



## CARROLL GOLDEN AGE RETREAT

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# JANUARY 2024



### FROM THE DESK OF THE SUPERINTENDENT

Hello to all our family and friends! The past month has just been awesome seeing all the love and special gifts our residents have received. We've had gifts, candy, cookies, Christmas cards and so much more. To the CHS Caroling students, 4-H clubs, girls scouts, boy scouts, churches, Jewett Jingers, Carrollton FFA, and numerous independent individuals who have done something to brighten this holiday season for our residents- thank you! I truly appreciate you taking the time and putting in the effort. As we all know, the holidays are busy for every single one of us. We really do live in a loving, caring and kind community that I couldn't be any more thankful for.

Just a reminder, please refrain from sending or bringing in fresh pine, air freshener sprays or plug ins, or any heavily scented items. We do have individuals with allergies.

May you all have a blessed and safe New Year's Holiday.

Jessica Dawn Faulk, LPN, Superintendent



### QUOTE OF THE MONTH

*"January brings the snow, makes our feet and fingers glow."*

~ Sara Coleridge, "The Garden Year"

### BIRTHDAYS

#### RESIDENTS

ANGIE TIZIANI 1/14  
IRENE MORGAN 1/20  
FANNIE MAST 1/23  
TERRY SHORB 1/28



#### EMPLOYEES

TWYLA LESTER 1/08  
AMANDA HANEY 1/31

## NEW YEAR'S SUPERSTITIONS



- Don't sweep the floor during the first day of the new year. You may sweep out the good fortune.
- If the first animal to cry is that of a rooster, the harvest will be poor.
- The first visitor on New Year's Day brings either good or bad luck to the household. Many people invite a respected person to be the first visitor.
- What happens on the first day of the new year will happen the rest of the year, too.
- Peruvians wear yellow underwear for good luck.
- Italians wear red underwear for good luck.
- People in Naples, Italy throw pots and pans and sometimes furniture out their windows into the streets for good luck.
- Puerto Rican children throw pails of water out windows to rid their house of evil spirits.
- The Swiss let a drop of cream hit the floor on New Year's Day for good luck.



## GOLDEN NUGGETS

HAPPY NEW YEAR! We hope everyone had a safe and blessed holiday season! December is always a wonderfully busy month here at CGAR. We kicked off the holiday season December 1<sup>st</sup> with everyone pitching in and decorating for Christmas. Every Wednesday evening, we loaded up "The Party Bus" and headed out for Christmas light tours. A big thank you to Emilie, George and Rick for making this happen. On the 7<sup>th</sup> we had Chris and Scott Miller in to play some of our favorite songs. On the 14<sup>th</sup>, we had "The Revived Carolers" in for an evening of Christmas carols. On the 15<sup>th</sup> we had Mrs. Mach and kids from CMS/CHS in to sing Christmas carols in the morning. They always do a wonderful job. In the afternoon of the 15<sup>th</sup>, we had Nurse Kari and her girl scout troop in so sing carols and pass out homemade cards. On the 18<sup>th</sup> we had Santa and Jingles the Elf in to spread some holiday cheer, pass out treats, and make sure we were all on the nice list. On the 21<sup>st</sup>, Kasey and Dawn gathered the ladies together and had a Christmas nail painting party. The ladies really enjoyed chatting together and getting pampered. On the 22<sup>nd</sup>, Tammy Newbold from the VFW stopped by to present our veterans with homemade cards and ornaments made by the kids. We also had our resident Christmas party in the afternoon with entertainment from the Jewett Jingers! It was a great afternoon of goodies, gifts and togetherness. That evening "Revived" was in for a Christmas concert. On the 29<sup>th</sup> we celebrated our December birthdays with a New Year's Eve themed party. I would like to thank everyone who donated gifts and time to make our residents holidays special. We are always looking for groups/individuals to come in to spend time with us. Feel free to contact Kasey if interested.

*Happy  
New Year*

