



May 2021

May is Older Americans Month

Celebration May 26th :

We will come together in the Friendship Center parking lot to celebrate SENIOR DAY! “**PICNIC IN THE PARKING LOT**” will have entertainment, prizes, and a delicious meal! Celebration begins **11:30 AM on Wednesday, May 26th**.

RSVP @ 330-627-7017.



Communities of Strength:

In tough times, communities find strength in people—and people find strength in their communities. In the past year, we’ve seen this time and again in Carroll County as friends, neighbors, and businesses have found new ways to support each other. In our community, older adults are a key source of this strength. Through their experiences, successes, and difficulties, they have built resilience that helps them to face new challenges. When communities tap into this, they become stronger too.

This year, Carroll County Friendship Center will celebrate OAM by encouraging community members to share their experiences. Together, we can find strength—and create a stronger future.

Here are some ways to share and connect:

- **Look for joy in the everyday:** Celebrate small moments and ordinary pleasures by taking time to recognize them. Start a gratitude journal and share it with others via social media, or call a friend or family member to share a happy moment or to say thank you.
- **Reach out to neighbors:** Even if you can’t get together in person right now, you can still connect with your neighbors. Leave a small gift on their doorstep, offer to help with outdoor chores, or deliver a homecooked meal.
- **Build new skills:** Learning something new allows us to practice overcoming challenges. Take an art course online or try a socially distanced outdoor movement class to enjoy learning with others in your community. Have a skill to share? Find an opportunity to teach someone, even casually.
- **Share your story:** There’s a reason storytelling is a time-honored activity. Hearing how others experience the world helps us grow. Interviewing family, friends, and neighbors can open up new conversations and strengthen our connections.

MAY PUZZLE:

T L C M G E G S
 A Q B R A H J V Y N Y E Q A D
 J K R X G D L K W Z F X M B N M R H
 S H E M F J C T J R I S B Q O G E J D K
 G F S U N S H I N E U T A P J P R B E Z
 U B U V B B D J X A Y R E Q U L A R N P
 B I R W R U I N G S Z E R D N A L S A U
 C Z R E G T M P M T K E D Y A J C M Q W
 H V E O M T R F G E Q L S B N N O C P
 L Z C D W E W J C R E B K R G U N J N
 E Z T S J R C B A X A H P J L G F W F
 E I P W F O I B L O S S O M S E N K
 D O R X L N R P F K J S Q S C R U
 B N O N Y H D V S M P W G M H E H
 L A U K C Y S W R E H G X J R N P
 B T O K D M N E G E H Y P I C J
 C S P R I N G W U L D O Z S E
 V Y C P K J O Y K P S J T
 U M B R E L L A N M F
 P J Q N F X V S R

Search for Spring

Is spring on its way? Search for it by finding the words listed below. They may be forward, backward, up, down, or diagonal.



A T O N E M E G U T O L F
 E A O N K M E G U T O L F
 A T O N E M E G U T O L F
 E A O N K M E G U T O L F

Atonement
 birds
 blossoms
 breeze
 bugs
 butterfly
 Christ
 Easter
 eggs
 flowers
 fun
 garden
 general conference

grass
 joy
 kite
 puddle
 rain
 Resurrection
 seeds
 spring
 sprouts
 sunshine
 tree
 umbrella

