# P.O. BOX 14 **100 KENSINGTON ROAD CARROLLTON, OH 44615**

Phone: 330-627-7017 Phone: 330-627-7205 Fax: 330-627-7936

Facebook: https://www.facebook.com/ CarrolltonFriendshipCenter/

### CARROLL COUNTY SENIOR CITIZENS FRIENDSHIP CENTER **OFFICE HOURS** Monday-Friday: 8:00 am-4:00 pm

#### STAFF

Tonya Myers, Director Jenna Aukerman, Asst. Director Sherry Casper, Data Entry, I&R Janice Nape, Head Cook Danielle Titus, *Malvern* Cheryl Moffat, *Sherrodsville* Deb Toussant, Asst. Cook Cindy Sandefur, Kitchen Freda Luyster, *HDM Driver* Patty Babe, *HDM Driver* Jim Kiefer, HDM Driver Julie Maple, HDM Driver Annette Welch, Sub Driver Tom Barnett, Sub Driver Aniessa Randal, Sub Susan Anderson, *Sub Malvern*Lisa Rininger, *Maintenance* Cheryl Milasky, *Mature Services*VOLUNTEERS

# Earl Cattrell

**SATELLITE NUTRITION SITE Malvern Nutrition Site** 

> 121 Wood Street 330-205-6654

**Sherrodsville Nutrition Site** 

80 Hill Street 740-269-2200





THE FULL MOON OF AUGUST IS CALLED THE FULL STUEGEON MOON, IT MAY ALSO BE CALLED THE FULL RED MOON, THE GREEN CORN MOON OR THE FULL GRAIN MOON. IT MAY BE SEEN ON SUNDAY AUGUST 26, AT EXACTLY 01:56:12 PM

COFFEE AND DONUTS AT SHERRODSVILLE AND MALVERN SITES DAILY FROM 9:00-10:00

# SENIOR CITIZENS **FRIENDSHIP** CENTER

## INVERESTING DAYS IN AUGUST

NATIONAL RASPPBERRY ICE CREAM PIE DAY, ICE CREAM SANDWICH DAY, CHOCPLATE CHIP COOKIE DAY, MUSTARD DAY, S'MORES DAY, CREAMSICLE DAY, POTATO DAY, Spumoni day, toasted marshmallow day, trail mix DAY MORE HERBS, LESS SALT DAY, FAMILY FUN MONTH, Happiness Happens Month, National Picnic Month, AND NATIONAL ADMIT YOU ARE HAPPY MONTH.T

REMEMBER THAT SCHOOL STARTS ON MONDAY, AUGUST 20TH. PLEASE SLOW DOWN, BE SAFE AND **WATCH FOR CHILDREN!!** 



NATIONAL SMORES DAY 08-10-2018





# MOVIE OF THE MONTH

POPCORN AND A MOVIE THE SECOND FRIDAY AFTER LUNCH **AUGUST SHOWING -**I FEEL PRETTY

#### CONGREGATE MEALS

A hot, nutritious meal is served each day at the Senior Citizens' Friendship Center and our satellite sites in Malvern and Sherrodsville at 11:30 am. The Center's meals are no salt added and diabetic substitutes are available. This meal gives seniors the opportunity to gather together and alleviate the loneliness of eating alone. It is very difficult for our nutrition coordinator to plan and prepare meals each day without an accurate count, so

## PLEASE CALL TO MAKE YOUR RESERVATION BY 8:30 AM

\*\*Friendship Center 100 Kensington Rd—call 330-627-7017

\*\*Malvern Methodist Church 121 Wood St.—call 330-205-6654

\*\*Sherrodsville Lions' Club 80 Hill St.—call 740-269-2200

Suggested donation is \$2.00 per meal & \$3.00 per meal for Birthday Dinner.

