

MARCH 2019

**P.O. BOX 14
100 KENSINGTON ROAD
CARROLLTON, OH 44615**

Phone: 330-627-7017

Phone: 330-627-7205

Fax: 330-627-7936

Facebook: <https://www.facebook.com/CarrolltonFriendshipCenter/>

**CARROLL COUNTY
SENIOR CITIZENS FRIENDSHIP
CENTER**

OFFICE HOURS

Monday–Friday: 8:00 am–4:00 pm

STAFF

Tonya Myers, *Director*
Jenna Aukerman, *Asst. Director*
Sherry Casper, *Data Entry, I&R*
Janice Nape, *Head Cook*
Audrey Grove, *Malvern*
Cheryl Moffat, *Sherrodsville*
Deb Toussant, *Asst. Cook*
Cindy Sandefur, *Kitchen*
Freda Luyster, *HDM Driver*
Patty Babe, *HDM Driver*
Jim Kiefer, *HDM Driver*
Julie Maple, *HDM Driver*
Aneissa Randal, *Utility Worker*
Lisa Riningger, *Maintenance*
Annette Welch, *Sub*
Tom Barnett, *Sub*
Susan Anderson, *Sub Malvern*
Marjie Westfall, *Sub*
Dick Walters, *Sub Driver*

VOLUNTEERS

Earl Cattrell
Tom Shafer
Greg & Amy Harkless
Dave Myers

SATELLITE NUTRITION SITE

Malvern Nutrition Site

121 Wood Street

330-205-6654

Sherrodsville Nutrition Site

80 Hill Street

740-269-2200



THE FULL MOON OF MARCH IS CALLED THE FULL WORM MOON, ALSO KNOWN AS THE FULL CRUST MOON, THE FULL CROW MOON, THE FULL SAP MOON AND THE LENTEN MOON. IT IS THE LAST FULL MOON OF WINTER. IT CAN BE SEEN ON WEDNESDAY MARCH 20, 2019 AT 9:43 PM.

COFFEE AND DONUTS AT SHERRODSVILLE AND MALVERN SITES DAILY FROM 9:00-10:00

SENIOR CITIZENS FRIENDSHIP CENTER



*WELCOME SPRING
MARCH 20th!!!!*



******REMINDER******

BIRTHDAY DINNER IS THE THIRD TUESDAY OF THE



MOVIE OF THE MONTH

POPCORN AND A MOVIE RIGHT AFTER LUNCH

FEBRUARY SHOWINGS-

NEW RELEASE-FRIDAY, MARCH 8—THE LAST LAUGH
OLDIE BUT GOODIE-TUESDAY, MARCH 26—PS I LOVE YOU

CONGREGATE MEALS

A hot, nutritious meal is served each day at the Senior Citizens' Friendship Center and our satellite sites in Malvern and Sherrodsville at 11:30 am. The Center's meals are no salt added and diabetic substitutes are available.

This meal gives seniors the opportunity to gather together and alleviate the loneliness of eating alone. It is very difficult for our nutrition coordinator to plan and prepare meals each day without an accurate count, so

**PLEASE CALL TO MAKE
YOUR RESERVATION BY
8:30 AM**

****Friendship Center**
100 Kensington Rd—call 330-627-7017

****Malvern Methodist Church**
121 Wood St.—call 330-205-6654

****Sherrodsville Lions' Club**
80 Hill St.—call 740-269-2200

Suggested donation is \$2.00 per meal & \$3.00 per meal for Birthday Dinner.

INFORMATION & REFERRAL

This service provides specific information as to the particular agencies to call regarding certain needs you may have.

The Center will assist in making appointments and will follow up to ensure your needs have been met.

Call 330-627-7017

CHECK THIS OUT- ON FACEBOOK!!

YOU MAY ALSO CONTACT

US BY E-MAIL:

tmyers@carrollcountyohio.us
jaukerman@carrollcountyohio.us

FAMOUS MARCH BIRTHDAYS

GLENN MILLER, RON HOWARD, THEODORE SEUSS DESI ARNAZ, KAREN CARPENTER, ALEXANDER GRAHAM BELL, ED McMAHON, WILLARD SCOTT, CARRIE UNDERWOOD, LAWRENCE WELK, LIZA MINNELLI, DARRYL STAWBERRY, NEIL SADAKA, LES BROWN, JERRY LEWIS, NAT KING COLE, CHARLEY PRIDE, FRED ROGERS, BOB COSTAS, CY YOUNG, CALE YARBOROUGH, KEN HOWARD, REBA McINTIRE, WYATT ERP, CELINE DION, HERB ALERT, TOM ARNLD, LOU COSTELLO, SHAQUILLE O'NEAL, JAMES EARL RAY, CHUCK NORRIS, ANDY GIBB, BILLY CRYSTAL, EVA LONGORIA, ERIK ESTRADA, KURT RUSSELL, ROB LOWE, PETER GRAVES, ANDREW LLOYD WEBER AND HARRY HOUDINI.

