

## Carroll County Council for Aging, Inc Menu Ingredient List

Updated 10/01/2023

Subcategory	ltem	
Meats		
		Beef, water, seasoning [salt, maltodextrin, sodium phosphate, garlic, spices, disodium inosinate and disodium guanylate, papain]. COMMON ALLERGENS PRESENT: None. Prior to consuming the product, individuals with severe food allergies should confirm the ingredients. Peppers and Onions. See Brown Gravy Mix
	Pepper Steak	
		Pattie Ingredients: Pork, Water, Textured Soy Protein [Soy Protein Concentrate, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate (B1), Pyridoxine hydrochloride (B6), Riboflavin (B2), Cyanocobalamin (B12)], Soy Protein Concentrate, Sugar, Tomato Powder, Salt, Spices (Including Celery) Dextrose, Paprika, Brown Sugar, Citric Acid, Natural Smoke Flavor, Sodium Acetate and Sodium Diacetate, Natural Spice Extractives of Paprika, Guar Gum, Onion and Garlic Powder. Sweet Baby Rays BBQ Sauce
	BBQ Riblet	
		Boneless, skinless chicken breast filets with rib meat CONTAINING: Up to 15% of a solution of water, salt and sodium phosphates. Monterey cheese, Peppers and Onions, Mushrooms, Mrs. Dash for seasoning
	Monterey Chicken	
		EGG PATTY: WHOLE EGGS, WATER, SOYBEAN OIL, MODIFIED FOOD STARCH, SALT, WHEY SOLIDS, NONFAT DRIED MILK AND CITRIC ACID. FILLING: PASTEURIZED PROCESS COLBY CHEESE (COLBY CHEESE (MILK, CHEESE CULTURE, SALT, ENZYMES), WATER, CREAM, SODIUM PHOSPHATE, SORBIC ACID (PRESERVATIVE), COLOR ADDED (PAPRIKA AND ANNATTO)). COMMON ALLERGENS PRESENT: Egg, Milk.
	Cheese Omelet	
	Hamburg Gravy	Beef, Water, Textured Soy Flour, Salt, Spices, Granulated Onion, Granulated Garlic, Caramel Color. COMMON ALLERGENS PRESENT: Soy. Biscuit Gravy Mix-See below
		pork, water, dextrose, salt, flavorings, (spice and spice extractives) citric acid, propyl gallate. COMMON ALLERGENS PRESENT: None.
	Sausage Links & Patties	
		Beef, water, bread crumbs [enriched bleached wheat flour, (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), durum flour, leavening (sodium bicarbonate, sodium acid pyrophosphate), yeast], seasoning [salt, dextrose, hydrolyzed soy protein, sugar, autolyzed yeast extract, beef tallow, tomato powder, hydrolyzed soy corn wheat gluten protein, modified food starch, spices, citric acid, onion powder, dehydrated beef extract, maltodextrin, corn syrup solids, disodium inosinate, disodium guanylate, thiamine hydrochloride, spice extractives, vinegar solids]. COMMON ALLERGENS PRESENT American Cheese on Top
	Meats	Pepper Steak  BBQ Riblet  Monterey Chicken  Cheese Omelet  Hamburg Gravy  Sausage Links

Lasagna Italian 0		Ricotta Cheese (Pasteurized Whey, Pasteurized Milk, Vinegar and Carrageenan), Semolina Flour, Water, Heavy Whipping Cream (Cream, Carrageenan), Contains Less than 2% of: Parmesan Cheese (Pasteurized Part-Skim Milk, Cheese Cultures, Salt, Enzymes), Unsalted Butter (Pasteurized Cream, Natural Flavorings), Eggs, Romano Cheese (Pasteurized Cow's Milk, Cheese Cultures, Salt, Enzymes), Dehydrated Garlic, Dehydrated Onion, Spice, Citric Acid, Modified Food Starch, Salt. COMMON ALLERGENS PRESENT: Milk, Wheat. mozzarella Cheese, Marinara Sauces-see below  Boneless, skinless chicken breast filets with rib meat, water, seasoning [salt, corn syrup solids, Romano cheese (pasteurized milk, cheese cultures, salt, enzymes), dried garlic, spices, dried tomato, dried onion, autolyzed yeast extract, dried parsley, lemon juice, gum Arabic, paprika extract (color), natural flavor, grill flavor (from sunflower oil)], modified food starch, sodium phosphates, soy protein concentrate. COMMON ALLERGENS PRESENT: MILK, SOY
Shephe		Beef, Water, Textured Soy Flour, Salt, Spices, Granulated Onion, Granulated Garlic, Caramel Color. COMMON ALLERGENS PRESENT: Soy. Onions, Celery, Peas,Carrots,Mashed Potatoes. Seasoning Mrs.
Swiss	Steak	Beef. COMMON ALLERGENS PRESENT: None,
	Alfredo	Boneless, skinless chicken breast filets with rib meat CONTAINING: Up to 15% of a solution of water, salt and sodium phosphates. COMMON ALLERGENS PRESENT: N/A.Noodles with Alfredo Sauce on top-See below
Baked	d Fish	Cod, Sodium Tripolyphosphate (to retain moisture). COMMON ALLERGENS PRESENT: FISH. Butter, Lemon pepper, parsley, and paprika.
Meat Sa Spag	`	Beef, Water, Textured Soy Flour, Salt, Spices, Granulated Onion, Granulated Garlic, Caramel Color. COMMON ALLERGENS PRESENT: Soy. Marinara Sauce-See Below
Scall Potatoes	loped s & Ham	WATER, POTATOES, WHOLE MILK POWDER, ONION, MARGARINE (SOYBEAN OIL, PALM OIL, WATER, SALT, CONTAINS 2% OR LESS OF: MONO- & DIGLYCERIDES, SOYBEAN LECITHIN [SOY], NATURAL FLAVOR, ANNATTO [COLOR], VITAMIN A PALMITATE ADDED), WHITE WINE, FOOD STARCH-MODIFIED, PARMESAN CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), SALT, DEHYDRATED ONION, MONO- & DIGLYCERIDES, GROUND WHITE PEPPER. COMMON ALLERGENS PRESENT: Milk, Soy. Meat-Ham
Egg S	Salad	HARD COOKED EGGS. CITRIC ACID, SODIUM BENZOATE, AND NISIN PREPARATION (AS PRESERVATIVES). COMMON ALLERGENS PRESENT: Egg. Miracle Whip, Honey Mustard, Pepper, and Paprika.
Chicken		CHICKEN THIGHS WITH BACKS, WATER, ISOLATED SOY PROTEIN WITH LESS THAN 2% LECITHIN, SALT, SODIUM PHOSPHATES. BREADED AND BATTERED WITH: ENRICHED BLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SALT, SPICES, WHEAT GLUTEN, MONOSODIUM GLUTAMATE, GARLIC POWDER, AND EXTRACTIVES OF PAPRIKA. BREADING SET IN VEGETABLE OIL. COMMON ALLERGENS: WHEAT, SOY.
	y Fried	Beef, water, textured vegetable protein product [soy flour, soy protein concentrate, zinc oxide, niacinamide, ferrous sulfate, copper gluconate, vitamin a palmitate, calcium pantothenate, thiamine mononitrate (b1), pyridoxine hydrochloride (b6), riboflavin (b2), cyanocobalamin (b12)], contains 2% or less of: salt, soy sauce powder [fermented soybeans and wheat, salt], sugar, maltodextrin, natural flavors, hydrolyzed vegetable protein [corn gluten, soy protein, wheat gluten], onions, sodium phosphate, spices, soybean oil, autolyzed yeast extract, safflower oil [added to reduce dusting], thiamine HCl, disodium inosinate and disodium guanylate, dextrose, extractive of paprika, nonfat dry milk, lactic acid. Breaded and battered with: enriched bleached wheat flour (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, contains 2% or less of: dextrose, yellow corn flour, modified corn starch, salt, natural flavorings, leavening (sodium acid pyrophosphate, sodium bicarbonate), soybean oil, potato flour, caramel color, extractives of paprika, soy flour, spices, kosher gelatin, methylcellulose, guar gum. Set in vegetable oil. Topped with Brown Gravy-See Below

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Sloppy Joe& Coney Sauce	Beef, Water, Textured Soy Flour, Salt, Spices, Granulated Onion, Granulated Garlic, Caramel Color. COMMON ALLERGENS PRESENT: Soy. Onion Ketchup , Brown Sugar , Onions
Ham Loaf	Fresh ham trimmings, smoked ham (ham cured with water, salt, sodium phosphate, sodium erythorbate, sodium nitrite), water, sugar, autolyzed yeast, sodium nitrite, natural flavorings, parasol (potassium lactate and sodium diacetate). COMMON ALLERGENS PRESENT: None
Turkey & Swiss Sandwich	Turkey Breast, Turkey Broth, Contains 2% or Less of the Following: Vinegar, Modified Food Starch, Dextrose, Salt, Sodium Phosphate, Turkey Fat, Natural Flavoring. COMMON ALLERGENS PRESENT: None Swiss. Cheese. Milk
Ham Tetrazzini	Ham, Spaghetti Noodles, Onions, Swedish Sauce, Mrs. Dash
Parmesan	Chicken Breast, Marinara Sauce , Spaghetti Noodles
Swedish Meatballs	BEEF, WATER, TEXTURED SOY FLOUR, SOY PROTEIN CONCENTRATE, CONTAINS LESS THAN 2% OF THE FOLLOWING: SALT, WHEAT FLOUR, DEHYDRATED ONION, FLAVORINGS, SODIUM PHOSPHATE, HYDROLYZED SOY PROTEIN, PAPRIKA, GARLIC POWDER, EXTRACTIVES OF PAPRIKA, NONFAT DRY MILK. COMMON ALLERGENS PRESENT: Soy, Wheat, Milk. Swedish Sauce
Barbeque Chicken	Chicken Breast, Sweet Baby Rays BBQ Sauce
Baked Chicken	Bone in Chicken, Italian Seasoning, Brown Sugar
Vegetable Lasagna	ENZYMES), MILK (VITAMIN D3 ADDED), BROCCOLI, RICOTTA CHEESE (PASTEURIZED WHEY, PASTEURIZED CREAM, VINEGAR, SALT), WHITE CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), ZUCCHINI, CAULIFLOWER, CARROTS, CORN, BREAD CRUMBS (WHEAT FLOUR, SUGAR, YEAST, SOYBEAN OIL, SALT), SPINACH, MARGARINE (SOYBEAN OIL, PALM OIL, WATER, SALT, CONTAINS 2% OR LESS OF: MONO- & DIGLYCERIDES, SOYBEAN LECITHIN [SOY], NATURAL FLAVOR, ANNATTO [COLOR], VITAMIN A PALMITATE ADDED), FOOD STARCH-MODIFIED, ONION, CHEDDAR CONCENTRATE (CHEESE [PASTEURIZED MILK, CULTURES, SALT, ENZYMES], WATER, SALT, XANTHAN GUM), SALT, PARMESAN CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), LACTIC ACID (FOOD STARCH-MODIFIED, LACTIC ACID), WHEAT FLOUR, SUGAR, ONION POWDER, GARLIC POWDER, SPICES. COMMON ALLERGENS PRESENT: Wheat, Soy, Milk.
Chicken & Noodles	IQF Shredded Chicken, Chicken Broth, Egg Noodles. Pepper . Onions,
Meat Lasagna	TOMATO PUREE (WATER, TOMATO PASTE), COOKED ENRICHED LASAGNA PASTA (WATER, SEMOLINA [MILLED WHEAT, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], EGG WHITES), COOKED BEEF, RICOTTA CHEESE (PASTEURIZED WHEY, PASTEURIZED CREAM, VINEGAR, SALT), MOZZARELLA CHEESE (PASTEURIZED PART-SKIM MILK, CHEESE CULTURE, SALT, ENZYMES), WATER, TOMATOES (TOMATOES, TOMATO JUICE, CALCIUM CHLORIDE, CITRIC ACID), PARMESAN CHEESE (PASTEURIZED PART-SKIM MILK, CHEESE CULTURES, SALT, ENZYMES), SUGAR, CELERY, SALT, CARROTS, BREAD CRUMBS (BLEACHED WHEAT FLOUR, DEXTROSE, SALT, YEAST), FOOD STARCH-MODIFIED, FLAVORING, DEHYDRATED GARLIC, SEASONING BLEND (SPICES, DEXTROSE), DEXTROSE, ASCORBIC ACID. COMMON ALLERGENS PRESENT: Milk, Egg, Wheat.
Pizza Casserole	Penne Pasta, Marinara Sauce, Beef Crumbles, Sausage Crumbles, Pepperoni , Onion, Mozzarella cheese
Cream Chicken Sand	IQF Chicken, Cream of Chicken Soup (CHICKEN STOCK, MODIFIED FOOD STARCH, CONTAINS LESS THAN 2% OF: CHICKEN FAT, CHICKEN MEAT, CREAM (MILK), WHEAT FLOUR, SALT, VEGETABLE OIL, DEHYDRATED WHEY, WATER, WHEY PROTEIN CONCENTRATE, YEAST EXTRACT, FLAVORING, BETA CAROTENE, SOY PROTEIN ISOLATE, SODIUM PHOSPHATE, CELERY EXTRACT, DEHYDRATED CHICKEN, ONION EXTRACT. COMMON ALLERGENS PRESENT: Milk, Wheat, Soy.)