#### INFORMATION & REFERRAL

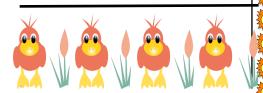
This service provides specific information as to the particular agencies to call regarding certain needs you may have. The Center will assist in making appointments and will follow up to ensure your needs have been met. Call 330-627-7017

**HEY!!-** DID YOU KNOW WE HAVE MEAL SITES IN MALVERN AND SHERRODSVILLE?!?

**STOP** IN AND SEE DANIELLE AND CHERYL FOR COFFEE AND DONUTS MON-FRI 9-10AM.ASK THEM ABOUT BINGO.

#### **FAMOUS AUGUST BIRTHDAYS**

FRANCIS SCOTT KEY, CARROLL O'CONNOR, TONY BENNETT, QUEEN ELIZABETH, BARACK OBAMA, JEFF GORDON, NEIL ARMSTRONG, LUCILLE BALL, ESTHER WILLIAMS, MEL TILLIS, **DUSTIN HOFFMAN, HERBERT HOOVER, JIMMY** DEAN, BUCK OWENS, ANNIE OAKLEY, DAVY CROCKETT, MAE WEST, AL ROKER, ROBERT REDFORD, ORVILLE WRIGHT, BILL CLINTON, BENJAMIN HARRIS, KENNY ROGERS, CAL RIPKIN JR, LYNDON BAINES JOHNSON, SCOTT HAMILTON AND RICHARD GERE.



# **HOME DELIVERED MEALS**

The same meal served at the Center is also available for individuals or couples through our home-delivered meals program. Individuals must be 60 years of age or older, homebound, and a Carroll County resident. Frozen meals are also available for the weekend for those who want them. Regulations forbid leaving meals in a cooler, but they may be left in the refrigerator. Please communicate with your driver about this issue. Suggested donation is \$2.00 payable to: "Carroll County Council on Aging." Post-dated checks can not be accepted.

#### **BIRTHDAY DINNER**

Birthday Dinner will be held on Wednesday, AUGUST 15th. Make a reservation to join us. Entertainment will be provided by IN LIEU OF ENTERTAINMENT THERE WILL BE A FARMERS MARKET. Please remember that the suggested donation for Birthday Dinner is \$3.00. WE SERVE LUNCH AT 11:30.

### THANK YOU!

THANK YOU ROSEMARIE AND MIKE FOR THE SWEET TREATS, RONNIE ROHR FOR THE CANDY, KEITH BARNETT FOR BIRTHDAY DINNER MUSIC AND SONG, OHIO STATE EXTENSION OFFICE FOR THE JULY CRAFT, LINDA MORELAND FOR THE CHRISTMAS COOKIES, NEIL STONEMAN FOR YOUR PROGRAM, AND MRS. CLAUS FOR SHOWING UP FOR OUR CHRISTMAS IN JULY CELEBRATION.

#### AUGUST EVENTS.

4th.-JOSEPH SISTERS AT BLUEBIRD FARMS FROM 7:00-10:00

8th-11th- SCIO FALL FESTIVAL, PARADE ON THE 10th AT 6:30 10th-12th.- SANDY BEAVER CANAL DAYS IN MAGNOLIA PARADE ON THE 12th AT 2:00. 11th.– BACK TO SCHOOL SAFETY AND WELLNESS EXTRAVAGANZA AT THE CARROLL COUNTY FAIRGROUNDS 11:00-1:30.

11th.-BLUEBIRD FARMS PRESENTS KARRI FEDOR & KEROSENE FROM 7:00-10:00. 12th.-THE 1st.ANNUAL SAVE 22 CAR SHOW TO BE HELD AT THE CARROLL COUNTY VETS CLUB FROM 12:00-4:00.

18th.-BLUEBIRD FARMS PRESENTS EVOLUTION, AN ERIC CLAPTON TRIBUTE BAND FROM 7:00-10:00.

25th.-ST JOHN'S VILLA CAR, CRAFT, PEDAL/TRACTOR SHOW 9:00-3:00. 25th.-GREAT TRAIL FESTIVAL NEAR MALVERN 10:00-5:00. 25th.-BLUEBIRD FARMS PRESENTS RICKY LEE 7:00-10:00.