HOME DELIVERED MEALS

The same meal served at the Center is also available for individuals or couples through our home-delivered meals program. Individuals must be 60 years of age or older, homebound, and a Carroll County resident. Frozen meals are also available for the weekend for those who want them. Regulations forbid leaving meals in a cooler, but they may be left in the refrigerator. Please communicate with your driver about this issue. Suggested donation is \$2.00 payable to: "Carroll County Council on Aging." Post-dated checks can not be accepted.



BIRTHDAY DINNER

Birthday Dinner will be held on TUESDAY, MARCH 19th..

Make a reservation to join us. Entertainment will be provided by—BILL GRIMES

Please Remember that the suggested donation for Birthday Dinner is \$3.00.

WE SERVE LUNCH AT 11:30.

THANK YOU!

TWO OLD GEEZERS FOR BIRTHDAY DINNER MUSIC, DICK JACOBS FOR THE CANDY, MIKE AND ROSEMARIE MATEJKA FOR THE SWEET TREATS, DALE SMEAD FOR THE BEAUTIFUL FLOWERS, ALL WHO PARTICIPATED IN OUR VALENTINES DAY EVENT.

FRIENDLY REMINDER REGARDING ASSESSMENTS

A REQUIREMENT OF OHIO DEPARTMENT OF AGING IS FOR PROVIDERS, SUCH AS CARROLL COUNTY COUNCIL ON AGING, TO CONDUCT ROUTINE ASSESSMENTS AND UPDATES ON EVERY SENIOR CITIZEN, AGE 60 YEARS AND OLDER, WHOM WE SERVE. WE WILL CONDUCT CLIENT/PARTICIPANT ASSESSMENTS AT DIFFERENT TIMES THROUGHOUT THE YEAR. WE KINDLY ASK FOR YOUR ASSISTANCE AND COOPERATION AS WE COMPLETE THESE ASSESSMENTS. IF YOU HAVE ANY QUESTIONS REGARDING THE ASSESSMENT PROCESS, PLEASE CONTACT OR CALL ANY MEMBER OF THE STAFF AT 330-627-7017.

GERI FIT EXERCISE WITH ANEISSA
MONDAY AND FRIDAY AT 10:30

*****JOKE OF THE MONTH*****

**WHY IS EVERYONE SO TIRED IN APRIL?
BECAUSE THEY HAVE JUST FINISHED
LONG, 31 DAY MARCH!!**

A

*****NEW*NEW*NEW*****

**CAREGIVERS GROUP MEETING EVERY MONTH
THE THIRD MONDAY FROM 2:30-4:30
AT THE FRIENDSHIP CENTER
NEXT MEETING MARCH 25th.**

SPRING IS COMING MARCH 20TH.



—FOR YOUR INFORMATION—

The Carroll County Council on Aging is a local, non-profit 501(C)(3), senior services provider serving Carroll County senior citizens aged sixty and older. Due to a growing need for senior based services and programs, the services provided include congregate meals, home delivered meals, transportation services, and more. Private, tax deductible contributions greatly assist us in providing reliable quality services to senior citizens living throughout Carroll County. We are asking for your help in continuing our services and programs by making a donation in support of our mission of serving seniors. Growing expenses require us to share this reminder about how crucial your donations are and how they go directly toward the mission of serving our senior citizens. Together we can better serve aging adults living here in our very own community, helping those who once filled our farms and factories maintain an independent life in their own home as long as possible. Please remember the work of the Carroll County Council on Aging in all your giving, in the structure of your will, and when memorials are appropriated. Your gifts will aid and assist many and be appreciated for years to come by a senior population in need of a helping hand to remain independent and in their own home as long as possible.

TRIVIA ANSWERS!!

