



# CARROLL GOLDEN AGE RETREAT

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# MAY 2024

## FROM THE DESK OF THE SUPERINTENDENT

Hello to all our family and friends! I hope you are all enjoying the beautiful weather. We are starting our Annual Barn Sale out with all “new to us”, recently donated items- this Year We are accepting donation. Please call the facility or drop off donations anytime, Monday through Friday, 8:00am-4:00pm. As a reminder, all proceeds directly benefit our Activity Department. The Barn Sale will be Thursday June 6<sup>th</sup> from 9:00am-5:00pm, Friday June 7<sup>th</sup> from 9:00am-5:00pm and Saturday June 8<sup>th</sup> from 9:00am-12:00pm.

I would like to give a shout out of appreciation to our dedicated and loyal volunteers. Anyone looking to volunteer with our seniors please call the facility. Some things that would be nice to do would be painting nails, to entertaining, our residents enjoy all of it.

I am taking some time to look back into the 1800’s for some of the County Home’s history. If anyone has information or knowledge of any info to add to our recorded history please call me. At our most recent Resident council meeting, I asked our residents’ if they would like to hear about some details of the history, see pictures, etc., a handful of them were interested.

The County Home provides respite care with 24-hour nursing. Feel free to call for further details/questions. Happy Mother’s Day to all our mothers out there. I hope to see a lot of our ladies for the annual Ladies’ Day Tea Party.

Jessica Dawn Faulk, LPN, Superintendent



## QUOTE OF THE MONTH

“The world’s favorite season is the spring. All things seem possible in May.”

~ Edwin Way Teale

## BIRTHDAYS

### RESIDENTS

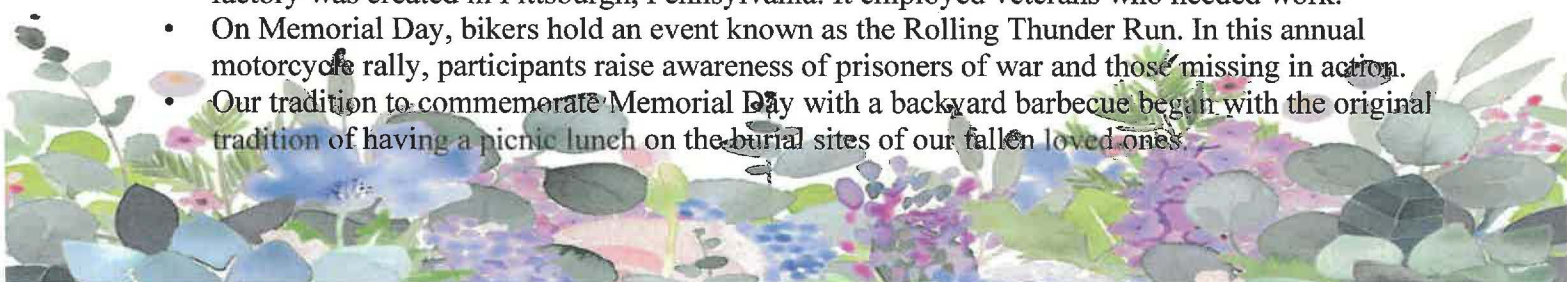
PAM GREENE 05/17  
SHIRLEY ECKLEY 05/23  
VIOLA LEE 05/26  
ANITA STEVENS 05/27

### EMPLOYEES

MAYBETH WALKER 05/23

## MEMORIAL DAY FAST FACTS

- On Memorial Day, the proper way to raise the flag is to first raise it quickly to the top, then slowly lower it to half-mast until noon, and then back to the top (or full mast) for the rest of the day.
- The idea of using red poppies to commemorate fallen soldiers first appeared in the poem “In Flanders Field,” written by Lieutenant Colonel John McCrae in 1915.
- In 1924, when faced with a shortage of poppies from French manufacturers, the first artificial poppy factory was created in Pittsburgh, Pennsylvania. It employed veterans who needed work.
- On Memorial Day, bikers hold an event known as the Rolling Thunder Run. In this annual motorcycle rally, participants raise awareness of prisoners of war and those missing in action.
- Our tradition to commemorate Memorial Day with a backyard barbecue began with the original tradition of having a picnic lunch on the burial sites of our fallen loved ones.