#### FRIENDLY REMINDER REGARDING ASSESSMENTS

A REQUIREMENT OF OHIO DEPARTMENT OF AGING IS FOR PROVIDERS, SUCH AS CARROLL COUNTY COUNCIL ON AGING, TO CONDUCT ROUTINE ASSESSMENTS AND UPDATES ON EVERY SENIOR CITIZEN, AGE 60 YEARS AND OLDER, WHOM WE SERVE. WE WILL CONDUCT CLIENT/PARTICIPANT ASSESSMENTS AT DIFFERENT TIMES THROUGHOUT THE YEAR. WE KINDLY ASK FOR YOUR ASSISTANCE AND COOPERATION AS WE COMPLETE THESE ASSESSMENTS. IF YOU HAVE ANY QUESTIONS REGARDING THE ASSESSMENT PROCESS, PLEASE CONTACT OR CALL ANY MEMBER OF THE STAFF AT 330-627-7017

CHECK THIS OUT- ON FACEBOOK!!
YOU MAY ALSO CONTACT US BY E-MAIL:
tmyers@carrollcountyohio.us
jaukerman@carrollcountyohio.us
scasper@carrollcountyoh.us
jnape@carrollcountyoh.us

\*\*\*\*\*\*JOKE OF THE MONTH\*\*\*\*\*

WHY SHOULDN'T YOU TELL SECRETS ON THE FARM? BECAUSE THE CORN HAS EARS, THE POTATOES HAVE EYES AND THE BEANSTALKS!!

#### —FOR YOUR INFORMATION—

The Carroll County Council on Aging is a local, non-profit 501(C)(3), senior services provider serving Carroll County senior citizens aged sixty and older. Due to a growing need for senior based services and programs, the services provided include congregate meals, home delivered meals, transportation services, and more. Private, tax deductible contributions greatly assist us in providing reliable quality services to senior citizens living throughout Carroll County. We are asking for your help in continuing our services and programs by making a donation in support of our mission of serving seniors. Growing expenses require us to share this reminder about how crucial your donations are and how they go directly toward the mission of serving our senior citizens. Together we can better serve aging adults living here in our very own community, helping those who once filled our farms and factories maintain an independent life in their own home as long as possible. Please remember the work of the Carroll County Council on Aging in all your giving, in the structure of your will, and when memorials are appropriated. Your gifts will aid and assist many and be appreciated for years to come by a senior population in need of a helping hand to remain independent and in their own home as long as possible.

#### **TRIVIA ANSWERS!!**

- THE FIRST UNITED STATES CENSUS WAS CONDUCTED ON AUGUST 2, 1790.
- SANTA CLAUS LAND, THE FIRST MODERN THEMED AMUSEMENT PARK, OPENED IN SANTA CLAUS, INDIANA, ON AUGUST 3, 1946.
- ON AUGUST 5, 1620 THE MAYFLOWEER DEPARTED FROM SOUTHAMPTON. 3. ENGLAND HEADED TOWARDS NORTH AMERICA.
- RAIN FELL A RECORD 13 INCHES IN A SINGLE DAY IN SYDNEY, NEW SOUTH WALES. AUSTRALIA ON AUGUST 5.1986.
- BETTY BOOP MADE HER CARTOON DEBUT IN DIZZY DISHES ON AUGUST 9, 5.
- CANDID CAMERA MADE IT'S TELEVISON DEBUT ON AUGUST 10. 1948. AFTER 6.
- BEING ON RADIO FOR A YEAR AS CANDID MICROPHONE.
  ON AUGUST 15, 1969 WOODSTOCK MUSIC AND ARTS FAIR OPENED IN UPSTATE NEW YORK. TICKETS FOR THE THREE DAY EVENT WERE \$18.00 IN ADVANCE AND \$24.00 AT THE GATE.
- "KIND OF BLUE" BY MILES DAVIS, THE BEST SELLING JAZZ RECORDING OF 8. ALL TIMES WAS RELEASED ON AUGUST 17, 1959.
- 9 LOU GEHRIG HIT HIS 23rd. CAREER GRAND SLAM, A RECORD THAT STOOD TILL 2013 ON AUGUST 20, 1938.
- ON AUGUST 27, 2003 MARS MADE IT'S CLOSEST APPROACH TO EARTH IN NEARLY 60,000 YEARS, PASSING JUST 34,646,418 MILES AWAY.
- ON AUGUST 29, 1958, THE UNITED STATES AIR FORCE ACADEMY WAS OPENED IN COLORADO SPRINGS, COLORADO.
- AUGUST 30, 1993 IS WHEN DAVID LETTERMAN PREMIERED HIS LATE NIGHT TALK SHOW ON CBS.