1. ON MARCH 1, 1921 HARRY HOUDINI EARNED A US PATENT FOR A SAFETY DIVER SUIT FOR HIS UNDERWATER MAGIC ESCAPE TRICKS.
2. TIME MAGAZINE WAS PUBLISHED FOR THE FIRST TIME ON MARCH 3, 1923.
3. THE CITY OF CHICAGO WAS INCORPORATED ON MARCH 4, 1837.
4. THE BOARD GAME MONOPOLY WAS CREATED ON MARCH 7, 1933.
5. BARBIE DEBUTED ON MARCH 9, 1959, HER FIRST NAME WAS LILLI.
6. ROLLS-ROYCE WAS INCORPORATED ON MARCH 15, 1906.
7. THE GODDARD SPACE CENTER WAS FORMALLY DEDICATED ON MARCH 16, 1961 IN GREENBELT, MARYLAND.
8. THE FIRST ST. PATRICKS DAY PARADE WAS HELD IN NEW YORK CITY ON MARCH 17, 1762.
9. ON MARCH 19, 1957, GRACELAND WAS SOLD TO ELVIS PRESLEY FOR THE SUM OF \$102,500-THE PROPERTY CONSISTED OF 13.8 ACRES.
10. TARA LIPINSKI WAS THE YOUNGEST WOMAN TO WIN A WORLD FIGURE SKATING CHAMPIONSHIP ON MARCH 22, 1997.
11. THE CONSTRUCTION OF THE TRANS-ALASKA PIPELINE SYSTEM STARTED ON MARCH 27, 1975.
12. THE EIFFEL TOWER WAS INAUGURATED ON MARCH 31, 1889, IN PARIS, FRANCE AND IS 986 FEET TALL.

*****SENIOR STROLLERS*****

WALK WITH A FRIEND IN OUR LARGE ROOM
EVERY MONDAY AND THURSDAY AT 3:00

CARROLL COUNTY COUNCIL ON AGING 2019

The Carroll County Council on Aging meets the first Thursday of each month at 10:00 am at The Friendship Center. The next meeting will be held MARCH 7th.

These are open to the public and we encourage your participation.

Current

Officers are: President—Susan Ziler, Vice President—Doris Logan, Secretary—Beulah Bland, Treasurer—Ruth Ann Tinlin, Co-Treasurer—Amy Harkless, and 3 Trustees— Dean Rinehart, Elaine Myers and Ollie Scott.

Society for Equal Access is here on the second Monday of the month at 8:30 am please call 330-343-9292 if you have any questions or need an appointment.

BINGO AT 12:00 NOON

WELCOME JASON DONLEY

**SO-DID YOU KNOW-
MARCH WACKY DAYS!!**

1st-National Pig Day, 1st-Peanut Butter Lovers Day, 2nd-Old Stuff Day, 3rd-Peach Blossom Day, 3rd-If Pets Had Thumbs Day, 4th-Hug A GI Day, 5th-Mardi Gras and Fat Tuesday 6th-Ash Wednesday, 6th-National Frozen Food Day, 8th- International Working Women's Day, 10th-International find A Phone Book Day, 11th-Johnny Appleseed Day, 12th-Plant A Flower Day, 14th- Popcorn Lover's Day, 16th-National Quilting Day, 20th- National Agriculture Day, 23rd-Melba Toast Day, 23rd- National Puppy Day, 23rd-National Chip and Dip Day, 24th. National Chocolate Covered Raisin Day, 25th-Pecan Day, 25th Waffle Day and 30th-Take A Walk In The Park Day.

SOCIAL SECURITY AND MEDICARE

The New Philadelphia Social Security Office is now located at 1260 Monroe St. Suite 1C and can be reached at 1-866-731-4236. The Steubenville Office is located at 500 Market St. on the 4th floor and the number is: 1-866-253-6889. The Medicare number is 1-800-633-4227.

GOLDEN BUCKEYE CARDS

Applications are available at the Senior Center. You must present proof of identity and age (60 or older). Suitable forms of ID include a driver's license or birth certificate.

MALVERN ACTIVITIES

CARROLL HEALTH CARE CENTER BINGO
ON WEDNESDAY, MARCH 13th. BINGO
WEDNESDAY, MARCH 20th BY THE
FRIENDSHIP CENTER
MALVERN CRAFT WEDNESDAY,
MARCH 27th

SHERRODSVILLE ACTIVITIES

CARDS BEFORE LUNCH MON.-FRI.
TRIVIA & TREATS WEDNESDAY,
MARCH 6th.

