



# Senior Citizens Friendship Center

C A R R O L L C O U N T Y O H I O

MARCH 2024

PHONES WILL NOT BE ANSWERED FROM  
11:30-12:30 DAILY DURING LUNCH TIME

P.O. BOX 14  
100 KENSINGTON ROAD NE  
CARROLLTON, OH 44615

## CENTER INFORMATION

### HOURS

Monday-Friday 8:00 am-4:00 pm

### Contact

Phone: 330-627-7017

Fax: 330-476-6402

Email: Friendship-  
center@carrollcountyohio.us

### MONTHLY HIGHLIGHTS

ST. PATTYS DAY 03.17.24



OHIO PRIMARY ELECTION 03.19.24



FIRST DAY OF SPRING 03.20.24



*Irish you a  
Happy  
March*



Carroll County Council on Aging Inc | Facebook

# INSIDE OUR CENTER

## CCCOA Information & Contact



## CENTER INFORMATION

### STAFF

Tonya Myers, Director  
Jenna Aukerman, Asst. Director  
Darcy Plunket-Office Administrator  
Aneissa Randal, Activities Instructor  
Heather Smalley, Wellness Worker  
Janice Nape, Head Cook  
Tiffany Myers, Asst. Cook  
Deb Toussant, Kitchen  
Annette Welch, Kitchen  
Anitra Meek, Kitchen  
Rosemarie O'Donnell, Kitchen  
Lisa Jones, Kitchen  
Kasey Tolley, Kitchen  
Tiffany Parker, HDM Manager  
Freda Luyster, HDM Driver  
Patty Babe, HDM Driver  
Robin Haun, HDM Driver  
Bob Holla, HDM Driver  
Carl Leonard, HDM Driver  
Mike McCartney, HDM Driver  
Cassie Cogan, HDM Driver  
James Wood, Utility Worker  
Tom Barnett, Sub  
Cindy Grindstaff, Sub  
Sue Miller, Sub  
Sue Mozzochi-Goodwill Worker

### VOLUNTEERS

Jo Albright	Cathy Carlton
Marty Colaprete	Barb Cronin
Kris DeWitt	Theresa Furbee
Amy Harkless	Greg Harkless
Theresa Kerstetter	Chuck Lutton
Jo Rinkes	Denny Roudebush
Jeanne Strawder	Donna Wey
Vi Williamson	Cindy Wood

### HOME-DELIVERED MEALS

The same meal served at the Center is also available for individuals or couples through our home-delivered meals program. Individuals must be 60 years of age or older, homebound, and a Carroll County resident. Frozen meals are also available for the weekend for those who want them. Regulations forbid leaving meals in a cooler, but they may be left in a refrigerator. Please communicate with your driver about the issue. Suggested donation is \$2.00 Payable to "Carroll County Council on Aging". Post-dated checks will not be accepted. This is also a great opportunity for a daily wellness check for a loved one!



### LEGAL ASSISTANCE

Funds are provided to pay up to \$250 per person per year for a wide variety of legal services from participating Carroll County attorneys. There is an hourly fee cap for these services. This program is a first come first served basis until funds are exhausted. Please call the Friendship Center for information.

#### THANK YOU TO OUR PARTICIPATING

##### ATTORNEYS:

Kelly Broadwater	Kathy Stoneman
Maureen Stoneman	Jennifer Thomas

### CONGREGATE MEALS

**CURBSIDE PICK-UP: DAILY 10:30AM**

**IN-HOUSE DINING: DAILY 11:30 AM**

**MALVERN: DAILY 10:15 AM**

**121 W. WOOD ST MALVERN**

**SHERRODSVILLE: DAILY 10:15 AM**

**802 HILL DR SHERRODSVILLE**

**CALL TO MAKE YOUR RESERVATION  
THE DAY BEFORE OR BY 8:15 AM DAY  
OF SERVICE.**

### INFORMATION & REFERRAL

This service provides specific information as to the particular agency to call regarding certain needs you may have. The Center will assist in making appointments and will follow up to ensure your needs have been met. 330-627-7017

### SOCIAL ACTIVITIES

Our Centers are designed to promote socialization and stimulate mental, physical, and emotional health. With a wide array of options, every Senior should be able to find an activity to join in with! Call with any questions and we will introduce you to the activity to get you started.