### 

SPRING STROLLERS WILL RESUME ON MONDAY

**SEPTEMBER 4TH AT** 

3:00

#### **CARROLL COUNTY ON AGING**

The Carroll County Council on Aging meets the first Thursday of each month at 10:00 am at The Friendship Center. The next meeting will be held AUGUST 2nd.

These are open to the public and we encourage your participation. Current Officers are: President—Donna Walters, Vice President—Susan Ziler, Secretary—Beulah Bland, Treasurer—Ruth Ann Tinlin, and 3 Trustees— Doris Logan, Roberta Eckley and Ollie Scott.

Society for Equal Access is here on the second Monday of the month from 9:00-12:00 PM please call 330-343-9292 if you have any questions or need an appointment.

August is shared by the astrological signs of Leo the Lion and Virgo the Virgin, and is sacred to the following Pagan deities: Ceres, the Corn Mother, Demeter, John Barleycorn, Lugh, and all goddesses who preside over agriculture. During the month of August, the Great Solar Wheel of the Year is turned to Lammas, one of the four Grand Sabbats celebrated each year by Wiccans and modern Witches throughout the world."

#### SOCIAL SECURITY AND MEDICARE

The New Philadelphia Social Security Office is now located at 1260 Monroe St. Suite 1C and can be reached at 1-866-731-4236.

The Steubenville Office is located at 500 Market St. on the 4th floor and the number is: 1-866-253-6889. The Medicare number is 1-800-633-4227.

#### **GOLDEN BUCKEYE CARDS**

Applications are available at the Senior Center. You must present proof of identity and age (60 or older). Suitable forms of ID include a driver's license or birth certificate.

#### **MALVERN**

-MOVIE DAY WILL BE ON TUESDAY AUGUST 14th.

WE WILL BE PLAYING—GOING IN STYLE BINGO IN MALVERN WILL BE PLAYED ON WEDNESDAY AUGUST 1st. AND ON WEDNESDAY

AUGUST 22nd.



#### **SHERRODSVILLE** BINGO WILL BE PLAYED ON WEDNESDAY AUGUST 15th.

# SUMMER CORN SALAD

#### **Ingredients**

6 ears corn, husked and cleaned 3 large tomatoes, diced 1 large onion, diced 1/4 cup chopped fresh basil 1/4 cup olive oil 2 tablespoons white vinegar salt and pepper to taste

#### **Directions**

Bring a large pot of lightly salted water to a boil. Cook corn in boiling water for 7 to 10 minutes, desired tenderness. Drain, cool, and cut kernels off the cob with a sharp knife.

In a large bowl, toss together the corn, tomatoes, onion, basil, oil, vinegar, salt and pepper. Chill until serving.



"In summer, the song sings itself."

# THESE SERVICES ARE PROVIDED IN PART BY THE OHIO DEPARTMENT ON AGING THROUGH AREA AGENCY ON AGING REGION 9 AND CARROLL COUNTY.



# FREE COFFEE & DONUTS



We offer free coffee and donuts each morning, M-F at 8 AM. Please stop by for a bite to eat, some conversation, and a look at the morning paper.

#### LINE DANCING

Line dancing classes are held each Wednesday at the Friendship Center. Beginners meet from 8-9AM and intermediate to advanced from 8-11AM. Please join Sue Frase and the dancers for a fun filled morning.

#### EXERCISE & TAI CHI

Exercise classes are every Monday and Friday at 11 AM. Tai chi classes are on Tuesday and Thursday at 11 AM. Please join in.

#### **BRIDGE & EUCHRE PLAYERS**

Bridge players meet here each Wednesday at 12:30 PM. Euchre players meet here each Thursday 1:00-3:00. Contact the Center at 330-627-

7017 if you would like to join.

CARDS WITH THE COOK
Come play 'Show me the Friend'
on the 1st Friday of each month.
It's like bingo with cards PRIZES GIVEN.
In August it will be held on AUGUST 3rd.

#### BINGO WITH PRIZES

Carroll Health Care Bingo here on Wednesday, AUGUST 1st...right after lunch.

Community Hospice Bingo here at 12:00 PM Thursday, AUGUST 2nd.



MRDD Bingo here on the 2nd Wednesday of each month, right after lunch. In August it will be held on the 8th.

