

NOVEMBER CALENDAR OF EVENTS

Monday	Tuesday	Wednesday	Thursday	Friday
	 VETERANS' DAY		1 TAI CHI 11:00 LUNCH 11:30 CARROLL HEALTH CARE BINGO 12:00 EUCHRE 1:00-3:00 RAG RUG CLASS 1:00-3:00 SENIOR STROLLERS 3:00	2 GOLDEN SNEAKERS 9:00 GERI FIT 10:30 LUNCH 11:30 CARDS WITH THE COOK-RIGHT AFTER LUNCH
5 GOLDEN SNEAKERS 9:00 GERI FIT 10:30 MOB-CONTINUES 12:30 (EXERCISE) SENIOR STROLLERS 2:00	6 GOLDEN SNEAKERS 9:00 TAI CHI 11:00 VISITING NURSE BLOOD PRESSURE 11:00 LUNCH 11:30	7 LINE DANCING 8-11 LUNCH 11:30 FRIENDSHIP CENTER FUN ACTIVITY 12:00 BRIDGE 12:30	8 FRIENDSHIP CENTER CRAFTS 10:00 TAI CHI 11:00 LUNCH 11:30 EUCHRE 1:00-3:00 RAG RUG CLASS 1:00-3:00 SENIOR STROLLERS 3:00	9 GOLDEN SNEAKERS 9:00 GERI FIT 10:30 LUNCH 11:30 MOVIE AND POPCORN RIGHT AFTER LUNCH-NEW RELEASE
12 <u>CLOSED VETERANS DAY</u>	13 GOLDEN SNEAKERS 9:00 QUILTERS GUILD TAI CHI 11:00 LUNCH 11:30 SEA 10:00	14 LINE DANCING 8-11 LUNCH 11:30 BINGO CCBDD 12:00 BRIDGE 12:30 MEDICARE 101- 2:00	15 TAI CHI 11:00 LUNCH 11:30 EUCHRE 1:00-3:00 RAG RUG CLASS 1:00-3:00 SENIOR STROLLERS 3:00	16 GOLDEN SNEAKERS 9:00 GERI FIT 10:30 LUNCH 11:30 HOLIDAY GAMES W/ ANEISSA 12:00
19 GOLDEN SNEAKERS 9:00 GERI FIT 10:30 LUNCH 11:30 MOB CONTINUES 12:30 (EXERCISE) SENIOR STROLLERS 2:00	20 GOLDEN SNEAKERS 9:00 TAI CHI 11:00 LUNCH 11:30	21 <u>THANKSGIVING FEAST</u> LINE DANCING 8-11 LUNCH 11:30 BRIDGE 12:30	22 <u>CLOSED HAPPY THANKSGIVING</u>	23 <u>CLOSED</u>
26 GOLDEN SNEAKERS 9:00 GERI FIT 10:30 LUNCH 11:30 MOB CONTINUES 12:30 (EXERCISE) SENIOR STROLLERS 3:00 SENIOR HOLIDAY PICTURES 12:00-2:00	27 GOLDEN SNEAKERS 9:00 TAI CHI 11:00 LUNCH 11:30 MOVIE AND POPCORN RIGHT AFTER LUNCH-OLDIE BUT GOODIE	28 LINE DANCING 8-11 LUNCH 11:30 BRIDGE 12:30 BINGO W/CCRC MEDICARE 101- 2:00 FRIENDSHIP CENTER HOLIDAY BINGO 12:00	29 TAI CHI 11:00 LUNCH 11:30 RAG RUG CLASS 1:00-3:00 SENIOR STROLLERS 3:00	30 GOLDEN SNEAKERS 9:00 GERI FIT 10:30 LUNCH 11:30 HOLIDAY GAMES W/ ANEISSA 12:00