Cream Chicken	
Gravy / Ala King	Shredded IQF Chicken, Chicken Gravy Mix, Pepper/ Mixed Vegetables added to Ala King
Hamburg Gravy	Beef Crumbles, Biscuit Gravy Mix
Chicken Cordon Blu	Boneless, skinless, breast of chicken with rib meat (containing up to 8% of a solution of water, seasoning (sugar, salt, dehydrated chicken broth, dehydrated garlic, dehydrated onion), seasoning (modified potato starch, flavoring), vinegar with natural flavor, sodium phosphates), Filling (pasteurized-process Swiss & American cheese [Swiss cheese (cultured milk, salt, enzymes), cream, sodium phosphates], cooked ham water added(pork, water, salt, dextrose, sodium lactate, sodium phosphates, sodium erythorbate, sodium diacetate, sodium nitrite)), Breading (bleached wheat flour, whey, yellow corn flour, dextrose, salt, blend of Romano and Parmesan cheese (pasteurized cows milk, cheese cultures, salt, sodium silicoaluminate, sorbic acid, enzymes), yeast, spices, soybean oil, oleoresin paprika, annatto extract, sodium silicoaluminate, garlic powder, onion powder, natural flavor), Batter (water, enriched bleached wheat flour [wheat flour, niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid), modified food starch, yellow corn flour, salt, leavening [sodium acid pyrophosphate, sodium bicarbonate]). Prebrowned in vegetable oil. COMMON ALLERGENS PRESENT: Milk, Wheat, Soy.
Stuffed Peppers	GREEN BELL PEPPERS, COOKED BEEF, COOKED RICE, ONION, WATER, EGG, BREAD CRUMBS (WHEAT FLOUR, SUGAR, YEAST, SOYBEAN OIL, SALT), TEXTURED VEGETABLE PROTEIN (SOY PROTEIN CONCENTRATE, CARAMEL COLOR), CELERY, NONFAT DRY MILK, SALT, ISOLATED SOY PROTEIN, BLACK PEPPER, DRIED BEEF STOCK, CARAMEL COLOR. COMMON ALLERGENS PRESENT: Wheat, Milk, Egg, Soy. Tomato Soup
Meat Loaf	Ground Beef, Onion, Parsley, Mrs. Dash, Eggs, Beef Base, Bread Crumbs , and Milk
Teriyaki Chicken	Chicken Breast, WATER, SOY SAUCE (WATER, WHEAT, SOYBEAN, SALT, SODIUM BENZOATE [A PRESERVATIVE]), SUGAR, PINEAPPLE JUICE CONCENTRATE, RICE VINEGAR, BROWN SUGAR, FOOD STARCH-MODIFIED, CONTAINS LESS THAN 2% OF ONION JUICE, DISTILLED VINEGAR, ONION*, GARLIC*, SALT, SESAME SEED, AUTOLYZED YEAST EXTRACT, GREEN ONION*, RED BELL PEPPER*, SODIUM BENZOATE (A PRESERVATIVE), NATURAL FLAVOR, SPICE. *DEHYDRATED. COMMON ALLERGENS PRESENT: Soy, Wheat.
Chicken Salad	IQF Chicken. Mayonnaise, Honey Mustard, Onions, Celery, Mrs. Dash
Stuffed Shells/ Manicotti	Water, Semolina (Durum Semolina, Ferrous Sulfate, Niacin, Thiamin Mononitrate, Riboflavin, Folic Acid), Ricotta Cheese (Whey, Milk, Vinegar, Carrageenan [stabilizer]), Wheat Flour (Enriched Wheat Flour [Contains Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid], Sugar, Soybean Oil, Yeast), Modified Food Starch, Parmesan Cheese (Pasteurized Part Skim Milk, Cheese Cultures, Salt, Enzymes, Powdered Cellulose [anti-caking agent]), Salt, Black Pepper, Parsley. COMMON ALLERGENS PRESENT: Wheat, Milk, Marinara Sauce
Beef Hoagie	Beef, Water, Soy Protein Concentrate, Seasoning (Sugar, Salt, Monosodium Glutamate, Spices, Paprika, Turmeric), Dextrose, Potassium Phosphate. COMMON ALLERGENS PRESENT: Soy. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product. Nutrition and Ingredient statement updated October 2019. This ingredient and nutrition information was provided by the third-party product manufacturer and/or supplier and was not in any way created or verified by GFS. The information is being passed on as a courtesy and for informational purposes only. GFS in no way guarantees the accuracy or completeness of this information and NO WARRANTIES ARE MADE OR IMPLIED; ALL IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE ARE EXPRESSLY EXCLUDED. Click here for K12 spec sheet:

Chicken Alfredo	Boneless, skinless chicken breast filets with rib meat CONTAINING: Up to 15% of a solution of water, salt and sodium phosphates. COMMON ALLERGENS PRESENT: None. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product. Nutrition and Ingredient statement updated April 2020. This ingredient and nutrition information was provided by the third-party product manufacturer and/or supplier and was not in any way created or verified by GFS. The information is being passed on as a courtesy and for informational purposes only. GFS in no way guarantees the accuracy or completeness of this information and NO WARRANTIES ARE MADE OR IMPLIED; ALL IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE ARE EXPRESSLY EXCLUDED.
Rigatoni/ Johnny Marzetti	Rigatoni , Beef Crumbles , Onion, Marinara Sauce
Steak Fajita	Beef, Water, Seasoning [Salt, Maltodextrin, Sodium Phosphates, Garlic, Spices, Disodium Inosinate and Disodium Guanylate, Papain], Vegetable Protein Product [Soy Protein Concentrate, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate (B1), Pyridoxine Hydrochloride (B6), Riboflavin (B2), Cyanocobalamin (B12)], Contains 2% Or Less Of: Soybean Oil, Dextrose, Sodium Phosphate, Black Pepper, Yeast Extract, Natural Flavor. COMMON ALLERGENS PRESENT: Soy. Cheese, Lettuce, & Tomato
hicken Fajita& Tac	Boneless skinless chicken breast meat with rib meat and water, Contains 2% or less of: Salt, Garlic Powder, Sodium Phosphate, Dextrose, Yeast Extract, Onion Powder, Corn Syrup Solids, Gum Arabic, Carrageenan, Grill Flavor (from sunflower oil), Lime Juice solids, Flavors (Including extractives of celery seed), Smoke flavor.
Roast Pork	Pork Loin with Mrs. Dash Seasoning
Rigatoni or Cheese	Wheat Flour (Durum Whole Wheat Flour, Enriched Durum Flour [Enriched with Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid]), Water, Liquid Pasteurized Whole Eggs, Part Skim Ricotta Cheese (Whey, Milk, Vinegar, Carrageenan as a stabilizer), Shredded Mozzarella Cheese (Pasteurized Whole Milk, Cheese Cultures, Salt, Enzymes, Rice Flour, Powdered Cellulose to prevent caking), Enriched Bread Crumbs (Enriched Bleached Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Dextrose, Salt, Yeast), Dried Whole Eggs, Grated Romano Cheese (Pasteurized Cows Milk, Cheese Cultures, Salt, Enzymes, Powdered Cellulose to prevent caking), Salt, Parsley Flakes, Granulated Garlic, Black Pepper, Nutmeg. COMMON ALLERGENS PRESENT: Wheat, Milk, Eggs.
Chicken &	
Dumplings	Shredded chicken Breast, Chicken Gravy Spaetzle Dumplings
Hot Dog	Beef and pork, water, salt, less than 2% of the following: dextrose, flavoring, potassium lactate, sodium diacetate, sodium erythorbate, sodium nitrite, oleoresin of paprika. COMMON ALLERGENS PRESENT: None
Honey Mustard Chicken	Chicken Breast , Honey Mustard Dressing
Hot Turkey Sandwich	TURKEY BREAST, TURKEY BROTH AND 2% OR LESS OF THE FOLLOWING: SALT, MODIFIED FOOD STARCH, DEXTROSE, POTASSIUM LACTATE, CARRAGEENAN, SODIUM PHOSPHATE, SODIUM DIACETATE, SODIUM ERYTHORBATE, NATURAL SMOKE FLAVOR, NATURAL FLAVORS, SODIUM NITRITE. COMMON ALLERGENS PRESENT: N/A.
Sweet & Sour Meatballs	BEEF, WATER, TEXTURED SOY FLOUR, SOY PROTEIN CONCENTRATE, CONTAINS LESS THAN 2% OF THE FOLLOWING: SALT, WHEAT FLOUR, DEHYDRATED ONION, FLAVORINGS, SODIUM PHOSPHATE, HYDROLYZED SOY PROTEIN, PAPRIKA, GARLIC POWDER, EXTRACTIVES OF PAPRIKA, NONFAT DRY MILK. COMMON ALLERGENS PRESENT: Soy, Wheat, Milk.