### WELCOME AND WELLNESS

We offer a supportive social structure with wellness employee, Heather Smalley. We are available through the week to provide positive interactions with seniors in Carroll County. Through on-going assessments and recurring home and telephone visitations, the program identifies client's unmet needs and offers ongoing assistance in securing access to appropriate health and social resources. Call in for more information at (330)627-7017.



**CALL FOR ANY LEGAL SERVICE  
NEEDS OR QUESTIONS**

**Register at: 1(800)945-4250**  
**Option 8**



A stylized illustration of a cafe. The building is green with a yellow and white striped awning. A sign above the entrance reads "Cafe". The entrance has a glass door with a red "P" sign. Inside, there is a yellow apron hanging on the wall and a table with two chairs.

**To pre-order please call  
before 11:00 am daily.  
Meals on Wheels  
Fundraiser \$\$\$\$\$\$**

**If going to the store is becoming a challenge, let us help! Call the center and give us your grocery list with either Sanders or Discount Drug Mart. Prescription pick-ups at either Discount Drug Mart or Rite Aid Pharmacy.**



 **Come Visit RN Connie on  
03/12/2024 starting at 10:30  
for Health education and blood  
pressure screening.**

**DUE TO SUPPLY CHAIN ISSUES  
PLEASE CALL FOR INVENTORY  
AND PRICING. WE WILL CONTIN-  
UE TO PURCHASE EITHER AT THE  
BEST RATE POSSIBLE AND OFFER  
YOU THE BEST DEALS DAILY!  
330.627.7017**



**A MATTER OF  
BALANCE**

**Monday 12:30-1:00**

# EVENTS

MARCH 14TH



GET YOUR GREEN ON, WE WILL BE  
CELEBRATING ST PATRICKS DAY  
TODAY AT LUNCH TIME!!!

## 2024 TAX INFO

**CARROLL COUNTY  
DISTRICT LIBRARY  
OFFERS HELP WITH FILING  
TAXES THROUGH UNITED  
WAY.  
FOR ADDITIONAL  
INFORMATION OR  
TO SCHEDULE  
APPOINTMENTS  
CONTACT THE  
LIBRARY AT  
330-627-2613  
OR UNITED WAY AT  
330-994-8482.**



## CRAFT UPDATE!!!

STARTING IN JANUARY THE CRAFT  
WILL COST \$5.00. WE WILL STILL  
PAY \$10.00 FOR YOU! IF YOU ARE A  
NO SHOW, YOU ARE STILL RESPONS-  
IBLE FOR THE \$5 FEE. THANK YOU  
FOR UNDERSTANDING!

## COMMITTEE OPPORTUNITY!!!

IF YOU HAVE INTEREST OR AN  
OPINION ABOUT OUR MEALS OR  
ACTIVITIES PLEASE  
FEEL FREE TO ATTEND OUR  
COMMITTEE MEETINGS FOR  
SUGGESTIONS. THE LAST MON-  
DAY OF EACH MONTH AT 9:30

# ACTIVITIES

## Birthday Celebration

Every **2nd Tuesday** of the month come join us for our Birthday Celebration! We will celebrate ALL birthdays for the month. Our oldest birthday attendee will receive a flower. Suggested donation for the Birthday dinner is \$3.00.

**This month's birthday lunch will be MARCH 12TH, 2024 AT 11:30AM**

### FREE COFFEE TIME

We offer free coffee every morning from 8:00-9:00 AM. Fridays will include a light breakfast in the large dining room! Please stop by for a bite to eat, some conversation, and a look at the morning paper.

### BINGO & ACTIVITIES WITH PRIZES

Come join in for an after lunch BINGO game! We appreciate our generous sponsors for providing the time and prizes : Crossroads Hospice, Traditions Hospice, Minerva Healthcare, Senior Suites at Century Farms, Centerville, United Healthcare, and the Friendship Center. Thank you to our sponsors!!

### BRIDGE / EUCHRE/ GAMES DAILY 1-3 PM

Come in and socialize around a card table! We provide the table & treats. Start coming for game day to socialize around the table and have a few laughs! Featured game is Very Sorry, but other suggestions are welcome! Bring a game & your friends. Bridge on Thursday.

### CARDS WITH THE COOK

Come play "Show me the Friend" after lunch with our head cook! This month it will be the 1st Tuesday of the month! It's like bingo, but with cards! Prizes will be given.

