



Senior Citizens Friendship Center

C A R R O L L C O U N T Y O H I O

MAY 2022

WELCOME!

P.O. BOX 14
100 KENSINGTON ROAD NE
CARROLLTON, OH 44615

CENTER INFORMATION

Hours

Monday-Friday
8:00 am-4:00 pm

Contact

Phone: 330-627-7017
Fax: 330-476-6402
Email: Friendship-center@carrollcountyohio.us

MONTHLY HIGHLIGHTS

05/05 Cinco De Mayo



05/08 Happy Mother's Day



05/17 Senior day Celebration



05/30 Memorial Day

MEMORIAL DAY

Center Monthly Update
Miles Traveled- 2,768
Meals Served- 6784



Facebook: <https://www.facebook.com/CarrolltonFriendshipCenter/>

INSIDE OUR CENTER

CCCOA Information & Contact



CENTER INFORMATION

STAFF

Tonya Myers, Director
Jenna Aukerman, Asst. Director
Laura Liber, Data Entry, I&R
Janice Nape, Head Cook
Leslie Edie, Asst. Cook
Deb Toussant, Kitchen
Jill Milburn, Kitchen
Annette Welch, Kitchen
Freda Luyster, HDM Driver
Patty Babe, HDM Driver
Cindy Grindstaff, HDM Driver
Robin Haun, Housekeeping
Robert Hull, HDM Driver
Carl Leonard, HDM Driver
Cassie Cogan, HDM Driver
Aneissa Randal, Activities Instructor
Heather Smalley, Wellness Worker
Tom Barnett, Sub
Lexus Grimes, Sub
Sue Miller, Sub
April Rogers, Sub

VOLUNTEERS

Kris Dewitt	Dean Rinehart
Greg & Amy Harkless	Chuck Lutton
Donna Wey	Denny Roudebush
Dave Myers	Tom Shafer

CONGREGATE MEALS

CURBSIDE PICK-UP: DAILY 10:30AM
IN-HOUSE DINING: DAILY 11:30 AM
**CALL TO MAKE YOUR
RESERVATION THE DAY
BEFORE .**

HOME-DELIVERED MEALS

The same meal served at the Center is also available for individuals or couples through our home-delivered meals program. Individuals must be 60 years of age or older, homebound, and a Carroll County resident. Frozen meals are also available for the weekend for those who want them. Regulations forbid leaving meals in a cooler, but they may be left in a refrigerator. Please communicate with your driver about the issue. Suggested donation is \$2.00 Payable to "Carroll County Council on Aging". Post-dated checks will not be accepted. This is also a great opportunity for a daily wellness check for a loved one!



LEGAL ASSISTANCE

Funds are provided to pay up to \$250 per person per year for a wide variety of legal services from participating Carroll County attorneys. There is an hourly fee cap for these services. This program is a first come first served basis until funds are exhausted. Please call the Friendship Center for information.

THANK YOU TO OUR PARTICIPATING ATTORNEYS:

Kelly Broadwater
Kathy Stoneman
Maureen Stoneman
Jennifer Thomas

INFORMATION & REFERRAL

This service provides specific information as to the particular agency to call regarding certain needs you may have. The Center will assist in making appointments and will follow up to ensure your needs have been met. 330-627-7017

SOCIAL ACTIVITIES

Our Centers are designed to promote socialization and stimulate mental, physical, and emotional health. With a wide array of options, every Senior should be able to find an activity to join in with! Call with any questions and we will introduce you to the activity to get you started.

- Come in and enjoy group setting activities again!

WELCOME AND WELLNESS

We offer a supportive social structure with wellness employee, Heather Smalley. We are available through the week to provide positive interactions to seniors in Carroll County. Through ongoing assessments and recurring home and telephone visitations, the program identifies clients' unmet needs and offers ongoing assistance in securing access to appropriate health and social resources. Call in for more information at (330)627-7017.

EVENTS

Upcoming COA Happenings

****NEW ACTIVITIES****

**Mother's Day
Celebration
May 6 at 10:00**



SENIOR FARMERS MARKET NUTRITION PRO- GRAM

SFMNP provides \$50 worth of vouchers for seniors over 60 July through October. Call the Friendship Center 330-627-7017 for more details and to get an applica-



**PLEASE SEE INSERT
FOR SENIOR DAY
CELEBRATION ON
MAY 17TH!**



You're invited!
OLDER AMERICANS MONTH
AGE MY WAY, MAY 2022

EVENTS-

Birthday Celebration



Every 3rd Tuesday of the month come join us for our Birthday Celebration! We will celebrate ALL birthdays for the month. Our oldest birthday attendee will receive a flower.

Suggested donation for the Birthday dinner is \$3.00.

