starch, modified whey, maltodextrin, beef extract (beef stock, natural flavor, hydrolyzed soy, corn and wheat protein, autolyzed yeast, disodium inosinate and disodium guanylate), natural and artificial beef flavor (rendered beef fat, hydrolyzed beef fat, hydrolyzed corn gluten, soy and wheat protein, natural and artificial flavors and salt), salt, onion and garlic powder, dextrose, soybean oil, caramel color, sugar, yeast extract, lecithin powder, spices, citric acid, guar gum and xanthan gum.] POTATOES - [DICED POTATOES - Red potatoes. Sodium acid pyrophosphate may be used to retain natural color. WATER.] MIXED VEGETABLES - [MIXED VEGETABLES - Green peas, green beans, carrots, and cut corn. WATER.] COMMON ALLERGENS PRESENT: Milk, Wheat, Soy.
		Zesty Orange Chicken	ZESTY ORANGE CHICKEN TENDERS - [CHICKEN BREAST TENDERS - Chicken breast, water, vegetable protein product (isolated soy protein, magnesium oxide, zinc oxide, niacinamide, ferrous sulfate, Vitamin B12, copper gluconate, Vitamin A palmitate, calcium pantothenate, pyridoxine hydrochloride, thiamine mononitrate, and riboflavin), dextrose, brown sugar, flavoring, sodium phosphate, salt. BROWN RICE - Whole grain parboiled brown rice. ZESTY ORANGE SAUCE - Water, corn syrup, high fructose corn syrup, soy sauce (water, wheat, soybeans, salt and less than 1% sodium benzoate as a preservative), sugar, distilled vinegar, modified corn starch, orange juice concentrate, garlic powder, ginger puree (ginger roots, water, citric acid), spice, sesame oil, annatto (color), sucralose, xanthan gum, sodium benzoate and potassium sorbate. CRUSHED PINEAPPLE - Pineapple, pineapple juice, citric acid. WATER. GUM BLEND THICKENER - Water, guar gum, locust bean gum, and xanthan gum.] BEAN BLEND with PEPPERS - [Kidney beans, garbanzo beans and red peppers. WATER.] THREE SEASON VEGETABLES - [Butternut squash, sweet potatoes, blueberries. WATER. Cinnamon Dessert Mix- Dextrose, sugar, fructose, creaming agent (palm oil, corn syrup solids, sodium caseinate, mono- and diglycerides, sodium silicoaluminate, dipotassium phosphate), dried egg yolks, sodium caseinate, dried egg whites, cinnamon, ascorbic acid and less than 2% of the following: silicone dioxide (anti-caking), carrageenan gum, sodium citrate, natural and artificial flavors (including vanilla), salt and natural flavor.] COMMON ALLERGENS PRESENT: Eggs, Milk, Wheat, Soy.

		<p style="text-align: center;">Chicken Patty & Dressing</p>	<p>CHICKEN PATTY & DRESSING with CHICKEN GRAVY - [CHICKEN PATTY - Chicken breast, water, vegetable protein product (isolated soy protein, magnesium oxide, zinc oxide, niacinamide, ferrous sulfate, Vitamin B12, copper gluconate, Vitamin A palmitate, calcium pantothenate, pyridoxine hydrochloride, thiamine mononitrate, and riboflavin), dextrose, brown sugar, flavoring, sodium phosphate, salt. DRESSING - Whole grain cornbread mix (whole wheat flour, degermend cornmeal and enriched wheat flour (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), dextrose, buttermilk powder, modified wheat starch, potassium bicarbonate, sodium aluminum phosphate, salt), water, celery, onions, soybean oil, Topping: whole grain biscuit (whole wheat flour, enriched wheat flour (niacin, reduced iron, thiamine mononitrate, sodium aluminum phosphate, potassium bicarbonate, salt, tapioca), chicken base, green onions, sage, pepper, natural turkey flavor, parsley. CHICKEN GRAVY - Water, modified corn starch, wheat flour, chicken broth flavor (hydrolyzed corn gluten, salt, maltodextrin, chicken fat, chicken broth, natural flavor, beef broth, sodium phosphate, sugar, disodium inosinate, disodium guanylate, spice and spice extractives), salt, modified whey, dextrose, hydrolyzed soy protein.]THREE SEASON VEGETABLES- [Butternut squash, sweet potatoes and blueberries. Cinnamon Dessert Mix- Dextrose, sugar, fructose, creaming agent (palm oil, corn syrup solids, sodium caseinate, mono-and diglycerides, sodium silicoaluminate, dipotassium phosphate), dried egg yolks, sodium caseinate, dried egg whites, cinnamon, ascorbic acid and less than 2% of the following: silicone dioxide (anti-caking), carrageenan gum, sodium citrate, natural and artificial flavors (including vanilla), salt and natural flavor. WATER.] SPRING VEGETABLES - [Julienne carrots, zucchini, green beans, green peas, diced onions. WATER.] COMMON ALLERGENS PRESENT: Milk, Eggs, Wheat, Soy.</p>
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