	Cabbage Rolls	CABBAGE LEAVES, WATER, COOKED BEEF, TOMATOES (TOMATOES, TOMATO JUICE, CITRIC ACID), COOKED RICE, TOMATO PASTE, ONION, EGG, BREAD CRUMBS (WHEAT FLOUR, SUGAR, YEAST, SOYBEAN OIL, SALT), GREEN BELL PEPPER, SALT, FOOD STARCH-MODIFIED, TEXTURED VEGETABLE PROTEIN (SOY PROTEIN CONCENTRATE, CARAMEL COLOR), CELERY, SUGAR, NONFAT DRY MILK, ISOLATED SOY PROTEIN, VINEGAR (DISTILLED WHITE VINEGAR, WATER), SPICES, DRIED BEEF STOCK, CARAMEL COLOR, DEHYDRATED GARLIC. COMMON ALLERGENS PRESENT: Egg, Wheat, Soy, Milk, Tomato Soup
	Tuna Noodle Casserole	Egg Noodles, Pepper, Cream Of Mushroom Soup, Tuna
	Baked Ham	Cured with water, dextrose, contains 2% or less of salt, sodium phosphates, potassium acetate, potassium lactate, sodium diacetate, sodium erythorbate, sodium nitrite. COMMON ALLERGENS PRESENT: NONE.
ŀ	Ham, Cabbage & Potatoes	Ham, Cabbage, Potatoes, Mrs. Dash, Onion, Chicken Broth
	Steak Hoagie	Beef, Water, Soy Protein Concentrate, Seasoning [Wheat Flour, Dehydrated Onion, Salt, Whey, Hydrolyzed Soy Protein, Hydrolyzed Corn Protein, Caramel Color, Dextrose, Sugar, Dehydrated Bell Peppers, Monosodium Glutamate, Spice, Natural Flavors], Potassium Phosphates, Salt, Caramel Color. COMMON ALLERGENS PRESENT: Wheat, Soy, Milk. Prior Peppers, Onions 7 Mozzarella Cheese
	Cream Chicken	IQF Chicken, Chicken Gravy Mix
	Meatball Sub	BEEF, WATER, TEXTURED SOY FLOUR, SOY PROTEIN CONCENTRATE, CONTAINS LESS THAN 2% OF THE FOLLOWING: SALT, WHEAT FLOUR, DEHYDRATED ONION, FLAVORINGS, SODIUM PHOSPHATE, HYDROLYZED SOY PROTEIN, PAPRIKA, GARLIC POWDER, EXTRACTIVES OF PAPRIKA, NONFAT DRY MILK. COMMON ALLERGENS PRESENT: Soy, Wheat, Milk. Marinara Sauce, Mozzarella Cheese.
	Sweet & Sour Chicken	Sweet & Sour Sauce Boneless skinless chicken breast meat with rib meat and water, Contains 2% or less of: Salt, Garlic Powder, Sodium Phosphate, Dextrose, Yeast Extract, Onion Powder, Corn Syrup Solids, Gum Arabic, Carrageenan, Grill Flavor (from sunflower oil), Lime Juice solids, Flavors (Including extractives of celery seed), Smoke flavor. COMMON ALLERGENS PRESENT: None
	Beef Stroganoff	Beef, Water, Textured Soy Flour, Salt, Spices, Granulated Onion, Granulated Garlic, Caramel Color. COMMON ALLERGENS PRESENT: Soy. Egg Noodles, Onion, Sour Cream, Brown Gravy . Mushrooms
	Western Egg Frittata	WHOLE EGGS, PASTEURIZED PROCESS CHEDDAR CHEESE (CHEDDAR CHEESE (MILK, CHEESE CULTURE, SALT, ENZYMES), WATER, MILKFAT, SODIUM PHOSPHATE, SODIUM HEXAMETAPHOSPHATE, SALT, ARTIFICIAL COLOR), WATER, HAM WITH NATURAL JUICES, SMOKE FLAVOR ADDED (HAM, WATER, SALT, DEXTROSE, SODIUM PHOSPHATES, SMOKE FLAVORING, SODIUM ERYTHORBATE, SODIUM NITRITE), ONIONS, GREEN PEPPERS, RED PEPPERS, SOYBEAN OIL, WHOLE MILK, MODIFIED CORN STARCH, SALT, XANTHAN GUM, CITRIC ACID. COMMON ALLERGENS PRESENT: Egg, Milk
	Chicken Lasagna	COOKED ENRICHED LASAGNA PASTA (WATER, SEMOLINA [MILLED WHEAT, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID]), WATER, RICOTTA CHEESE (PASTEURIZED WHEY, PASTEURIZED CREAM, VINEGAR, SALT), COOKED CHICKEN TENDERS, CREAM CHEESE (PASTEURIZED CULTURED MILK AND CREAM, SALT, STABILIZERS [GUAR GUM AND CAROB BEAN GUM]), PARMESAN CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES), MOZZARELLA CHEESE (PASTEURIZED PART-SKIM MILK, CHEESE CULTURE, SALT, ENZYMES), CREAM, SOYBEAN OIL, NONFAT DRY MILK, RED BELL PEPPER, SPINACH, FOOD STARCH-MODIFIED, CHICKEN FLAVOR BASE (CHICKEN FLAVOR [CHICKEN, FLAVORS], SALT, LACTOSE, FLAVORS, SUGAR, ONION POWDER, GARLIC POWDER, MONO- & DIGLYCERIDES, TURMERIC OLEORESIN), FOOD STARCH-MODIFIED (FOOD STARCH-MODIFIED, CORNSTARCH), SHERRY, SALT, SPICES, DEHYDRATED GARLIC, XANTHAN GUM, ONION POWDER. COMMON ALLERGENS PRESENT: Wheat, Milk

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Souper Chicken	Chicken Breast, Onion, Celery , Carrots, Cream of Chicken Soup, and Mrs. Dash
Bratwurst	Pork, Water and less than 2% of the following: Corn Syrup, Salt, Dextrose, Flavorings, BHA, Propyl Gallate, Citric Acid. COMMON ALLERGENS PRESENT: None.
Chicken Strips	Boneless chicken breast with rib meat, water, seasoning [salt, flavors, maltodextrin, sugar, vegetable stock (carrot, onion, celery), garlic powder], salt, sodium phosphates. BREADED WITH: Bleached wheat flour, water, wheat flour, salt, leavening (sodium acid pyrophosphate, sodium bicarbonate, monocalcium phosphate), wheat gluten, spices, disodium inosinate and disodium guanylate, dried onion, dried garlic, canola oil, modified palm oils, dextrose, dried yeast, and turmeric extract (color). Breading set in vegetable oil. COMMON ALLERGENS PRESENT: WHEAT.
Turkey Roll w/ Stuffing	Sliced Turkey, Bread Stuffing( Bread cubes, onion, celery, ground sage , whirl, chicken broth
Ham & Cheese Omelet	EGG PATTY (WHOLE EGGS, WHEY, DRIED CREAM CHEESE (CREAM CHEESE (PASTEURIZED MILK AND CREAM, CHEESE CULTURE, SALT, CAROB BEAN GUM), N ON-FAT DRIED MILK, SODIUM PHOSPHATE), CONTAINS 2% OR LESS OF THE FOLLOWING: SOYBEAN OIL, MODIFIED FOOD STARCH, SALT, XANTHAN GUM, CITRIC ACID, GUAR GUM, WHITE PEPPER, NATURAL BUTTER FLAVOR (SUNFLOWER OIL, NATURAL FLAVORS, MEDIUM CHAIN TRIGLYCERIDES)). FILLING (PASTEURIZED PROCESS CHEDDAR CHEESE (CHEDDAR CHEESE (MILK, CULTURE, SALT, ENZYMES), DRY CREAM (CREAM, SKIM MILK), WATER, SODIUM PHOSPHATES, SALT, LACTIC ACID, APOCAROTENAL (COLOR)), HAM (HAM, WATER, SALT, DEXTROSE, SODIUM PHOSPHATE, SODIUM ERYTHORBATE, SODIUM NITRITE)). COMMON ALLERGENS PRESENT: Egg, Milk.
DiRusso Sausage Patty	Pork, Water, Salt, Spices, Dextrose, Paprika, Natural flavors, Citric Acid, BHA, BHT
Sweet & Sour Pork	Pork, Water, Pineapple (Pineapple, Pineapple Juice, Citric Acid), Sugar, Tomatoes (Contains Tomato Juice, Calcium Chloride, Citric Acid), Brown Sugar, Food Starch - Modified, Onion, Vinegar, Tomato Paste, Green Peppers, Salt, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, and Folic Acid), Corn Oil, Natural Flavor, Soy Sauce [Water, Wheat, Soybeans, Salt, Sodium Benzoate(Preservative)], Onion Powder, Spice, Garlic Powder. COMMON ALLERGENS PRESENT: Wheat, Soy
Beef Ravioli	Marinara Sauce, Pasta Ingredients: Extra Fancy Durum Flour (Enriched With Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Liquid Pasteurized Whole Eggs. Filling: Cooked Beef (Beef, Salt), Water, Bread Crumbs (Wheat Flour, Sugar, Yeast, Salt), Spinach, Rehydrated Egg Whites (Water, Dried Egg Whites), Romano Cheese (Pasteurized Sheep's Milk, Cultures, Rennet, Salt), Beef Broth Flavor (Yeast Extract, Maltodextrin, Hydrolyzed Corn Protein, Beef Broth Powder, Salt, Torula Yeast, Natural Flavor), Chopped Garlic, Salt, Salami Seasoning (Salt, Fennel, Black Pepper, Garlic, Mustard, Rosemary), Black Pepper, Fennel. COMMON ALLERGENS PRESENT: Wheat, Milk, Egg.
Pork Cutlet	ingredients: bleached enriched wheat flour and enriched wheat flour (both enriched with wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, salt, modified corn starch, leavening (sodium bicarbonate, sodium aluminum phosphate), yellow corn flour, flavor, soybean oil, dried onion, soy flour, dried garlic,