### CRAFT

On the 2nd Wednesday of each month, 4th Street Art hosts a build your own craft. The craft is made for everyone, whether you are "crafty" or not.  
**PLEASE RSVP BY 03/8/24 FOR MARCH 13TH CRAFT!**

### LENDING LIBRARY & BOOKMOBILE

Keep your mind sharp and sit down with a good book! We always provide a rotating Lending library stocked with multiple genres. Come in and borrow a book and return when you're finished! No rush or deadlines. Can't find something? No problem, the BOOKMOBILE visits from the Carroll County District Library at Carrollton and Malvern with fun reads. Carrollton: Wednesdays 10:50-11:15AM, Sherrodsville : Wednesdays 11:00-11:45AM, Malvern: Thursdays 11:45-12:30PM

### MOVIE DAY

NEW or OLD Movies played for the season, or by request! **Thursdays at 12:30PM-SEE CALENDAR \*\*\*REQUESTS TO ANEISSA FOR NEXT MONTH**

### SENIOR MUSIC NIGHT "MUSIC FOR MEALS"

Every 2nd and 4th Wednesday evening of the month from 6PM-9PM musicians come together for open Mic night and dancing. You can sign up to sing or come in to simply enjoy the entertainment. Coffee and punch will be provided. There will be a 50/50 raffle with all donations going to home-delivered meals for seniors in need!

**\*\*Social room open for cards and games 6-8 PM.\*\***

**MUSIC STARTS BACK UP-13TH AND 27TH**

### SEWING QUILTERS GUILD

Meets 2nd Tuesday of Month. **MARCH 12TH, 2024**

### TV CLUB OR MOVIE OF THE WEEK

Join in a group setting to continuously watch a featured show together. Enjoy snacks and conversations! **VIRGIN RIVER-EVERY FRIDAY**

**Wii BOWLING OPEN Wii ANYTIME- TENNIS, BOWLING, JUST**

**DANCE, FAMILY FUED \*\*BOWLING LEAGUE BEGINS ON THE 4TH AT 10:00 AM. WE HAVE FOUR TEAMS. OPEN BOWLING, ANY OTHER TIME.**



## Update on the Loaves and Fishes Food Pantry Schedule and Distribution Information

This post is long. Please read and share it with your friends on Facebook and other social media. There will also be a flyer to share with your neighbors and friends that you can pick up at the food pantry.

We are so grateful to God for continuing to provide us with the means to make our transition to the new location. Volunteers and laborers are lining up to help, and many in our community have been generous with financial and other donations. We praise God and thank the people who have stepped forward! The following information is very important, and we implore that you read it thoroughly and follow our direction as we make this transition.

**Given the parking and space limitations of the new location at 343 2nd St SE, we have instituted the following policies to assure that everyone has the space and time to pick up food:**

- 1) We are asking clients to arrive NO SOONER than 15 minutes before the pantry opens for distribution
- 2) This means no one should arrive before 11:45 am on February 19, 1:45 pm on February 26, and 6:15 pm on February 26.
- 3) We will only be able to let 15-20 people in the distribution room at one time. This will allow for a quicker flow of clients and will make the process go more smoothly.
- 4) There will not be a public restroom.

More information will be provided in the following weeks about distribution schedules for the rest of the year. We thank everyone who has prayed and offered help, and we appreciate your patience during this time. Again, please share these details on your social media and with people you know who are affected by these changes. May God continue to bless our community as we move forward in faith.

**NEW PHONE # 330-415-4766**

**Distribution Days: Second and Third Mondays of the month 12-3pm**

**Fourth Monday 2-5pm and 6:30-7:30pm**

THESE SENIOR SERVICES ARE PROVIDED INPART BY THE OHIO DEPARTMENT  
ON AGING THROUGH AREA AGENCY ON AGING REGION 9 AND CARROLL



Carroll County Transit provides transportation in and around Carrollton and outside Carroll County. Transportation to the Senior Friendship Center is available on a daily basis M-F. For medical transportation, seniors whose residence is within the Village of Carrollton, and over 60, please call Transit at 330-627-1900. For seniors with residences outside of the Village of Carrollton and over 60, please call Senior Friendship Center at 330-627-7017.

It is your responsibility to notify transit no later than (two) 2 hours prior to your scheduled pick-up time if you need to cancel your transportation. Voicemail messages may be left after hours for cancellations only. Hours of operation are 6:00 a.m. to 6:00 p. m. Monday through Friday.