## MAY DAY

May Day, in medieval and modern Europe, is the day for celebrating the return of spring. The observance probably originated in ancient agricultural rituals, and the Greeks and Romans held such festivals. Although later practices varied widely, the celebrations came to include the gathering of wildflowers and green branches, the weaving of floral garlands, the crowning of a May king and queen, and the setting up of a decorated May tree, or Maypole, around which people danced. Such rites originally may have been intended to ensure fertility for crops and, by extension, for livestock and humans, but in most cases this significance was gradually lost, so that the practices survived largely as popular festivities. Among the many superstitions associated with May Day was the belief that washing the face with dew on the morning of May 1 would beautify the skin. Because the Puritans of New England considered the celebrations of May Day to be licentious and pagan, they forbade its observance, and the holiday never became an important part of American culture. In the 20th century, traditional May Day celebrations declined in many countries as May 1 became associated with the international holiday honoring workers and the labor movement

## MOTHER OF ALL HUMOR

Not every woman is a mother, but everyone had one, so most people can appreciate funny jokes, humor, and anecdotes about mothers and motherhood. Share this collection of motherly fun and have a few laughs.

- “It’s spicy” is universal mom code for “I don’t want to share.”
- Don’t be so hard on yourself; the mom in E.T. had an alien living in her house for weeks and didn’t notice.
- Motherhood is like a fairy tale, but in reverse. You start out in a beautiful ball gown and end up in stained rags cleaning up after little people.
- My kids can never make fun of me for teaching me how to use my phone. I taught them how to use a spoon.
- How kids say goodnight: “I fed the dog, and now he’s making a funny noise.”
- Good moms let their kids lick the beaters. Great moms turn them off first.
- Having a weird mom builds character.
- Being a mother of a teenager is finally understanding why some animals eat their young.
- Nothing is truly lost until Mom can’t find it.
- Ever heard of a job that requires no experience, gives no training, pays nothing, and you can’t quit? That’s motherhood. Oh, and people’s lives are on the line.

## GOLDEN NUGGETS

Happy May! What a busy month April was! We started a new morning group activity. We call it Golden Ager’s Club. We get together 3-4 mornings a week to converse, have coffee/tea/soda, do puzzles, color, etc. We decided that 1<sup>st</sup> Tuesday of the month would be dedicated to Donuts and Coffee. If anyone would like to sponsor our monthly donut day, please contact Kasey.

We enjoyed our shopping trips and lunch trips to Crossroads Restaurant. On the 3<sup>rd</sup>, we celebrated Ice Cream Sundae Day with an ice cream sundae social. On the 5<sup>th</sup> we celebrated the Burpee Seed Company by planting some vegetable seeds that we put in our green house that was donated after our Open House last year. On the 8<sup>th</sup>, we celebrated the total solar eclipse. We sat out in front of our building and watched the eclipse with our eclipse glasses and had moon pies for a snack. On the 17<sup>th</sup> we celebrated Banana Day by making banana muffins. The only thing we needed was a boxed cake mix and 4 ripe bananas! They were delicious. To celebrate Earth Day, we planted flower seeds. When they start to grow, we will put them in our planter boxes.

Just a reminder, our Ladies’ Day Tea (we changed the name from Mother’s Day Tea) will be on May 10<sup>th</sup> at 2:00pm. We changed the name to celebrate all of our amazing ladies. So come have a wonderful afternoon with your aunt, cousin, friend, mother, grandmother. We encourage all to attend (even sons, grandsons, nephews, male friends) Please RSVP if you are planning to attend.

Our Barn Sale will be Thursday, June 6<sup>th</sup> from 9:00am-5:00pm, Friday, June 7<sup>th</sup> from 9:00am-5:00pm and Saturday, June 8<sup>th</sup> from 9:00am-12:00pm. We will be accepting donations until Friday May 24<sup>th</sup>. If you go to our Facebook page, there is an event created for the barn sale. If you are interested in volunteering, please call Kasey. We will be having our Father’s/Guy’s Day celebration on Monday June 17<sup>th</sup> at 1:00pm. Please RSVP if you plan to attend.