Peperoni Cheese Hot Pocket	MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, MOZZARELLA CHEESE WITH SODIUM CITRATE (MOZZARELLA CHEESE [PASTEURIZED MILK, CULTURES, SALT, ENZYMES], NONFAT MILK, SODIUM CITRATE), PEPPERONI (PORK, BEEF, SALT, CONTAINS 2% OR LESS OF WATER, DEXTROSE, SPICES, LACTIC ACID STARTER CULTURE, OLEORESIN OF PAPRIKA, GARLIC POWDER, SODIUM NITRITE, BHA, BHT, CITRIC ACID [TO PROTECT FLAVOR]], TOMATO PASTE (TOMATOES, CITRIC ACID), 2% OR LESS OF PALM OIL, SUGAR, SOYBEAN OIL, FRACTIONATED PALM OIL, SEASONING (BREAD CRUMB [BLEACHED WHEAT FLOUR, DEXTROSE, YEAST, SALT], DEHYDRATED GARLIC, TOMATO POWDER, SPICE, SALT, DEXTROSE, DEHYDRATED ONION, CORN MALTODEXTRIN, CITRIC ACID, NATURAL FLAVOR), MODIFIED FOOD STARCH, SEASONING (MALTODEXTRIN, DEHYDRATED GARLIC, SPICES, POTASSIUM CHLORIDE, SALT, YEAST EXTRACT, SOYBEAN OIL, XANTHAN GUM, CITRIC ACID), SALT, YEAST, DOUGH CONDITIONER (CALCIUM SULFATE, SALT, L- CYSTEINE HYDROCHLORIDE, GARLIC POWDER, TRICALCIUM PHOSPHATE, ENZYMES),
Sub marine Sandwich	BOLOGNA: Pork, water, beef, contains 2% or less of vinegar, corn syrup, salt, dextrose, sodium phosphates, paprika, sodium erythorbate, flavorings, sodium nitrite. LUNCHEON LOAF: Pork, water, salt, contains 2% or less of: vinegar, sugar, flavoring, garlic powder, sodium erythorbate, spice, sodium nitrite. SALAMI: Beef, pork hearts, pork, water, corn syrup solids, contains 2% or less of; vinegar, salt, dextrose, flavoring, spice, sodium phosphates, garlic powder, sodium erythorbate, spice extractives, sodium nitrite. American Cheese, Lettuce, Tomatoes
Teriyaki Turkey Meatballs	TURKEY, MECHANICALLY SEPARATED TURKEY, WATER, TEXTURED SOY FLOUR, SEASONING [WHEAT FLOUR, SPICES, SALT, HYDROLYZED SOY PROTEIN, CONTAINS LESS THAN 2% OF PAPRIKA, ONION POWDER, GARLIC POWDER, NONFAT DRY MILK, PAPRIKA EXTRACT, AND CARAMEL COLOR], SOY PROTEINCONCENTRATE, CORN SYRUP SOLIDS, ROMANO CHEESE FROM COW'S MILK [CULTURED MILK, ENZYMES,SALT], DEHYDRATED ONIONS, ISOLATED SOY PRODUCT, AND SODIUM PHOSPHATE. COMMON ALLERGENS PRESENT: Milk, Wheat, Soy.
Salmon Croquettes	KETA SALMON, WATER, BLEACHED AND UNBLEACHED WHEAT FLOUR, POTATOES, VEGETABLE OIL (SOYBEAN AND/OR CANOLA), DRIED POTATOES, MAYONNAISE (SOYBEAN OIL, WATER, CORN SYRUP, EGG YOLKS, WHOLE EGG, DISTILLED VINEGAR, SALT, MUSTARD SEEDS, CALCIUM DISODIUM EDTA [added to protect flavor], LEMON JUICE CONCENTRATE), CORN STARCH, CELERY, CONTAINS 2% OR LESS OF: YELLOW CORN FLOUR, SALT, ONION, DRIED WHOLE EGGS, BUTTERMILK FLAVOR (WHEY, LACTIC ACID, CALCIUM LACTATE, CITRIC ACID, BUTTERMILK, SAFFLOWER OIL, MODIFIED CORN STARCH, NATURAL FLAVORS, CORN SYRUP SOLIDS, MALTODEXTRIN), MODIFIED CORN STARCH, SUGAR, YEAST, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), SODIUM TRIPOLYPHOSPHATES (TO RETAIN MOISTURE), GARLIC POWDER, MONOGLYCERIDES, WHITE PEPPER, LEMON JUICE, PARSLEY. COMMON ALLERGENS PRESENT: Egg, Fish, Milk, Wheat. P
Rueben Casserole	Brisket, Cured with water, salt, contains less than 2% of sodium lactate, sugar, flavorings, sodium phosphate, sodium diacetate, sodium erythorbate, sodium nitrite. COMMON ALLERGENS PRESENT: None Sauerkraut, Swiss Cheese, thousand Island Dressing, Rye Bread
Gyro	BEEF, LAMB, SOY PROTEIN CONCENTRATE, WATER, SEASONING (SALT, MONOSODIUM GLUTAMATE, GRANULATED GARLIC, SPICES, SOYBEAN OIL, LESS THAN 2% TRICALCIUM PHOSPHATE), ONION, WHOLE WHEAT LOUR, PSYLLIUM HUSK POWDER. COMMON ALLERGENS PRESENT: Wheat, Soy
Garlic Shrimp	Shrimp, Chopped Garlic. Whirl. Parsley, Old Bay Seasoning
Spanish Rice	Enriched Long Grain Parboiled Rice (Rice, Iron Phosphate, Niacin, Thiamine Mononitrate, Folic Acid), Spanish Seasoning [Dehydrated Vegetables (Tomato, Red & Green Bell Pepper, Onion, Garlic, Chili Pepper), Maltodextrin, Salt, Yeast Extract, Sugar, Spice, Paprika Extractive, Citric Acid, Disodium Inosinate & Disodium Guanylate, Soybean Oil, Contains 2% or Less Silicon Dioxide (Anticaking)]. COMMON ALLERGENS PRESENT: None. Beef Crumbles, Diced Onion,

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Beef Kielbasa	Beef, Water, Corn Syrup, Contains 2% Or Less Of Dextrose, Flavorings, Autolyzed Yeast, Monosodium Glutamate, Modified Food Starch, Potassium And Sodium Lactate, Salt, Sodium Diacetate, Sodium Nitrite, Sodium Phosphate, Vitamin C (Ascorbic Acid).
Turkey Sausage	Turkey, Dextrose, Salt, Potassium Chloride, Spices, Sugar, Dehydrated Onion, Ground Celery Seed. COMMON ALLERGENS PRESENT: None
Turkey Breast Cutlet	Turkey Breast Meat
Gallet	
	White Turkey, Contains less than 2% Rosemary Extract, Salt, Seasoning (Spices including Black Pepper, Dehydrated Garlic,
Turkey Burger	Onion Powder).
Sloppy Mushroom Burge	r Beef Crumbles, Diced Onion, Mushroom soup, Mrs. Dash
Garlic Parmesar	
Chicken	Chicken Breast with Garlic Parmesan Sauce
Balsamic Glazed	
Chicken	Chicken with Balsamic Glaze
Bacon & Egg Scramble	ROASTED RED POTATOES (POTATOES, SODIUM ACID PYROPHOSPHATE), PRECOOKED SCRAMBLED EGGS (WHOLE EGGS, NONFAT MILK, SOYBEAN OIL, MODIFIED FOOD STARCH, SALT, XANTHAN GUM, CITRIC ACID, BUTTER FLAVOR [MALTODEXTRIN, NATURAL BUTTER FLAVOR, ANNATTO AND TURMERIC {ADDED FOR COLOR}], PEPPER), WATER, CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES, ANNATTO [VEGETABLE COLOR]), PRECOOKED BACON (CURED WITH: WATER, SALT, SUGAR, SMOKE FLAVORING, SODIUM PHOSPHATES, SODIUM ERYTHORBATE, SODIUM NITRITE), CHEDDAR CLUB CHEESE (PASTEURIZED MILK, WATER, CONTAINS 2% OR LESS OF SALT, ANNATTO COLOR, CHEESE CULTURE, ENZYMES), HALF & HALF (MILK, CREAM), MARGARINE (SOYBEAN OIL, PALM OIL, WATER, SALT, CONTAINS 2% OR LESS OF: MONO- & DIGLYCERIDES, SOYBEAN LECITHIN [SOY], NATURAL FLAVOR, ANNATTO [COLOR], VITAMIN A PALMITATE ADDED), ONION, NONFAT DRY MILK, FOOD STARCH-MODIFIED, GREEN ONION, CHEESE POWDER (WHEY, REDUCED LACTOSE WHEY, CHEDDAR CHEESE [CULTURED MILK, SALT, ENZYMES], NATURAL FLAVORS, CREAM, MALTODEXTRIN, SALT, WHEY PROTEIN CONCENTRATE, SODIUM PHOSPHATE, BLUE CHEESE [CULTURED MILK, SALT, ENZYMES], CITRIC ACID, LACTIC ACID), RICE FLOUR, LACTIC ACID (FOOD STARCH-MODIFIED AND LACTIC ACID), GROUND WHITE PEPPER, MONO- & DIGLYCERIDES. COMMON ALLERGENS PRESENT: Egg, Milk, Soy.
Turkey Bacon	
Club Wrap	Sliced Turkey, Swiss Cheese. Bacon, Let., Tomato , Mayo ona a Wrap
Tater Tot Casserole	Beef Crumbles , Diced Onions, Cream Of Mushroom Soup, Cheddar Cheese Sauce, Tate tots
Cranberry Glaze Chicken	Boneless, skinless chicken breast filets with rib meat, water, seasoning [maltodextrin, salt, sugar, flavors, vegetable stock (carrot, onion, celery), carrot powder and garlic powder], modified food starch, sodium phosphates, soy protein concentrate, sea salt. COMMON ALLERGENS PRESENT:  Cranberries, High Fructose Corn Syrup, Filtered Water, Corn Syrup SOYBEAN OIL, HIGH FRUCTOSE CORN SYRUP, WATER, TOMATO PASTE, DISTILLED VINEGAR, CIDER VINEGAR, SALT, CONTAINS LESS THAN 2% OF XANTHAN GUM, ONION*, NATURAL FLAVOR (INCLUDES CELERY SEED). *DEHYDRATED
Bacon Egg & Cheese	Cured with: Water, Salt, Sugar, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite, WHOLE EGGS, WATER, VEGETABLE OIL (CANOLA AND/OR SOYBEAN OIL), MODIFIED FOOD STARCH, WHEY SOLIDS, SALT, NONFAT DRIED MILK, CITRIC ACID. COMMON ALLERGENS PRESENT: Egg, Milk, MILK, CREAM, WATER, SODIUM PHOSPHATE, SALT, CHEESE CULTURE, ENZYMES, LACTIC ACID, COLOR ADDED. COMMON ALLERGENS PRESENT: Milk.

Riboflavin, Folic Acid), Water, Liquid Pasteurized Whole Eggs. Filling: Bread Crumbs (Wheat Flour, Yeast, Sugar, Salt), Part Skim Ricotta Cheese (Whey, Milk, Vinegar, Carrageenan as a stabilizer), Water, Canola Oil, Romano Cheese (Pasteurized Cows Milk, Cheese Cultures, Salt, Enzymes, Powdered Cellulose to prevent caking), Salt, Spices. COMMON ALLERGENS PRESENT: Wheat, Milk, Egg. Chicken. Broccoli, Cheese Blend [Monterey Jack Cheese (Cultured Milk, Salt, Enzymes), Whey, Cheddar Cheese (Cultured
MACARONI PRODUCT (Semolina [Wheat], Niacin, Iron [Ferrous Sulfate], Thiamin Mononitrate, Riboflavin, Folic Acid),SOYBEAN OIL, SALT. Ground Beef, Bacon Crumbles, Tomato Soup, Cream Of Mushroom Soup
COD, BLEACHED AND UNBLEACHED WHEAT FLOUR, WATER, MODIFIED CORN STARCH, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CONTAINS 2% OR LESS OF: WHEAT GLUTEN, SALT, YELLOW CORN FLOUR, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), DEXTROSE, SUGAR, YEAST, GUAR GUM. COMMON ALLERGENS PRESENT: Fish (cod), Wheat
Chicken Breast, Bacon, BBQ Sauce, Cheddar Cheese
Water, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Potato Flakes (Potatoes, Mono And Diglycerides, Sodium Acid Pyrophosphate, Citric Acid [Preserves Color]), Soybean Oil, Dehydrated Cheddar Cheese (Cheddar Cheese [Pasteurized Milk, Cheese Cultures, Salt, Enzymes], Disodium Phosphate), Salt, Onion, Natural Flavor, Eggs, Yeast Extract, Whey, Spice, Annatto And Turmeric (Color).
CONTAINING UP TO 20% OF A SOLUTION OF: Water, Salt, Sodium Phosphate, Garlic Powder, Yeast Extract, Natural Flavors, Dried Vinegar. Coated With: Caramel Color PASTEURIZED MILK, CHEESE
(enriched with niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), durum flour, leavening, (sodium bicarbonate, sodium acid pyrophosphate), dried yeast, salt, dextrose, onion and garlic powder, natural flavorings (hydrolyzed corn protein and spice extractives), spice. Batter Ingredients: water, bleached wheat flour, modified corn starch, yellow corn flour, salt, palm oil, leavening (sodium acid pyrophosphate,
Turkey, Dextrose, Salt, Potassium Chloride, Spices, Sugar, Dehydrated Onion, Ground Celery Seed, Egg, Cheese, Country Gravy
r Less Of: Salt, Maltodextrin, Natural Extractives of Spice, Dextrose, Natural Flavors, Spice, Citric Acid. Musl
Cane Caramel Color), Sugar (Brown And Cane), Dehydrated Soy Sauce (Wheat, Soybeans, Salt), Maltodextrin, Salt, Spices, Garlic Powder, Citric Acid], Textured Vegetable Protein Product [Soy Protein Concentrate, Caramel Color, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine

Soups	Broccoli Soup	Broccoli, Biscuit Gravy Mix, Onions, Cheddar Cheese Sauce, Chicken Base, & Whirl.
	Chicken Tortellini Soup	Shredded IQF Chicken, Cheese Tortellini, Onions, Celery, Spinach, Chicken Broth, Mrs. Dash
	Bean Soup	Great northern white beans, water, salt, calcium chloride. COMMON ALLERGENS PRESENT: Nonmeat- Ham or Bacon. Onions, Celery, Carrots, Chicken Base, Mrs.Dash.
	Cream of Cauliflower Soup	Cauliflower, Onion, Celery. Carrots, Corn, Cheese Sauce, Chicken Broth, Biscuit Gravy Mix
	Potato Soup	Potatoes, Onion, Celery, Chicken Base, Biscuit Gravy Mix, Cheese Sauce, Bacon Bits
	Chicken Wild Rice Soup	Shredded IQF Chicken, White & Wild Rice, Onion, Celery, Carrots, Chicken Base, Chicken Broth
	Chicken Corn Chowder	IQF Shredded Chicken, Chicken Base, Onions, Celery, Carrots , Potatoes, Bacon Bits, Corn, Mrs. Dash, & Biscuit Gravy mix
	Chicken Sand. (Breaded)	Chicken Breast With Rib Meat, Water, Textured Vegetable Protein Product (Soy Protein Concentrate, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate [B1], Pyridoxine Hydrochloride [B6], Riboflavin [B2], And Cyanocobalamin [B12]), Soy Protein Concentrate, Contains 2% Or Less Of: Salt, Sodium Phosphate, Hydrolyzed Corn Protein, Autolyzed Yeast Extract, Dehydrated Onion, Spices, Natural Flavors, Spice Extractive. Breaded And Battered With: Whole Wheat Flour, Enriched Wheat Flour (Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Contains 2% Or Less Of: Salt, Modified Food Starch, Extractives Of Paprika And Annatto, Spices, Natural Flavors, Dextrose, Spice Extractive. Set In Vegetable Oil. COMMON ALLERGENS PRESENT: Soy, Wheat.
	Chili	Beef Crumbles, Chili Beans, Marinara Sauce, Diced Tomatoes, Onions, Peppers, Tomato Juice Chili Powder, Pepper
	Cheese Burger Soup	Beef Crumbles, Potatoes, Onion, Bacon Bits, Beef Broth, Cheese Sauce, Mrs. Dash
	Beef Barley Soup	WATER, COOKED BARLEY (BARLEY, WATER), ONIONS, COOKED BEEF, CELERY, Potatoes CARROTS, BEEF BASE (ROASTED BEEF INCLUDING BEEF JUICES, SALT, HYDROLYZED VEGETABLE PROTEIN [SOY, CORN], MALTODEXTRIN, YEAST EXTRACT, SUGAR, POTATO FLOUR, BEEF FLAVOR, NATURAL FLAVOR, CARAMEL COLOR), CONTAINS LESS THAN 2% OF SUGAR, MODIFIED CORN STARCH, SALT, GRANULATED ONION, GRANULATED GARLIC, SPICES, FLAVORING (MALTODEXTRIN [CORN], SALT, YEAST EXTRACT). COMMON ALLERGENS PRESENT: SOY.
	White Chili- Southwestern	Shredded Chicken, Onion, Green Pepper Chili Powder, Chicken Broth, Chili Beans, Diced Tomatoes, Biscuit Gravy Mix Prepared Red Beans, Water, Tomato Paste, Modified Corn Starch, Salt, Chili Pepper, Sugar, Paprika, Onion, Garlic, Calcium Chloride.

Vegetable Beef Soup	Beef , Onions , Celery, Potatoes, Carrots, Corn , Green Beans, Peas, Tomato Juice, Beef Broth, Mrs. Dash
Tuscan Sausage & Pot. Soup	Pork, water, textured vegetable protein (soy flour, salt), spices, salt, sugar, flavoring. COMMON ALLERGENS PRESENT: Soy. Potatoes, Spinach, Parmesan Cheese , Biscuit Gravy Mix
Tomato Tortellini Soup	Tomato Soup, Cheese Tortellini, Beef Broth, Spinach
Lasagna Soup	Beef Crumbles, Marinara Sauce, onions, Garlic, Parmesan Cheese, Durum Wheat Semolina, niacin, iron (ferrous sulfate), thiamin mononitrate, riboflavin, folic acid. COMMON ALLERGENS PRESENT: Wheat. MAY CONTAIN: Egg.
Mushroom Potato Chowder	WATER, VEGETABLE OIL (CORN, CANOLA, AND/OR SOYBEAN), MUSHROOMS, MODIFIED FOOD STARCH, WHEAT FLOUR, CONTAINS LESS THAN 2% OF: SALT, CREAM (MILK), SOY PROTEIN CONCENTRATE, YEAST EXTRACT, DEHYDRATED WHEY, DEHYDRATED GARLIC, FLAVORING. COMMON ALLERGENS PRESENT: Milk, Wheat, Soy.
Chicken Vegetable Soup	Shredded Chicken. Potatoes , Celery, Onion, Peas, Carrots, Corn, Green Beans, Lima Beans, Chicken Broth
Clam Chowder	WATER, DEHYDRATED POTATOES, CHOPPED CLAMS (CLAMS, CLAM JUICE, WATER, SODIUM TRIPOLYPHOSPHATE), MINCED POLLOCK, MODIFIED FOOD STARCH, CELERY, NONFAT DRY MILK, CONTAINS LESS THAN 2% OF SOYBEAN OIL, HEAVY CREAM, BUTTER (CREAM, SALT), SALT, WHEY POWDER (FROM MILK), ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CREAM FLAVOR (LACTOSE, WHEY PROTEIN CONCENTRATE [MILK], CREAM POWDER [CREAM, NON-FAT MILK, SOY LECITHIN], MODIFIED CORNSTARCH, MILK FAT, MANNITOL, XANTHAN GUM, ARTIFICIAL COLOR, SALT, NATURAL FLAVORING), FLAVOR ENHANCER (HYDROLYZED WHEAT PROTEIN, YEAST EXTRACT, SUNFLOWER OIL, NATURAL FLAVOR), DEHYDRATED ONION, EMULSIFIER (DISTILLED MONOGLYCERIDES, DISTILLED PROPYLENE GLYCOL MONOESTERS, CITRIC ACID, ASCORBIC ACID), POWDERED BUTTER BLEND (WHEY SOLIDS, ENZYME MODIFIED BUTTER, MALTODEXTRIN, SALT, DEHYDRATED BUTTER, GUAR GUM, ANNATTO AND TURMERIC [FOR COLOR]), WHITE PEPPER, DISODIUM INOSINATE AND DISODIUM GUANYLATE, PARSLEY, NATURAL AND ARTIFICIAL FLAVOR. COMMON ALLERGENS PRESENT: Fish, Shellfish, Milk, Soy, Wheat.
Wedding Soup	WATER, COOKED ENRICHED MACARONI PRODUCT (SEMOLINA [WHEAT], ENRICHED WITH NIACIN, IRON, [FERROUS SULFATE], THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), MEATBALLS (BEEF, WATER, TEXTURED SOY PROTEIN CONCENTRATE [SOY PROTEIN CONCENTRATE, CARAMEL COLOR], EGGS, CONTAINS LESS THAN 2% OF THE FOLLOWING: ROMANO CHEESE [PASTEURIZED SHEEP'S AND/OR COW'S MILK, RENNET, SALT, CHEESE CULTURES, ENZYMES], DEHYDRATED ONION, WHITE PEPPER, GARLIC POWDER, PARSLEY, SPICES, FLAVORINGS, CORN SYRUP SOLIDS, BREAD CRUMBS [WHEAT FLOUR, SOYBEAN OIL], SOY PROTEIN CONCENTRATE, TEXTURED SOY FLOUR, SALT, SODIUM PHOSPHATE), CELERY, ONIONS, KALE, CARROTS, CHICKEN BASE (COOKED CHICKEN, SALT, CHICKEN FAT, SUGAR, MALTODEXTRIN (FROM CORN), HYDROLYZED WHEAT GLUTEN, NATURAL FLAVORING, POTATO STARCH, YEAST EXTRACT), CONTAINS LESS THAN 2% OF CULTURED DEXTROSE, MODIFIED CORN STARCH, CHEESE BASE (PARMESAN AND ROMANO CHEESE [COW'S MILK, CULTURES, ENZYMES, SALT], WATER, WHEY, SALT, MODIFIED CORN STARCH, NATURAL FLAVOR, YEAST EXTRACT, CORN OIL, XANTHAN GUM, LACTIC ACID), SALT, GRANULATED GARLIC, SPICE. COMMON ALLERGENS PRESENT: Egg, Milk, Wheat, Soy.
Chicken Barley Soup	Shredded Chicken, onion, celery carrots, Chicken Base, Barley & Mrs. Dash

	Chicken Noodle Soup	Call in for information 330-627-7017
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Salads	Chef Salads Small & Large	Iceberg Lettuce. Cheese, Ham, Turkey, Tomato, Onion, Egg
Calada	Three Bean Salad	Cut Green Beans, Cut Wax Beans, Water, Dark Red Kidney Beans, Sugar, Vinegar, Diced Onions, Diced Red Bell Peppers, Soybean Oil, Salt, Natural Flavoring, Calcium Chloride, Disodium EDTA (To Preserve Color), Turmeric. COMMON ALLERGENS PRESENT: Soy
	Cole Slaw	Green cabbage, carrots. COMMON ALLERGENS PRESENT: None.
	Peas Salad	Peas, Marzetti Slaw Dressing, Cheddar Cheese, Onion, Bacon Bits
	Cole Slaw	Cabbage, Carrots, Marzetti Slaw Dressing
	Grilled Steak Salad	Beef, Water, Seasoning [Salt, Maltodextrin, Sodium Phosphates, Garlic, Spices, Disodium Inosinate and Disodium Guanylate, Papain], Vegetable Protein Product [Soy Protein Concentrate, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate (B1), Pyridoxine Hydrochloride (B6), Riboflavin (B2), Cyanocobalamin (B12)], Contains 2% Or Less Of: Soybean Oil, Dextrose, Sodium Phosphate, Black Pepper, Yeast Extract, Natural Flavor. COMMON ALLERGENS PRESENT: Soy. Salad Mix Cheddar Cheese, Onion, Tomatoes,
	Broccoli Salad	Broccoli, Marzetti Slaw Dressing, Cheddar Cheese, Onion, Bacon Bits
	Pistachio Dessert	Crushed Pineapple, Mini Marshmallows, Cool whip topping ,Sugar, Dextrose, Modified Food Starch, Almonds, Less than 2% of Disodium Phosphate, Tetrasodium Pyrophosphate, Pistachios, Calcium Sulfate, Xanthan Gum, Natural and Artificial Flavor, Nonfat Dry Milk, Mono and Diglycerides, Yellow 5, Blue 1. COMMON ALLERGENS PRESENT: Milk, Tree Nuts.
	Walking Taco/ Taco Salad	BEEF, WATER, TEXTURED VEGETABLE PROTEIN (soy protein concentrate, caramel color), CONTAINS LESS THAN 2% OF MODIFIED FOOD STARCH, CHILI PEPPER, SALT, SEASONING (potassium chloride, flavor [contains maltodextrin]), SOY LECITHIN, SUGAR, SPICES, SEASONING (hydrolyzed soy and corn protein, salt), DEHYDRATED GARLIC, CARAMEL COLOR, DISODIUM INOSINATE AND DISODIUM GUANYLATE, ONION POWDER, PAPRIKA EXTRACT, SODIUM PHOSPHATES. COMMON ALLERGENS PRESENT: Soy. Salad Mix, Cheddar Cheese, Onion, & Tomatoes.
	Grape Salad	Grapes, Sour Cream, Cream Cheese, Sugar, Vanilla , Marshmallow Cream
	Pasta Salad	COOKED PENNE PASTA (SEMOLINA [WHEAT], ENRICHED WITH NIACIN, FERROUS SULFATE, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SOYBEAN OIL, CONTAINS LESS THAN 2% OF SALT. COMMON ALLERGENS PRESENT: Wheat.