**STRAWBERRY RHUBARB
CRUNCH**

Ingredients

- 1 cup white sugar
- 3 tablespoons all-purpose flour
- 3 cups sliced fresh strawberries
- 3 cups diced rhubarb
- 1 1/2 cups all-purpose flour
- 1 cup packed brown sugar
- 1 cup butter
- 1 cup rolled oats

Directions

Preheat oven to 375 degrees F (190 degrees C). In a large bowl, mix white sugar, 3 tablespoons flour, strawberries, and rhubarb. Place the mixture in a 9x13 inch baking dish. Mix 1 1/2 cups flour, brown sugar, butter, and oats until crumbly. You may want to use a pastry blender for this. Crumble on top of the rhubarb and strawberry mixture. Bake 45 minutes in the preheated oven, or until crisp and lightly browned.



**THESE SERVICES ARE PROVIDED IN PART BY THE OHIO
DEPARTMENT ON AGING THROUGH AREA AGENCY ON AGING
REGION 9 AND CARROLL COUNTY.**



**FREE COFFEE &
DONUTS**

We offer free coffee and donuts each morning, M-F at 8 AM. Please stop by for a bite to eat, some conversation, and a look at the morning paper.

LINE DANCING



Line dancing classes are held each Wednesday at the Friendship Center. Beginners meet from 8-9AM and intermediate to advanced from 9-11AM. Please join Sue Frase and the dancers for a fun filled morning.

TAI CHI

Tai chi classes are on Tuesday and Thursday at 11 AM. Please join in.



BRIDGE & EUCHRE PLAYERS

Bridge players meet here each Wednesday at 12:30 PM. Euchre players meet here each Thursday 1:00-3:00. Contact the Center at 330-627-7017 if you would like to join.



CARDS WITH THE COOK

Come play 'Show me the Friend' on the 1st Friday of each month. It's like bingo with cards PRIZES

GIVEN. In MARCH it will be held on MARCH 1st

BINGO WITH PRIZES

CARROLL HEALTH CARE BINGO here after lunch MARCH 6th.

CCBDD Bingo here on the 2nd Wednesday of each month, right after lunch. In MARCH it will be held on the 13th.



COMMUNITY HOSPICE BINGO Monday, MARCH 25th, right after lunch

ADVANTAGE HOME HEALTH CARE BINGO here on MARCH 27th.-at 12:00 noon.

INTERESTING DAYS IN MARCH

NATIONAL CELERY MONTH, NATIONAL NUTRITION MONTH, NATIONAL CRAFT MONTH, NATIONAL FROZEN FOOD MONTH, NATIONAL MUSIC IN OUR SCHOOLS MONTH, NATIONAL SALESPERSON DAY, NATIONAL OLD STUFF DAY, HUG A GI DAY, FAT TUESDAY, MARDI GRAS, INTERNATIONAL WORKING WOMEN'S DAY, CAREGIVER'S APPRECIATION DAY, EAR MUFF DAY, NATIONAL PUPPY DAY AND EVERYTHING YOU DO IS RIGHT DAY.



THINGS TO DO AT THE CENTER—LENDING LIBRARY

The Friendship Center has a nice selection of books and puzzles to help pass the time. Stop by, borrow what you'd like and return them when you are finished! Home Delivered Meal clients can just call in for further information. 330-627-7017



BLOOD PRESSURE CHECKS

The Carroll County Visiting Nurses will be here Tuesday, MARCH 12th. at 11:00 AM.

Arbors of Minerva Monday, MARCH 25th. at 11:00 AM



BOOST

We now have BOOST product available. Regular is \$28.00 per case, Plus is \$30.00 per case, and Diabetic is \$40.00 per case. Call for available flavors.- 27POUCHES PER CASE.



Carroll County Transit provides transportation in and around Carrollton and outside Carroll County. Transportation to the Senior Friendship Center is available on a daily basis M-F. For transportation, seniors with residence within the Village of Carrollton, over 60, please call Transit at 330-627-1900. For seniors with residence outside of the Village of Carrollton, over 60, please call Senior Friendship Center at 330-627-7017.

It is your responsibility to notify transit no later than (two) 2 hours prior to your scheduled pick-up time if you need to cancel your transportation. Voicemail messages may be left after hours for cancellations only. Hours of operation are 6:00 a. m. to 6:00 p. m. Monday through Friday.



MATTER OF BALANCE CLASS "FALL PREVENTION" CLASS

EVERY MONDAY FOR 8 WEEKS STARTING FEBRUARY 25th, MARCH 4th, 11th, 18th, 25th, APRIL 1st, 8th, and 15th.