### TRANSIT SCHEDULING TIPS

**BEFORE CALLING THE FRIENDSHIP CENTER TO SCHEDULE YOUR APPT YOU WILL NEED TO HAVE THE FOLLOWING INFORMATION: WHERE YOUR APPOINTMENT IS (INCLUDING FACILITY NAME AND DOCTORS NAME, ADDRESS, PHONE NUMBER,), APPOINTMENT DATE, TIME, AND ESTIMATED LENGTH OF APPOINTMENT.. \*\*\*IF YOU HAVE AN AIDE GOING YOU WILL ALSO NEED THEIR NAME, DATE OF BIRTH, PHONE NUMBER, AND ADDRESS.**

- **CALL AND SCHEDULE AS SOON AS YOU KNOW ABOUT AN UPCOMING APPOINTMENT—THE SOONER THE BETTER.**
- **IF YOU HAVE AN APPOINTMENT OUT OF TOWN TRY SCHEDULING BETWEEN THE HOURS OF 7:30 AM—3:00 PM MONDAY-FRIDAY.**
- **NEED ASSISTANCE TO AN APPOINTMENT OR THE STORE, BRING ALONG AN AIDE, FRIEND, OR FAMILY MEMBER TO HELP. THEY RIDE FREE OF CHARGE, JUST LET SCHEDULER KNOW SO WE CAN ENSURE THERE IS ROOM.**

## CARROLL CO COUNCIL ON AGING

**Please note: Meeting will be first  
Tues for March only!!!**

The Carroll County Council on Aging Board meets the 1st Thursday of each month at 10:00 AM at the Friendship Center. The next meeting will be held **March 5th, 2024**. These are open to the public and we encourage your participation. Current officers are: President-Elaine Myers, Vice President-Bob Herron, Secretary-Rose Weiss, Treasurer-Amy Harkless, and 3 Trustees Doris Logan, Mark Spears, and Cindy Hervey

### For your information

The Carroll County Council on Aging is a local, non-profit 501(C)(3), senior services provider serving Carroll County senior citizens aged sixty and older. Due to a growing need for senior based services and programs, the services provided include congregate meals, home delivered meals, transportation services, and more. Private, tax deductible contributions greatly assist us in providing reliable quality services to senior citizens living throughout Carroll County. We are asking for your help in continuing our services and programs by making a donation in support of our mission of serving seniors. Growing expenses require us to share this reminder about how crucial your donations are and how they go directly toward the mission of serving our senior citizens. Together we can better serve aging adults living here in our very own community, helping those who once operated our farms and factories, maintain an independent life in their own home as long as possible. Please remember the work of the Carroll County Council on Aging in all your giving, in the structure of your will, and when memorials are appropriated. Your gifts will aid and assist many and will be appreciated for years to come by a senior population in need of a helping hand to remain independent and in their own home as long as possible. Thank you!

### CALL FOR UPDATED HOME CARE, CAREGIVER, CLEANING LIST

### SOCIAL SECURITY AND MEDICARE

The New Philadelphia Social Security Office is located at 1260 Monroe St., Suite 1C and can be reached at 1-866-731-4236. The Steubenville Office is located at 500 Market St. on the 4th floor and the number is 1-866-253-6889. The Medicare number is 1-800-633-4227.

### Golden Buckeye Cards

Applications are available at the Senior Center. You must present proof of identity and age (60 or older). Suitable forms of ID include a driver's license or birth certificate.