		Macaroni Salad Chicken Pasta Salad	COOKED ENRICHED MACARONI PRODUCT (SEMOLINA [WHEAT], ENRICHED WITH NIACIN, FERROUS SULFATE, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SOYBEAN OIL, WATER, SUGAR, CELERY, CONTAINS LESS THAN 2% OF EGGS, ONIONS, SALT, MUSTARD (DISTILLED VINEGAR, MUSTARD SEED, SALT, TURMERIC, SPICES), RED BELL PEPPERS, WHITE DISTILLED VINEGAR, EGG YOLKS (EGG YOLKS, SALT), POTASSIUM SORBATE (TO RETARD SPOILAGE), LEMON JUICE CONCENTRATE, PAPRIKA (COLOR). COMMON ALLERGENS PRESENT: Wheat, Egg.  Shredded Chicken, Pasta Noodles, Chicken Broth, Frozen Peas, Onions, Pepper, Garlic Powder, Mrs. Dash
		Potato Salad	Diced Potatoes, Celery, Onion, Miracle Whip, Honey Mustard Dressing. Celery Seed, Pepper. Paprika
		Chicken Cobb Salad	Lettuce. Shredded Chicken, Bacon, Cheese. Tomatoes, Roasted Corn & Black Beans
		Waldorf Salad	Diced Apples, Dried Cranberries, Walnuts, Sauce( Cream Cheese, Sour Cream, Sugar, Vanilla, & Marshmallow Cream)
		Perfection Salad	Shredded Cabbage & Carrots, Crushed Pineapple, Lime Jello Sugar, Dextrose, Gelatin, Fumaric Acid, Fumaric Acid, Sodium Phosphate, Sodium Citrate, Malic Acid, Citric Acid, Natural and Artificial Flavor, Ascorbic Acid (Vitamin C), Yellow 5, Yellow 5 Lake,
		Tuna Salad	Tuna, Miracle Whip. Celery , Onion, Boiled Egg, Mrs. Dash
		Carrot Salad	CARROTS, SUGAR, HIGH FRUCTOSE CORN SYRUP, SOYBEAN OIL, CRUSHED PINEAPPLE (PINEAPPLE, UNSWEETENED PINEAPPLE JUICE), WATER, RAISINS, CONTAINS LESS THAN 2% OF WHITE DISTILLED VINEGAR, EGG YOLKS (EGG YOLKS, SALT), SALT, XANTHAN GUM, DEXTROSE, NATURAL APPLE FLAVOR (NATURAL FLAVORS, WATER, PROPYLENE GLYCOL, ALCOHOL), POTASSIUM SORBATE (TO RETARD SPOILAGE), NATURAL FLAVOR, SPICES, ONION POWDER, GUAR GUM, SODIUM DIACETATE, TURMERIC (COLOR) AND ANNATTO (COLOR), CALCIUM DISODIUM EDTA. COMMON ALLERGENS PRESENT: Egg.
		Shrimp Salad	Shrimp, Celery, Onion, Mayonnaise, Honey Mustard Dressing, Old Bay Seasoning
		Antipasto Salad	Lettuce , Cheese, Pepperoni, Salami, Ham, Black Olives, Mild Pepper Rings, Tomato, Onion
		Cashew Chicken Salad	Call in for information 330-627-7017
		Chicken Cranberry Walnut Salad	Call in for information 330-627-7017
		Spinach Salad	Call in for information 330-627-7017
Sides	Fruit-Canned	Mandarin Oranges	Whole mandarin orange segments, water, sugar.
		Apricots	Apricots, water, sugar. COMMON ALLERGENS PRESENT: None.
		Applesauce	Apples, water. Ascorbic acid added to maintain color. COMMON ALLERGENS PRESENT: None.
		Tropical Fruit	PINEAPPLE, PINEAPPLE JUICE, RED PAPAYA, WATER, YELLOW PAPAYA, GUAVA, SUGAR, PASSION FRUIT JUICE, CITRIC ACID. COMMON ALLERGENS PRESENT: None.

	Peaches	Peaches, water, sugar. COMMON ALLERGENS PRESENT: None
	Baked Apples	Apples, water, sugar, cellulose gum, spices (cinnamon and nutmeg) and natural flavor. COMMON ALLERGENS PRESENT: None.
	Pears	Pears, Water, Sugar. COMMON ALLERGENS PRESENT: None.
	Pineapple	Pineapple, water, unsweetened pineapple juice. COMMON ALLERGENS PRESENT: None.
	Mixed Fruit	Diced Peaches, Water, Diced Pears, Grapes, Sugar. COMMON ALLERGENS PRESENT: None.
	Warm Cherries	Cherries, Water, Pear Juice From Concentrate. Sugar
Fruit-Fresh	Watermelon	Watermelon
	Banana	Banana
	Fresh Apple	Apple
	Fresh Orange	Orange
	Fresh Pears	Pear
	Grapes	Grape
\	Dungan	
Vegetables	Broccoli	Broccoli. COMMON ALLERGENS PRESENT: None. Prior to consuming the product,
	Lima Beans	Lima beans. COMMON ALLERGENS PRESENT
	French Fries	Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil, Hydrogenated Soybean and/or Cottonseed Oil), Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Wheat Flour, Salt, Cornstarch, Onion Powder, Modified Corn Starch, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Spice, Maltodextrin, Natural and Artificial Flavor (Contains Milk), Cultured Sour Cream (Milk, Cream, Non-Fat Dry Milk, Modified Corn Starch, Guar Gum, Locust Bean Gum, arrageenan), Sweet Buttermilk, Lactic Acid. COMMON ALLERGENS PRESENT: Milk, Wheat.
	Cascade Vegetables	Broccoli, Carrots, Green Beans, Yellow Carrots, Wax Beans and Red Peppers. COMMON ALLERGENS PRESENT: None.
	Carrots	Carrots, water, salt, calcium chloride. COMMON ALLERGENS PRESENT: NONE.

California Blend	Broccoli, Cauliflower, Carrots. COMMON ALLERGENS PRESENT: NONE.
Mashed Potatoes	POTATOES, CANOLA OIL, SALT, CONTAINS 2% OR LESS OF: ARTIFICIAL COLORS, MONO AND DIGLYCERIDES, NATURAL AND ARTIFICIAL FLAVORS (MILK), FRESHNESS PRESERVED WITH: SODIUM BISULFITE, SODIUM ACID PYROPHOSPHATE, CITRIC ACID, BHT.
Cauliflower	Cauliflower. COMMON ALLERGENS PRESENT: None.
Green Beans	Green beans, water, salt. COMMON ALLERGENS PRESENT: None.
Baked Beans	White Beans, Water, Sugar, Brown Sugar, Modified Food Starch, Salt, Bacon (Water, Salt, Sugar, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrate), Caramel Color, Liquid Smoke, Calcium Chloride, Natural Flavor. COMMON ALLERGENS PRESENT: None.
Corn	Corn, water, sugar, salt. COMMON ALLERGENS PRESENT: None
Peas	Peas, water, sugar, salt. COMMON ALLERGENS PRESENT: None.
Peas & Carrots	Green peas, water, carrots, sugar, salt. COMMON ALLERGENS PRESENT: None
Stewed Tomatoes	Tomatoes, tomato juice, sugar, salt, dried onion, dried celery, dried bell pepper, citric acid, calcium chloride, natural flavors. COMMON ALLERGENS PRESENT: None
Diced Red Potatoes	POTATOES, DEXTROSE, DISODIUM PYROPHOSPHATE (ADDED TO MAINTAIN COLOR), POTASSIUM SORBATE (ADDED TO MAINTAIN FRESHNESS). COMMON ALLERGENS PRESENT: None.
Spinach	Spinach. COMMON ALLERGENS PRESENT: None
Baked Potato	Idaho Potatoes. COMMON ALLERGENS PRESENT:
Creamed Peas	Peas, Water, Sugar Salt, Whirl, Pepper and Biscuit Gravy Mix
Winters Blend	Broccoli cuts and cauliflower clusters. COMMON ALLERGENS: None.
Beets	BEETS, WATER, HIGH FRUCTOSE CORN SYRUP, DISTILLED VINEGAR, SALT, NATURAL FLAVORINGS. COMMON ALLERGENS PRESENT: None.
Brussel Sprouts	Brussels sprouts. COMMON ALLERGENS PRESENT: None.
Baby Bakers	Potatoes, Olive Oil, contains less than 2 % of Garlic Powder, Maltodextina, Natural Flavor, Onion Powder, Salt, Spice, Sugar, Vinegar Powder(Maltedextrin, Vinegar)
Cheesy Potatoes	Shredded Potatoes, Onion, Cheddar Cheese , Sour Cream, Cream of Chicken Soup
Beets	BEETS, WATER, HIGH FRUCTOSE CORN SYRUP, DISTILLED VINEGAR, SALT, NATURAL FLAVORINGS. COMMON ALLERGENS PRESENT: None.
Refried Beans	Prepared Pinto Beans, Water, Lard, Salt. COMMON ALLERGENS PRESENT
Sidewinder Fries	Potatoes, vegetable oil(soybean, canola, cottonseed, and/or sunflower), food starch-modified, contains less than 2% of dextrose, leavening (sodium acid, pyrophosphate, sodium bicarbonate), rice flour, salt, xanthan gum, disodium dihydrogen pyrophosphate( to maintain natural color).
Potato Wedges	Potatoes, Vegetable Oil (Contains One or More of the Following: Canola, Palm, Soybean, Sunflower), Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose. COMMON ALLERGENS PRESENT: None.

