## CARROLL GOLDEN AGE RETREAT

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# OCTOBER 2024

# FROM THE DESK OF THE SUPERINTENDENT

Hello to all our family and friends. Don't miss out on our 1<sup>st</sup> annual Fall Barn Sale October 3<sup>rd</sup> and 4<sup>th</sup> 9:00am-4:00pm. We have had so many generous folks in this county donate a lot of unique and useful items. As a reminder, all proceeds directly benefit our Activity Department.

Please, check out our Facebook page for frequent updates of all of the fun times we have been having lately. Our scarecrows on the square 100% reflect some of what we enjoy. Great job to Kasey and Amanda for all the hard work and creativity.

We want to let everyone know, as usual, we encourage visits. Anyone experiencing cold/flu symptoms, please refrain from visiting during that time in an effort to keep our residents as healthy as possible. We are accepting new residents and respite stays as well. Please call the facility for further details.

We hope you all enjoy all the fun fall activities. Bless you all for your continued support of our County Home.

Jessica Dawn Faulk, LPN, Superintendent



#### **QUOTE OF THE MONTH**

"Autumn shows us how beautiful it is to let things go"

Unknown

### <u>BIRTHDAYS</u>

RESIDENTS
JIM SMITH 10/05
DON GRAY 10/14
SANDY BAKER 10/14
SHERYL SWANSON 10/27
BEV WILEY 10/28



EMPLOYEES
STACY JETT 10/03
EMILY BRAUCHER 10/08
JANET DEAN 10/10
KATIE CARIS 10/16
ANNA KLEINER 10/24

# COLUMBUS DAY



Columbus Day is a federal holiday in the United States that celebrates the landing of Christopher Columbus in the Americas on October 12, 1492. It also honors the Italian American community, as many believe Columbus was born in Genoa, Italy. Here's some more information about Columbus Day:

#### Origins

President Benjamin Harrison established Columbus Day in 1892 as a response to the lynching of 11 Italian Americans in New Orleans in 1891.

#### When it's celebrated

Columbus Day is celebrated on the second Monday of October.

#### Where it's celebrated

Columbus Day is a national holiday in many countries of the Americas and elsewhere.



Indigenous Peoples' Day is celebrated for a number of reasons, including:

#### Honoring Indigenous peoples

This day recognizes the history, culture, and resilience of Indigenous peoples in the United States. It also celebrates the Tribal Nations that continue to thrive today.

#### • Acknowledging contributions

Indigenous peoples have made many contributions to society, including in medicine, travel, agriculture, and invention. However, many of these contributions are unrecognized.

#### • Recognizing painful history

Indigenous Peoples' Day acknowledges the painful history Indigenous peoples have faced, including generations of systemic oppression.

#### Promoting protest and resistance

Indigenous Peoples' Day is often marked by protests against memorials to Columbus, for environmental justice, and for the return of Indigenous lands.

#### • Promoting inclusion

Indigenous Peoples' Day promotes including Indigenous perspectives in teaching about Columbus and providing a more complete narrative

# **GOLDEN NUGGETS**

Happy October! If anyone would be interested in sponsoring our monthly birthday cupcakes, please let Kasey know. If anyone would like to sponsor any of our 2025 monthly donut days, please call Kasey. If you have questions about either, please call. Thank you again to everyone who sponsored donut day for 2024!

On September 3<sup>rd</sup> we had donut day! Thank you to Dr. Ron Stewart for sponsoring donuts for September! On the 12<sup>th</sup> we headed to Sally Buffalo Park outside Cadiz for the Annual Hoedown sponsored by Meadows of Cadiz and the Harrison County Adult Senior Coalition. It was such a fun day. We started with donuts and coffee, followed by Bingo and an amazing lunch. They served chili, cornbread, pulled pork sandwiches, mac and cheese, fresh fruit and root beer floats! On the 13<sup>th</sup> we celebrated author Roald Dahl with a viewing of "Willy Wonka and the Chocolate Factory" complete with chocolate milkshakes, popcorn and candy! On the 19<sup>th</sup> and 26<sup>th</sup> we headed to one of our favorite lunch spots, Crossroads Restaurant! On the 25<sup>th</sup> we headed to Minerva Senior Center for lunch and Bingo. The event was originally supposed to be at the park, but due to the rain, it was moved indoors. We had a wonderful time! On the 27<sup>th</sup> we enjoyed lunch and a show at the Friendship Center in Carrollton. The CHS Band performed on the lawn. They did a fantastic job! On the 28<sup>th</sup> we headed to Scarecrows on the Square in Carrollton with our display pieces! Our theme this year is "Donut you think it's sweet at the Golden Age Retreat?!". We had 4 scarecrows sitting around a table enjoying coffee and donuts! Make sure to stop down at the square and see all the amazing displays!



Halloween doesn't have to be filled with scares. Here are some funny Halloween riddles to share with friends and family during your Halloween celebrations.

- How are vampires like false teeth? They both come out at night.
- What does a ghost do to stay safe in a car? He puts on his sheet belt.
- What did the ghost teacher say to her class? "Watch the board, and I'll go through it again."
- It's right behind you and creeps on the ground. It follows you home but does not make a sound. What is it? Your shadow
- What happens when a ghost gets lost in the fog? He is mist.
- Why aren't there any famous skeletons? They're a bunch of no bodies.
- Why didn't the mummy have any friends? He was too wrapped up in himself.
- How do you fix a jack-o'-lantern? With a pumpkin patch
- What do you call an anxious witch? A twitch
- How do you spell candy with two letters? C and Y (C-and-y)
- Why don't skeletons watch horror movies? Because they don't have the guts
- Why do witches wear name tags? So they know which witch is which!

