

CARROLL GOLDEN AGE RETREAT

2202 Kensington Rd. N.E./P.O. Box 365

Carrollton, OH 44615

Phone: 330-627-4665 Fax 330-627-7772

www.carrollcountyohio.us (Website)

carrollgoldenage@gmail.com (Email)

www.facebook.com/carrollgoldenageretreat (Facebook)



NOVEMBER 2024

FROM THE DESK OF THE SUPERINTENDENT

Hello to all our family and friends. We have all been enjoying this beautiful fall weather! Our residents have been going out for pumpkins, cider, donuts and lunch as much as possible this month.

A shout out to thank Brenda at Country Flowers here in Carrollton for providing a flower arrangement for all of the residents at the monthly birthday party. She has done this every month for years now. Another lovely lady to show some appreciation towards is Kathy Horn. She has organized a pen pal group for some of our residents who do not receive a lot of mail or small gifts for holidays and birthdays. She has done this for years as well. Anyone who is interested in joining our pen pal group can call us for more information. I would also like to say thank you to all of our supporters who do "the little things" on a daily basis. We appreciate all of you and all of your support.

Our 1st Annual Fall Barn Sale was a huge success! We are continuing to receive donations! We will plan to proceed yearly with the barn sale at the beginning of June and the Fall sale as well.

May you all have a Happy Thanksgiving and bless you all as we approach the Holiday season.

Jessica Dawn Faulk, LPN, Superintendent



QUOTE OF THE MONTH

"Fallen leaves lying on the grass in the November sun bring more happiness than the daffodils."

~ Cyril Connolly

BIRTHDAYS

RESIDENTS

BETTY HOLLYFIELD 11/4

CATHY DEVITT 11/15

ARDENA GASSMAN 11/25



EMPLOYEES

KASEY LEVENGOOD 11/10

ANYA BAKER 11/18

BECKY ATKINS 11/19

JEAN YOCKEL 11/26



TURKEY DAY TRIVIA

Test your knowledge of all things Thanksgiving.

1. What do turkeys and squirrels have in common? Both turkeys and squirrels eat a diet high in acorns.
2. Is turkey hunting more popular in Texas or Alabama? Alabama. The state worked hard and succeeded in restoring the dwindling numbers of wild turkeys. Now there are two turkey hunting seasons in the state to manage the population.
3. Plymouth, Massachusetts, has historically been credited as the site of the first Thanksgiving feast. Historians have found records of an earlier Thanksgiving in another colony. What's the
4. name of the colony? Jamestown (now Virginia)
5. What American president declared Thanksgiving a holiday? Abraham Lincoln was so enthused to declare Thanksgiving a national holiday that he decided it should be celebrated twice a year.

FLANDERS FIELDS



John McCrae

In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.

We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie
In Flanders fields.

Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields.



GOLDEN NUGGETS

Happy November! If anyone would be interested in sponsoring our monthly birthday cupcakes or our monthly donut days, please call Kasey. If you have questions about either, please call. If you or anyone you know is looking to come in December for caroling, etc., please call Kasey so she can get you on the calendar.

On October 1st we had donut day sponsored by Gerry Marteny and her husband. On the 3rd, 4th, 11th, and 12th we had first annual Fall Barn Sale. It was very successful. Thank you to everyone who donated and shopped with us this year. All the proceeds go directly to the activity department, allowing us to continue to do so many fun things. Keep your eyes peeled for multiple barn sales next year. If you are interested in donating items to the barn, please call and make arrangements.

On the 9th we baked cupcakes in the morning and had our musical friend Rick Bruening come play for us in the afternoon. On the 10th we celebrated "Decorate a Cake Day" by decorating the cupcakes we baked. On the 15th election board volunteers came in and helped our registered voters cast their ballots. On the 18th we celebrated "Hocus Pocus Day" by viewing the movie "Hocus Pocus" and enjoying some snacks. On the 21st we headed to Woolf Farms to pick out some pumpkins. While we were there, we just had to try a few donuts and their apple cider. We were definitely not disappointed. Everything was wonderful. On the 22nd we decorated our pumpkins in the morning and had Sarah from Traditions Health Hospice come in the afternoon to sing for us. She is a wonderful singer. On the 24th we celebrated our October birthdays with a party featuring Jon King. He always puts on a great show. On the 28th we had our resident council meeting. On the 31st we had all day bingo! This is one of the highlights of the Fall season. We had our Halloween Party in the afternoon with Halloween themed bingo games. A big thank you to Tom and Laura Rutledge for donating prize baskets, Berry Family Memorials for donating cookies from Ullman's Bakery and, Carol Pettime for donating chips, popcorn and pop.

KOOKIN' WITH KASEY

Easy Pudding Pumpkin Pie

A diabetic-friendly recipe

Ingredients:

- 1 envelope Dream Whip
- 1 cup canned pumpkin
- 2/3 cup milk
- 1 package sugar-free vanilla instant pudding
- 1/4 to 1/2 teaspoon nutmeg
- 1/4 to 1/2 teaspoon ginger
- 1/4 to 1/2 teaspoon cinnamon
- 1 baked pie shell

Directions

1. Prepare Dream Whip as directed on envelope. Set aside 1 cup for garnish.
2. Add pumpkin, milk, pudding, and spices to remaining 1 cup Dream Whip.
3. Slowly mix with beater, just until blended, about 1 minute.
4. Pour into piecrust.
5. Chill at least two hours.

Garnish with topping. Makes 8–10 servings