This month's birthday lunch will be May 17th

FREE COFFEE TIME

We offer free coffee on Friday mornings from 8:00-9:00AM. Fridays will include a light breakfast in the large dining room! Please stop by for a bite to eat, some conversation, and a look at the morning paper.

BINGO WITH PRIZES

Come join in for an after lunch BINGO game! We appreciate our generous sponsors for providing the time and prizes: Crossroads Hospice, Society for Equal Access, Senior Suites at Century Farms, and the Friendship Center.

Thank you to our sponsors!!

TV CLUB

Join in a group setting to continuously watch a featured show together. Enjoy snacks and conversations! This month we will feature NETFLIX original *Sweet Magnolias*.

FC CRAFT

On the 2nd Wednesday of each month Aneissa hosts a build your own craft. The craft is made for everyone, whether you are "crafty" or not. **May 11**



LENDING LIBRARY & BOOKMOBILE

Keep your mind sharp and sit down with a good book! Carrollton always provides a rotating Lending library stocked with multiple genres. Come in and borrow a book and return when you're finished! No rush or deadlines.

Can't find something you like in Carrollton? No problem, the BOOKMOBILE from the Carroll County District Library will stop at Carrollton and Malvern with fun reads.

Carrollton: Wednesdays 10:50-11:15AM

Sherrodsville: Wednesdays 11:00-11:45AM

Minerva: Thursdays 11:45-12:30PM

RUG RATS- RAG RUG MAKING

As a follow-up to the rag rug class, the group will meet to put together their own creations.

CARDS WITH THE COOK

Come play "Show me the Friend" after lunch with our head cook! This month it will be the 1st Tuesday of the month! It's like bingo, but with cards! Prizes will be given.

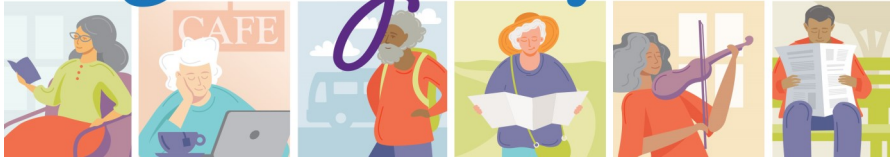
BRIDGE / EUCHRE/ GAMES

Come in and socialize around a card table!

Start coming for game day to socialize around the table and have a few laughs!

Featured game is Very Sorry, but other suggestions are welcomed!

Age my way!



Older adults play vital, positive roles in our communities – as family members, friends, mentors, volunteers, civic leaders, members of the workforce, and more. Just as every person is unique, so too is how they age and how they choose to do it – and there is no “right” way. That’s why the theme for Older Americans Month (OAM) 2022 is Age My Way.

Every May, the Administration for Community Living (ACL) leads the celebration of OAM. This year’s theme focuses on how older adults can age in their communities, living independently for as long as possible and participating in ways they choose.

While Age My Way will look different for each person, here are common things everyone can consider:

- **Planning:** Think about what you will need and want in the future, from home and community-based services to community activities that interest you.
- **Engagement:** Remain involved and contribute to your community through work, volunteer, and/or civic participation opportunities.
- **Access:** Make home improvements and modifications, use assistive technologies, and customize supports to help you better age in place.
- **Connection:** Maintain social activities and relationships to combat social isolation and stay connected to your community.

This year, The Friendship Center is excited to celebrate OAM with our partners in the aging community.

For more information, visit the official OAM website, follow ACL on Twitter and Facebook, and join the conversation using #OlderAmericansMonth.

THESE SERVICES ARE PROVIDED INPART BY THE OHIO DEPARTMENT ON AGING THROUGH AREA AGENCY ON AGING REGION 9 AND CARROLL COUNTY

CARROLL COUNTY TRANSIT



Carroll County Transit provides transportation in and around Carrollton and outside Carroll County. Transportation to the Senior Friendship Center is available on a daily basis M-F. For medical transportation, seniors whose residence is within the Village of Carrollton, and over 60, please call Transit at 330-627-1900. For seniors with residences outside of the Village of Carrollton, and over 60 please call Senior Friendship Center at 330-627-7017.

It is your responsibility to notify transit no later than (two) 2 hours prior to your scheduled pick-up time if you need to cancel your transportation. Voicemail messages may be left after hours for cancelations only. Hours of operation are 6:00 a.m. to 6:00 p. m. Monday through Friday.

For your information

The Carroll County Council on Aging is a local, non-profit 501(C)(3), senior services provider serving Carroll County senior citizens aged sixty and older.