<u>Country Club Retirement Campus Bingo</u> with Jackie here on AUGUST 22nd. right after lunch.

#### FRIENDSHIP CENTER CRAFTS



Here on the 2nd Thursday of each month at 10:00 AM. In August this class will be on August 9th. CARROLL HEALTH CARE CENTER WILL BE MAKING A FALL WREATH

#### THINGS TO DO AT THE CENTER—LENDING LIBRARY

The Friendship Center has a nice selection of books and puzzles to help pass the time. Stop by, borrow what you'd like and return them when you are finished! Home Delivered Meal clients can just call in for further information. 330-627-7017

#### **BLOOD PRESSURE CHECKS**



The Carroll County Visiting Nurses will be here Tuesday, AUGUST 14th.. at 11 AM. Arbors of Minerva Thursday AUGUST 16th.



HEALTH CHAT WITH DEB from CCVNA-ON MONDAY August 27th.. at 12:00



<u>BOOST</u>
We now have BOOST product available. <u>Regular is \$28.00 per case</u>, <u>Plus is \$30.00 per case</u>, <u>and Diabetic is \$40.00 per case</u>. Call for available flavors.-27POUCHES PER CASE.





Carroll County Transit provides transportation in and around Carrollton and outside Carroll County. Transportation to the Senior Friendship Center is available on a daily basis M-F. For transportation, seniors with residence within the Village of Carrollton, over 60, please call Transit at 330-627-1900. For seniors with residence outside of the Village of Carrollton, over 60, please call Senior Friendship Center at 330-627-7017. It is your responsibility to notify transit no later than (two) 2 hours prior to your scheduled pick-up time if you need to cancel your transportation.

Voicemail messages may be left after hours for cancellations only. Hours of operation are 6:00 a. m. to 6:00 p. m. Monday through Friday.

THE BALANCE MATTERS CLASS IN AUGUST MONDAY the 13th, 20th, and 27th From 12:30-2:30 CALL 330-627-7017

RUG RATS RUG MAKING CLASS EVERY THURSDAY IN AUGUST FROM 1:00-3:00 ANY NEW INTERESTS, PLEASE STOP OR CALL 330-627-7017.





## GOLDEN SNEAKERS EVERY MONDAY, TUESDAY AND FRIDAY AT 9:00 AM.

#### Did you know!!

Miles traveled by Friendship Center Transportation in the month of JUNE-2,831 Meals served by the Friendship Center in the month of JUNE-5,465

WOW!!

# **a**ugust born

Very ambitious. Brave and daring attitude. Devoted lover. Sensitive nature. You get jealous easily. You also get angry very easily. You are proud of your achievements. Attention seeker. Very generous. Easy going. Strong character. Born to be successful. Observant. Creative bent of mind, Caring and loving. Faithful friend.

# Summer Word Search

See if you can find the hidden words associated with Summer.





puzzles.about.com

# TRIVIA, TRIVIA, TRIVIA!! <u>NO PEEKING!!!</u>

- 1. WHEN WAS THE FIRST UNITED STATES CENSUS CONDUCTED?
- 2. WHEN WAS SANTA CLAUS LAND OPENED AND WHERE WAS IT AT?
- 3. WHEN DID THE MAYFOWER SET SAIL FOR NORTH AMERICA?
- 4. WHAT WAS THE AMOUNT OF RAINFALL TO FALL ON A SINGLE DAY IN AUSTRALIA?
- 5. WHEN DID BETTY BOOP MAKE HER CARTOON DEBUT ON DIZZY DISHES?
- 6. WHEN DID CANDID CAMERA MAKE IT'S DEBUT?
- 7. WHEN AND WHERE WAS WOODSTOCK?
- 8. WHEN WAS "KIND OF BLUE" RELEASED FOR THE FIRST TIME AND WHO SANG IT?
- O. WHEN DID LOU GEHRIG HIS 23rd. CAREER GRAND SLAM?
- 10. WHEN DID MARS MAKE IT'S CLOSEST APPROACH TO EARTH?
- 11. WHEN AND WHERE DID THE UNITED STATES AIR FORCE ACADEMY OPEN?
- 12. WHEN DID DAVID LETTERMAN PREMIER HIS LATE NIGHT TALK SHOW ON CBS?