CALL 330-627-7017 TO REGISTER AS SOON AS POSSIBLE PLEASE!

RUG RATS RUG MAKING CLUB WITH LIZ MOSER EVERY THURSDAY FROM 1:00-3:00PM



GOLDEN SNEAKERS EVERY MONDAY, TUESDAY AND FRIDAY AT 9:00 AM.

Did you know!!

Miles traveled by Friendship Center Transportation in the month of JANUARY 2,332
Meals served by the Friendship Center in the month of JANUARY 4,601

WOW!!

FRIENDSHIP CENTER CRAFTS

THE 2nd. THURSDAY OF EACH MONTH AT 10:00 AM.
IN MARCH THE CLASS WILL BE HELD ON MARCH 14th.
MALVERN CRAFT MARCH 27th.



March Wind

March wind is a jolly fellow;
He likes to joke and play.
He turns umbrellas inside out
And blows our hats away.



He calls the pussy willows
And whispers in each ear,
"Wake up you lazy little seeds,
Don't you know that spring is here?"



Spring Fun Word Search

Can you find the words associated with the coming of Spring?

C	U	K	K	M	F	X	S	R	E	W	O	L	F	U	Q	T	APRIL
I	A	X	I	K	A	O	R	N	R	Z	G	N	P	U	D	R	BASEBALL
L	T	S	W	T	S	D	E	E	S	E	F	N	G	B	T	A	BIRDS
R	B	A	L	I	E	E	E	H	T	S	T	F	C	T	S	I	BLOSSOMS
P	G	U	V	B	R	R	G	L	S	M	M	S	B	B	D	N	BUDS
S	X	H	D	G	M	R	I	R	X	A	X	L	A	L	R	S	DAFFODILS
U	F	Y	M	S	O	R	E	T	R	R	O	E	B	E	I	D	EASTER
N	P	W	F	W	P	W	K	B	O	S	Z	Y	G	G	B	A	FLOWERS
S	C	I	I	A	O	O	L	B	S	I	P	R	A	N	Z	F	GARDENING
H	W	N	L	H	M	E	I	O	S	Z	Y	W	O	I	E	F	GREEN
I	G	C	S	U	S	N	M	T	C	A	M	P	R	N	H	O	GROWING
N	U	O	G	H	T	S	N	D	M	E	C	I	H	E	C	D	KITE
E	I	X	U	O	Q	P	U	D	D	L	E	S	Q	D	R	I	MARBLES
A	G	Y	V	G	W	A	G	N	I	T	S	E	N	R	A	L	MARCH
D	U	Y	N	D	P	F	S	D	N	I	W	N	Z	A	M	S	MAY
Y	B	A	S	E	B	A	L	L	V	P	I	C	T	G	Z	A	NESTING
L	S	J	Y	X	A	M	G	N	I	T	N	A	L	P	M	J	PLANTING
																	PUDDLES
																	RAIN
																	ROBIN
																	SEEDS
																	SHOWERS
																	SUNSHINE
																	TULIP
																	WINDS

All About puzzles
puzzles.about.com

TRIVIA, TRIVIA, TRIVIA!! NO PEEKING!!!

1. WHEN DID HARRY HOUDINI EARN A PATENT FOR A SAFETY DIVER SUIT FOR HIS UNDERWATER ESCAPE TRICK?
2. WHEN WAS TIME MAGAZINE PUBLISHED FOR THE FIRST TIME?
3. WHEN WAS THE CITY OF CHICAGO INCORPORATED?
4. WHEN WAS THE BOARD GAME MONOPOLY CREATED?
5. WHEN DID THE BARBIE DOLL DEBUT?
6. WHEN WAS ROLLS-ROYCE INCORPORATED?
7. WHEN WAS GODDARD SPACE CENTER FORMALLY DEDICATED?
8. WHEN AND WHERE WAS THE FIRST ST. PATRICKS DAY PARADE HELD?
9. WHEN WAS GRACELAND SOLD TO ELVIS PRESLEY?
10. WHEN DID TARA LIPINSKI BECOME THE YOUNGEST WOMAN TO WIN A WORLD FIGURE SKATING CHAMPIONSHIP?
11. WHEN DID THE CONSTRUCTION OF THE TRANS-ALASKA PIPELINE SYSTEM BEGIN?
12. WHEN WAS THE EIFFEL TOWER INAUGURATED?



(FOR ANSWERS TO TRIVIA QUESTIONS GO TO PAGE 3)