### Society For Equal Access

A representative from SEA is here the 2nd Monday of the month. Please call 330-343-9292 if you have any questions or need an appointment.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<input type="checkbox"/> OTHER ACTIVITIES <input type="checkbox"/> BOOKMOBILE <input type="checkbox"/> BINGO/SPONSORS <input type="checkbox"/> TV CLUB/MOVIE <input type="checkbox"/> QUILTERS GUILD <input type="checkbox"/> LUNCH <input type="checkbox"/> CARDS WITH THE COOK <input type="checkbox"/> CRAFT <input type="checkbox"/> EXERCISE <input type="checkbox"/> OUTSIDE ACTIVITIES		<b>DAY LIGHT SAVINGS TIME-SPRING FORWARD</b>  <b>03.10.2024</b>		<b>-1-</b>  8-9:00 BREAKFAST 9:30 BINGOCIZE 11:30 LUNCH 12:30 TV CLUB: NEW SERIES-VIRGIN RIVER 1:00 BRIDGE BASICS 4:00 SUPPER CLUB-OHIO GRILLE
<b>-4-</b>	<b>-5-</b>	<b>-6-</b>	<b>-7-</b>	<b>-8-</b>
10-11:00 Wii BOWLING 11:30 LUNCH 12:30-1:00 SENIOR DRUMMING WITH NESS	9:30 GERI-FIT 10:00 AM-BOARD MEETING 11:30 LUNCH 12:00 CARDS WITH THE COOK	8:30-10:30 LINE DANCING 10:45-11:15 BOOKMOBILE 11:30 LUNCH 12:15 VOLLEYBALL	9:30 GERI-FIT 11:30 LUNCH 1:00-3:00 EUCHRE/BRIDGE 12:30 MOVIE "SUMMER SNOW"	8-9:00 BREAKFAST 9:30 BINGOCIZE 11:30 LUNCH 12:30 TV CLUB: NEW SERIES-VIRGIN RIVER 1:00 BRIDGE BASICS 4:00 SUPPER CLUB-CROSSROADS/MAGNOLIA
<b>-11-</b>	<b>-12-</b>	<b>-13-</b>	<b>-14-</b>	<b>-15-</b>
10-11:00 Wii BOWLING 11:30 LUNCH 12:30-1:00 SENIOR DRUMMING WITH NESS	9:30 GERI-FIT 9-12 QUILTERS GUILD 10:30 CONNIE WITH AULTMAN WOW! 11:30 LUNCH 12:00 	8:30-10:30 LINE DANCING 10:00 FC CRAFT 11:30 LUNCH 10:45-11:15 BOOKMOBILE 12:15 VOLLEYBALL	9:30 GERI-FIT 11:30 LUNCH ST PADDYS PARTY 12:00 TRADITIONS HOSPICE TRIVIA 12:30 MOVIE "PS I LOVE YOU" 12:30 1-3:00 EUCHRE/BRIDGE	8-9:00 BREAKFAST 9:30 BINGOCIZE-LAST CLASS 11:30 LUNCH 12:30 TV CLUB: NEW SERIES-VIRGIN RIVER 1:00 BRIDGE BASICS 4:00 SUPPER CLUB-GRINDERS
<b>-18-</b>	<b>-19-</b>	<b>-20-</b>	<b>-21-</b>	<b>-22-</b>
10-11:00 Wii BOWLING 11:30 LUNCH 12:30-1:00 SENIOR DRUMMING WITH NESS	CENTER CLOSED IN HOUSE AS IT IS AN ELECTION SITE FOR THE PRIMARY ELECTION.  	8:30-10:30 LINE DANCING 11:30 LUNCH 10:45-11:15 BOOKMOBILE 12:15 VOLLEYBALL	9:30 GERI-FIT 11:30 LUNCH 12:00 FRIENDSHIP CENTER BINGO 12:30 MOVIE-OFFICER AND A GENTLEMAN 1-3:00 EUCHRE/BRIDGE	8-9:00 BREAKFAST 9:30 TAI CHI 11:30 LUNCH 12:30 TV CLUB: NEW SERIES-VIRGIN RIVER 1:00 BRIDGE BASICS 4:00 SUPPER CLUB WHITE BEAR
<b>-25-</b>	<b>-26-</b>	<b>-27-</b>	<b>-28-</b>	<b>--</b>
10-11:00 Wii BOWLING 11:30 LUNCH 12:30-1:00 SENIOR DRUMMING WITH NESS	9:30 GERI-FIT 11:30 LUNCH	8:30-10:30 LINE DANCING 11:30 LUNCH 10:45-11:15 BOOKMOBILE 11:30 WILD WEDNESDAY W/ GWEN	9:30 GERI-FIT 11:30 LUNCH 12:00 CROSSROADS BINGO 12:30 MOVIE WHAT HAPPENS LATER-NEW RELEASE! 1-3:00 EUCHRE/BRIDGE	8-9:00 BREAKFAST 9:30 TAI CHI 11:30 LUNCH 12:30 TV CLUB: NEW SERIES-VIRGIN RIVER 1:00 BRIDGE BASICS 4:00 SUPPER CLUB THE NORMANDY