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Ca	lico Beans	Baked bean, Northern Beans, Kidney Beans, Ketchup , brown Sugar, Onions, and Beef Crumbles
1	rn & Black ean Fiesta	Sweet corn, Black beans, Tomato, Onion, Green Bell Pepper, Contains less that 2% of brown sugar, Citric Acid, Dehydrated Vegetables(onions, bell pepper, garlic) Lime Juice Powder, Modified food starch, Maltodxtrin, Citric acid, Natural Flavor including grill and smoke, Olive oil, salt, spices, sugar, yeast extract
	Scalloped Potatoes	POTATO (DRY), SEASONING [MODIFIED FOOD STARCH, WHEY, LACTOSE, DRIED ONION, CORN SYRUP SOLIDS, SUNFLOWER OIL, SALT, POTASSIUM CHLORIDE, DRIED GARLIC, MALTODEXTRIN, CREAM CHEESE (PASTEURIZED CREAM, CHEESE CULTURE, SALT, CAROB BEAN GUM, GUAR GUM), NATURAL FLAVORS, DIPOTASSIUM PHOSPHATE, DRIED GREEN ONION, MONO AND DIGLYCERIDES, CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), YEAST EXTRACT, NONFAT MILK, SPICES, ANNATTO EXTRACT (COLOR), AND SOYBEAN OIL]. FRESHNESS PRESERVED WITH SODIUM BISULFITE. COMMON ALLERGENS PRESENT: Milk.
1	een Bean asserole	Green Beans, Mushroom Soup Mrs. Dash Dehydrated Onion rings ONIONS, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUNFLOWER, SAFFLOWER AND/OR CANOLA OIL, SALT. COMMON ALLERGENS PRESENT: Wheat
	veet Potato asserole	SWEET POTATOES, MARGARINE (SOYBEAN OIL, PALM OIL, WATER, SALT, CONTAINS 2% OR LESS OF: MONO- & DIGLYCERIDES, SOYBEAN LECITHIN [SOY], NATURAL FLAVOR, ANNATTO [COLOR], VITAMIN A PALMITATE ADDED), BROWN SUGAR, EGGS, CREAM, WHEAT FLOUR, BREAD CRUMBS (ENRICHED WHEAT FLOUR [NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], YEAST, SOYBEAN OIL, SALT, CORN SYRUP), FOOD STARCH-MODIFIED, WATER, SUGAR, PECANS, SALT, CINNAMON, WALNUTS, CARAMEL COLOR. COMMON ALLERGENS PRESENT: Milk, Eggs, Wheat, Tree Nuts, Soy
Sw	eet Potato Fries	Sweet Potatoes, Vegetable Oil (Contains One or More of the Following: High Oleic Canola, Canola, Sunflower), Modified Food Starch (Corn, Tapioca, Potato), Sugar, Rice Flour, Corn Starch, Dextrin, Spice, Salt, Oleoresin Paprika, Xanthan Gum, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate). COMMON ALLERGENS PRESENT: NONE.
Lo M	ein Noodles	Bleached Wheat Flour, Water, Wheat Gluten, Salt, Potassium Carbonate, Soybean Oil. COMMON ALLERGENS PRESENT: WHEAT
	ded Mashed Potatoes	Sour Cream, Bacon, Cheddar Cheese, Pepper, Butter, POTATOES, MALTODEXTRIN, SALT, PALM OIL, CONTAINS 2% OR LESS OF: CORN SYRUP SOLIDS, MONO AND DIGLYCERIDES, NATURAL FLAVOR (MILK), COLOR (TITANIUM DIOXIDE), SODIUM CASEINATE, SPICE, WHEY, DIPOTASSIUM PHOSPHATE, MODIFIED FOOD STARCH, NATURAL AND ARTIFICIAL FLAVOR, FRESHNESS PRESERVED WITH (SODIUM BISULFITE, BHT). COMMON ALLERGENS PRESENT: MILK.
Hus	shpuppies	Enriched Degermed Yellow Corn Meal (Yellow Corn Meal, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Diced Onions, Water, Vegetable Oil (Soybean And/or Canola), Sugar, Onions. Contains 2% or less of Baking Soda, Corn Syrup Solids, Dried Parsley, Monocalcium Phosphate, Salt, Sodium Acid Pyrophosphate, Soy Flour, Spice, Whey. COMMON ALLERGENS PRESENT: milk, wheat, soy
	alet Garlic egetables	Broccoli , Cauliflower, orange & yellow Carrots Butter, Roasted Garlic, Cracked Pepper
	ced Sweet otatoes	Sweet Potatoes, Canola Oil, Modified Food Starch (Corn, Tapioca, Potato), Corn Starch, Dextrin, Salt, Spices, Sugar, Garlic Powder, Onion Powder, Natural Flavor, Spice and Coloring, Leavening, Xanthan Gum, Disodium Dihydrogen Pyrophosphate (to promote color retention). COMMON ALLERGENS PRESENT: None.
	antucket egetables	Broccoli, Carrots, Yellow Carrots, Sugar Snap(TM) Peas, Red Peppers and Cranberries (cranberries, sugar and Sunflower Oil). COMMON ALLERGENS PRESENT: None.

European Vegetable blend	Broccoli, Cauliflower, Brussels Sprouts, Onions, Red Peppers. COMMON ALLERGENS PRESENT: None
Midori Vegetable	Green soy beans, pea pods, baby cob corn, red pepper, water chestnuts. COMMON ALLERGENS PRESENT: Soy
Sicilian Vegetables	Green Beans, Carrots, Cauliflower, Red Peppers, Yellow Peppers, Onions
Fried Potatoes	

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	Onion Petals	Onions, Enriched Bleached Wheat Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Oil (Soybean And/or Canola), Yellow Corn Flour, Bleached Wheat Flour. Contains 2% or less of Blue 1, Calcium Caseinate, Dextrose, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Mono- & Diglycerides, Natural Flavors, Oleoresin Paprika (color), Potato Starch, Red 40, Salt, Sodium Alginate, Spices, Sugar, Whey, Yellow 5. COMMON ALLERGENS PRESENT: MILK, WHEAT
Dairy	Sour Cream	Cultured Skim Milk, Cream, Whey, Modified Cornstarch, Sodium Phosphate, Guar Gum, Carrageenan, Sodium Citrate, Locust Bean Gum, Potassium Sorbate (to preserve freshness). COMMON ALLERGENS PRESENT: Milk.
	Cottage Cheese	Pasteurized Cultured Skim Milk, Milk, Cream, Salt, Whey, Guar Gum, Mono and Diglycerides, Carrageenan, Polysorbate 80, Xanthan Gum, Locust Bean Gum, Potassium Sorbate (to preserve freshness), Citric Acid and Enzymes. COMMON ALLERGENS PRESENT: Milk.
	Yogurt	STRAWBERRY: Cultured Grade A Non Fat Milk, Strawberries, Water, Modified Food Starch, Cane Sugar, Contains Less than 1% of Kosher Gelatin, Vegetable Juice (for Color), Natural and Artificial Flavors, Sucralose, Acesulfame Potassium, Malic Acid, Sodium Citrate, Vitamin A Palmitate, Vitamin D3, Active Yogurt Cultures L. Bulgaricus & S. Thermophilus. PEACH: Cultured Grade A Non Fat Milk, Water, Modified Food Starch, Peaches, Cane Sugar, Contains Less than 1% of Kosher Gelatin, Natural and Artificial Flavors, Sucralose, Annatto Extract (for Color), Malic Acid, Acesulfame Potassium, Vitamin A Palmitate, Vitamin D, Sodium Citrate. Active Yogurt Cultures L. Bulgaricus & S. Thermophilus. COMMON ALLERGENS PRESENT: Milk.
	American Cheese	American cheese (milk, cheese cultures, salt, enzymes, annatto vegetable color, if colored), water, cream, sodium citrate, color added, salt, sorbic acid added as a preservative, and soy lecithin (non sticking agent). COMMON ALLERGENS PRESENT: Milk, Soy.
	Swiss Cheese	SWISS CHEESE (CULTURED PASTEURIZED MILK, SALT, ENZYMES). COMMON ALLERGENS PRESENT: Milk.
	Cheddar Cheese Cubes	CHEDDAR CHEESE (CULTURED PASTEURIZED MILK, SALT, ENZYMES, COLOR ADDED), ANTICAKE (POWDERED CELLULOSE). COMMON ALLERGENS PRESENT: Milk.
	Mozzarella String Cheese	Pasteurized Part-Skim Milk, Cheese Culture, Salt, Enzymes. COMMON ALLERGENS PRESENT: Milk.
Breads/Grains	White Rice	Parboiled long grain rice enriched with iron (ferric phosphate), niacin, thiamine, mononitrate, & folic acid. COMMON ALLERGENS PRESENT: None.
	Crackers	Enriched flour (wheat flour, niacin, reduced iron, vitamin B1 [thiamin mononitrate], vitamin B2 [riboflavin], folic acid), soybean oil (with TBHQ for freshness), salt, corn syrup. Contains 2% or less of baking soda, yeast, soy lecithin. COMMON ALLERGENS PRESENT: Wheat, Soy.

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	Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Soybean Oil, Contains 2% or less of the following: Salt, Yeast, Monoglycerides,
Wheat Bread	Wheat Gluten, Calcium Propionate (Preservative), Ascorbic Acid.
iodt Brodd	MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, PALMOIL, BUTTERMILK, SUGAR, PALM
	KERNEL OIL, CALCIUM ACID PYROPHOSPHATE, NONFAT MILK, WHEY PROTEIN CONCENTRATE,
Biscuits	BAKING SODA, SALT, WHEY, SODIUM ALUMINUM PHOSPHATE, PECTIN, NATURAL AND ARTIFICIAL
	THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), NIACIN (VITAMIN B3), FOLIC
	ACID], WATER, HIGH FRUCTOSE CORN SYRUP, SOYBEAN OIL, WHEAT GLUTEN, SALT, YEAST,
	CALCIUM PROPIONATE (A PRESERVATIVE), VINEGAR, CORN FLOUR, MONOGLYCERIDES, CORN
Bread Stick	STARCH, LACTIC ACID, CITRIC ACID, CALCIUM SULFATE, SORBIC ACID, MONOCALCIUM PHOSPHATE, ACETIC ACID, ASCORBIC ACID. COMMON ALLERGENS PRESENT: Wheat.
Broad Click	THOUTHAL, NOCTO NOID, NOOCKERO NOID. COMMON ACCENCENCENT MICKE.
	Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic
	Acid), Whole Wheat Flour, Water, Sugar, Yeast, Contains 2% or less of the following: Wheat Gluten,
Dinner Roll	Soybean Oil, Salt, Monoglycerides, Ascorbic Acid, Sodium Stearoyl Lactylate, Calcium Propionate (Preservative). COMMON ALLERGENS PRESENT:
Diffile Roll	(LIESELVALIVE). CONTINUON ALLENGENO FILESENT.
	ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE,
	RIBOFLAVIN, FOLIC ACID), EGGS, WATER, SUGAR, SOYBEAN OIL, YELLOW CORN MEAL, HIGH
	FRUCTOSE CORN SYRUP, CONTAINS 2% OR LESS: SKIM MILK, MODIFIED CORN STARCH, BAKING
Corn Bread	POWDER (SODIUM ACID PYROPHOSPHATE, BAKING SODA, CORN STARCH, MONOCALCIUM
(muffin)	PHOSPHATE), SALT, MONO- AND DIGLYCERIDES, LACTOSE, MILK PROTEIN CONCENTRATE, XANTHAN GUM. COMMON ALLERGENS PRESENT: Egg, Milk, Wheat.
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	ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SOYBEAN OIL, PALM OIL, SALT, DEXTROSE,
	GARLIC POWDER, YEAST (ASCORBIC ACID, CELLULOSE GUM), DOUGH IMPROVER (ENRICHED
	WHEAT FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN,
	FOLIC ACID], ASCORBIC ACID, MALTED BARLEY FLOUR, ENZYMES), ONION POWDER, WHEAT
Garlic Bread	GLUTEN, BUTTER (CREAM, SALT), INACTIVE YEAST, SOY LECITHIN, NATURAL FLAVOR, ANNATTO, PARSLEY FLAKES. COMMON ALLERGENS PRESENT: Wheat, Soy, Milk
Carno Broad	TARGETT BIRES. COMMONTALEERCENCE TRESERVE. WHOLE, COY, WHILE
	Enriched Long Grain Parboiled Rice (Rice, Iron Phosphate, Niacin, Thiamine Mononitrate, Folic Acid),
	Enriched Toasted Orzo (Semolina Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin,
	Folic Acid), Pilaf Seasoning [Hydrolyzed Corn Protein, Dextrose, Salt, Malt Barley Extract, Maltodextrin,
	Sugar, Soybean Oil, Potassium Chloride, Inactive Yeast, Yeast Extract, Color (Caramel Color, Turmeric Extract), Spice, Natural Flavor, Worcestershire Sauce Blend (Worcestershire Sauce {Distilled Vinegar,
	Molasses, Corn Syrup, Salt, Caramel Color, Garlic Powder, Sugar, Spice, Tamarind, Natural Flavor,
<b>.</b>	Sulfiting Agents}, Maltodextrin), Onion Powder, Disodium Inosinate & Disodium Guanylate, Thiamine
Rice Pilaf	Hydrochloride, Contains Less Than 2% Silicon Dioxide (Anticaking)]. COMMON ALLERGENS
	Durum wheat semolina, niacin, iron (ferrous sulfate), thiamin mononitrate, riboflavin, folic acid. COMMON
Spaghetti	ALLERGENS PRESENT: Wheat.
	Durum wheat semolina, durum wheat flour, eggs, niacin, iron (ferrous sulfate), thiamin mononitrate,
Egg Noodles	riboflavin, folic acid. COMMON ALLERGENS PRESENT: Wheat, Egg