Due to a growing need for senior based services and programs, the services provided include congregate meals, home delivered meals, transportation services, and more. Private, tax deductible contributions greatly assist us in providing reliable quality services to senior citizens living throughout Carroll County. We are asking for your help in continuing our services and programs by making a donation in support of our mission of serving seniors. Growing expenses require us to share this reminder about how crucial your donations are and how they go directly toward the mission of serving our senior citizens. Together we can better serve aging adults living here in our very own community, helping those who once operated our farms and factories, maintain an independent life in their own home as long as possible. Please remember the work of the Carroll County Council on Aging in all your giving, in the structure of your will, and when memorials are appropriated. Your gifts will aid and assist many and will be appreciated for years to come by a senior population in need of a helping hand to remain independent and in their own home as long as possible. Thank you!

CARROLL COUNTY COUNCIL ON AGING

The Carroll County Council on Aging meets the 1st Thursday of each month at 9:30 AM at the Friendship Center. The next meeting will be held

May 5th

These are open to the public and we encourage your participation. Current officers are:

President-Rose Weiss, Vice President-Dean Rinehart, Secretary-Elaine Myers, Treasurer-Amy Harkless, and 3 Trustees- Bob Herron, Mark Spears, and Doris Logan.

SOCIAL SECURITY AND MEDICARE

The New Philadelphia Social Security Office is located at 1260 Monroe St., Suite 1C and can be reached at 1-866-731-4236. The Steubenville Office is located at 500 Market St. on the 4th floor and the number is 1-866-253-6889.

The Medicare number is 1-800-633-4227.





Golden Buckeye Cards

Applications are available at the Senior Center. You must present proof of identity and age (60 or older). Suitable forms of ID include a driver’s license or birth certificate.

Society For Equal Access

Jason Donley is a representative from SEA that is here the 2nd Monday of the month. Please call 330-343-9292 if you have any questions or need an appointment.

MAY ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
-2-	-3-	-4-	-5-	-6-
LUNCH 11:30	IN HOUSE CLOSED DON'T FORGET TO VOTE 	LINE DANCING 8-10:30 BOOKMOBILE 10:45-11:15 LUNCH 11:30	GERI-FIT 9:30 LUNCH 11:30 EUCHRE 1:00-3:00 RUG RATS 1:00-3:00 	MOTHER'S DAY CELEBRATION 10 AM LUNCH 11:30 TV CLUB FT SWEET MAGNOLIAS 12:00
-9-	-10-	-11-	-12-	-13-
LUNCH 11:30 SEA BINGO & BLOOD PRESSURE 12:00	GERI-FIT 9:30 LUNCH 11:30	LINE DANCING 8-10:30 BOOKMOBILE 10:45-11:15 FC CRAFT 10:00 LUNCH 11:30	GERI-FIT 9:30 LUNCH 11:30 EUCHRE 1:00-3:00 RUG RATS 1:00-3:00 THIRSTY THURSDAY W/ TRADITIONS 12:00	LUNCH 11:30 TV CLUB FT SWEET MAGNOLIAS 12:00
-16-	-17-	-18-	-19-	-20-
LUNCH 11:30 SENIOR SUITES BINGO 12:00	GERI-FIT 9:30 QUILTERS GUILD 9:00-12:00 LUNCH 11:30 SENIOR DAY CELEBRATION! 	LINE DANCING 8-10:30 BOOKMOBILE 10:45-11:15 LUNCH 11:30	GERI-FIT 9:30 LUNCH 11:30 EUCHRE 1:00-3:00 RUG RATS 1:00-3:00	LUNCH 11:30 TV CLUB FT SWEET MAGNOLIAS 12:00
-23-	-24-	-25-	-26-	-27-
LUNCH 11:30	GERI-FIT 9:30 LUNCH 11:30	LINE DANCING 8:30-10:30 BOOKMOBILE 10:45-11:15 LUNCH 11:30	GERI-FIT 9:30 LUNCH 11:30 EUCHRE 1:00-3:00 RUG RATS 1:00-3:00 CROSSROADS BINGO 12:00	LUNCH 11:30 MEMORIAL DAY COOKOUT TV CLUB FT SWEET MAGNOLIAS 12:00
-30-	-31-	--	--	--
CLOSED 	GERI-FIT 9:30 LUNCH 11:30 WELCOME AND WELLNESS BINGO 12:00	<input type="checkbox"/> GERI-FIT <input type="checkbox"/> LINE DANCING <input type="checkbox"/> BOOKMOBILE <input type="checkbox"/> BINGO/SPONSORS <input type="checkbox"/> TV CLUB <input type="checkbox"/> QUILTERS GUILD <input type="checkbox"/> RUG RATS <input type="checkbox"/> LUNCH <input type="checkbox"/> CARDS WITH THE COOK <input type="checkbox"/> CRAFT		* Get a group together or meet up with others to play cards, games, etc. at anytime while the center is open.