		ENRICHED UNBLEACHED FLOUR [WHEAT FLOUR, MALTED BARLEY FLOUR, REDUCED IRON, THIAMINE
		MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), NIACIN (VITAMIN B3), FOLIC ACID], WATER, SUGAR,
		YEAST, SOYBEAN OIL, SALT, WHEAT PROTEIN ISOLATE, MONOGLYCERIDES, CALCIUM PROPIONATE (A PRESERVATIVE), LACTIC ACID, NATURAL FLAVOR, CALCIUM SULFATE, CITRIC ACID, ASCORBIC ACID, SOY
	White Bread	LECITHIN. COMMON ALLERGENS PRESENT: Wheat, Soy
		Cabbage, Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic, Acid),
		Pork, Water, Enriched Durum Flour (Durum Flour, Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, Folic Acid), Onion, Textured Vegetable Protein (Soy Flour, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A
		Palmitate, Calcium Pantothenate, Thiamine Mononitrate, Pyrodixine Hydrochloride, Riboflavin, Cyanocobalamin),
		Carrot, Celery, Contains Less Than 2% Of: Flavor Enhancer (Yeast Extract, Natural Flavor), Salt, Spice, Sugar, Vital Wheat Gluten, Dried Whole Eggs, Cottonseed Oil. Refried In Vegetable Oil (Soybean And/or Cottonseed). COMMON
	Egg rolls	ALLERGENS PRESENT: Egg, Wheat, Soy.
		Whole Wheat Flour (51%), Enriched Wheat Flour [Flour, Niacin, Reduced Iron, Thiamine Mononitrate (Vitamin B1),
		Riboflavin (Vitamin B2), Folic Acid], Sugar, Water, Soy Lecithin, Soybean Oil, Natural Orange Flavor, Sodium
	Fortune cookie	Bicarbonate. COMMON ALLERGENS PRESENT: Wheat, Soy
	Rigatoni	Durum wheat semolina, niacin, iron (ferrous sulfate), thiamin mononitrate, riboflavin, folic acid. COMMON ALLERGENS PRESENT: Wheat.
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		Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Banana Puree, Sugar,
		Water, Soybean Oil, Eggs, Walnuts, Contains 2% or less of the Following: Nonfat Dry Milk, Modified Corn Starch, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate), Salt, High
	For the NAMES OF	Fructose Corn Syrup, Natural Flavor, Sodium Propionate and Potassium Sorbate (Preservatives), Xanthan Gum.
	Fruit Muffin	COMMON ALLERGENS PRESENT: Wheat, Egg, Milk, Tree Nuts.
		Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water,
		Margarine [Palm Oil, Water, Soybean Oil, Sugar, Soy Lecithin, Mono & Diglycerides, Potassium Sorbate and Citric Acid (Added as Preservatives), Natural and Artificial Flavors, Beta Carotene, Vitamin A Palmitatel, High Fructose Corn
		Syrup, Contains 2% or less of the following: Yeast, Salt, Whey, Calcium Propionate, Artificial Flavor, Calcium Sulfate,
	Croissant	Ascorbic Acid, Enzymes, Calcium Phosphate. COMMON ALLERGENS PRESENT: Wheat, Soy, Milk.
		Enriched Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Water, Palm Oil, Sugar,
		Salt, Sodium Bicarbonate, Sodium Aluminum Phosphate, Potassium Sorbate (a preservative), Fumaric Acid, Mono & Diglycerides, Calcium Propionate (a preservative), Enzyme, Dough Conditioner (Sodium Metabisulfite). COMMON
	Tortilla Shells	ALLERGENS PRESENT: Wheat.
		Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin,
		Folic Acid), Water, Wheat Gluten, Liquid Brown Sugar, Oat Fiber, Contains Less than 2% of the
		Following: Soy Flour, Soybean Oil, Prune Juice Concentrate, Sodium Acid Pyrophosphate,
		Sodium Bicarbonate, Fumaric Acid, Potassium Sorbate, and Sodium Propionate (Preservatives),
	Mran	Wheat Protein Isolate, Salt, Cellulose Gum, Yeast, Maltodextrin, Carrageenan, Guar Gum,
	Wrap	Xanthan Gum, Annatto Color.

		Enriched Long Grain Rice, Iron Phosphate, Thiamine Mononitrate, Folic Acid,Redbeans, Sugar, Seasoning Blend, Maltodextin, Hydrolyzed Soy Protein, Natural Flavors, Onion, Salt, Sugar, Potassium Chloride, Yeast Extract, Red Bell Pepper, Green Bell Pepper, Garlic, Hydrolyzed Corn Soy Wheat Gluten Protein, Parsley, Paprika, Torula Yeast, Canola
	Mexican Rice	Oil, Spices, Xanten Gum, Chili Pepper, Autolyzed yeast, Dextrin Dried
	Pancakes	WHOLE WHEAT FLOUR, WATER, WHEY, SUGAR, DEXTROSE, SOY FLOUR, EGGS. CONTAINS 2% OR LESS OF: SOYBEAN OIL AND/OR CANOLA OIL, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE, SODIUM ACID PYROPHOSPHATE, MONOCALCIUM PHOSPHATE), SALT, NATURAL & ARTIFICIAL FLAVORS, PALMITATE (VITAMIN A), NIACIN, VITAMIN B12, PYRIDOXINE (VITAMIN B6), RIBOFLAVIN, THIAMINE HYDROCHLORIDE, REDUCED IRON, FOLATE, SOY LECITHIN (AN EMULSIFIER). COMMON ALLERGENS PRESENT: Egg, Milk, Wheat, Soy.
	Tortilla Chips	Ground Whole Grain Corn, Vegetable Oil (Contains One or More of the Following: Corn, Sunflower, Safflower, or Canola Oil), and Salt.
	English Muffin	Unbleached Enriched Flour(Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid) Water, Yeast, Contains 2% or Less of each of the following: Sugar, Soybean Oil, Organic Cultured Wheat Flour, Salt, Organic Wheat Flour, Citric Acid, Vinegar, Organic Whole Grain Cornmeal, Enzymes, Ascorbic Acid, Organic Vinegar. COMMON ALLERGENS PRESENT: Wheat
		WHEAT FLOUR ENRICHED (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN AND FOLIC ACID), WATER, SOYBEAN OIL, YEAST, VITAL WHEAT GLUTEN, SUGAR, SALT, DOUGH CONDITIONER (MONO & DIGLYCERIDES, GUAR GUM, L-CYSTEINE (VEGETABLE SOURCE), ENZYMES), CALCIUM PROPIONATE AS A MOLD INHIBITOR, OAT FIBER. COMMON ALLERGENS PRESENT: Wheat, Soy.
	Parmesan Noodles	Egg Noodles with Parmesan Cheese, Parsley, Whirl
	Jello Cake	Sugar, Dextrose, Gelatin, Fumaric Acid, Sodium Phosphate, Sodium Citrate, Natural and Artificial Flavor, Malic Acid, Citric Acid, Ascorbic Acid (Vitamin C), Red 40, Red 40 Lake, Blue 1. COMMON ALLERGENS PRESENT: None
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Sauces		WHEY, SKIM MILK, VEGETABLE OIL (CONTAINS ONE OR MORE OF THE FOLLOWING: SUNFLOWER OIL, CANOLA OIL, SOYBEAN OIL), MODIFIED FOOD STARCH, SODIUM PHOSPHATE, CHEDDAR CHEESE (CULTURED MILK, SALT, ENZYMES, ANNATTO), SALT, DISTILLED VINEGAR, NATURAL FLAVORS, CONTAINS 0.5% OR LESS OF: DATEM, MONO- AND DIGLYCERIDES, YEAST EXTRACT, CELLULOSE GUM, TORULA YEAST EXTRACT, CORN SYRUP SOLIDS, EXTRACTIVES OF ANNATTO AND PAPRIKA. COMMON ALLERGENS PRESENT: MIIK.
	Southern Gravy Mix	RIBOFLAVIN, FOLIC ACID), MALTODEXTRIN, CANOLA OIL, MODIFIED CORNSTARCH, WHEY, CORN SYRUP SOLIDS, SALT, 2% OR LESS OF SODIUM CASEINATE (A MILK DERIVATIVE), SOYBEAN OIL, BLACK PEPPER, DIPOTASSIUM PHOSPHATE, VEGETABLE OIL (PARTIALLY HYDROGENATED COCONUT OR PALM KERNEL, HYDROGENATED SOYBEAN), XANTHAN GUM, BHT, CITRIC ACID, DEXTROSE, MONO- AND DIGLYCERIDES, TRICALCIUM PHOSPHATE, GARLIC POWDER, YEAST EXTRACT, COLOR ADDED, NATURAL AND ARTIFICIAL FLAVOR, SODIUM SILICOALUMINATE, SUGAR, BETA CAROTENE (COLOR), DATEM, ANNATTO (COLOR). COMMON ALLERGENS
		MALTODEXTRIN, CORNSTARCH, HYDROLYZED CORN AND WHEAT PROTEINS, MODIFIED CORNSTARCH, PALM OIL, CHICKEN FAT, SALT, 2% OR LESS OF SOYBEAN OIL, YEAST EXTRACT, COLOR ADDED, SUGAR, XANTHAN GUM, DISODIUM GUANYLATE, DISODIUM INOSINATE, ONION POWDER, NATURAL FLAVORS, PARSLEY, THIAMINE HYDROCHLORIDE, CARAMEL COLOR, TURMERIC. COMMON ALLERGENS PRESENT: Wheat.
	Alfredo Sauce	ENZYMES), MODIFIED CORNSTARCH, SOYBEAN OIL, 2% OR LESS OF PARMESAN CHEESE PASTE (GRANULAR AND PARMESAN CHEESE [PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES], WATER, SALT, LACTIC ACID, CITRIC ACID), BUTTER (CREAM, SALT), SEA SALT, WHEY PROTEIN CONCENTRATE, CREAM (CREAM, NONFAT MILK), DATEM, SPICE, SEASONING (CORNSTARCH, EXTRACTIVES OF TURMERIC AND ANNATTO, NATURAL FLAVOR). COMMON