

AUGUST CALENDAR OF EVENTS

Monday	Tuesday	Wednesday	Thursday	Friday
		1 LINE DANCING 8-11 LUNCH 11:30 BINGO-CARROLL HEALTH CARE 12:00 BRIDGE 12:30	2 TAI CHI 11:00 LUNCH 11:30 COMMUNITY HOSPICE BINGO 12:00 EUCHRE 1:00-3:00 RAG RUG CLASS 1:00-3:00	3 GOLDEN SNEAKERS 9:00 EXERCISE 11:00 LUNCH 11:30 CARDS WITH THE COOK-RIGHT AFTER LUNCH
6 GOLDEN SNEAKERS 9:00 EXERCISE 11:00 LUNCH 11:30 BALANCE MATTERS 12:30-2:30	7 GOLDEN SNEAKERS 9:00 TAI CHI 11:00 QUILTERS GUILD VISITING NURSE BLOOD PRESSURE 11:00 LUNCH 11:30	8 LINE DANCING 8-11 LUNCH 11:30 BINGO MRDD 12:00 BRIDGE 12:30	9 FRIENDSHIP CENTER CRAFTS 10:00 TAI CHI 11:00 ARBORS OF MINERVA BLOOD PRESSURE 11:00 LUNCH 11:30 EUCHRE 1:00-3:00 RAG RUG CLASS 1:00-3:00	10 GOLDEN SNEAKERS 9:00 EXERCISE 11:00 LUNCH 11:30 MOVIE AND POPCORN RIGHT AFTER LUNCH- I FEEL PRETTY
13 GOLDEN SNEAKERS 9:00 EXERCISE 11:00 LUNCH 11:30 BALANCE MATTERS 12:30-2:30	14 GOLDEN SNEAKERS 9:00 TAI CHI 11:00 LUNCH 11:30	15 BIRTHDAY DINNER LINE DANCING 8-11 LUNCH 11:30 BRIDGE 12:30	16 TAI CHI 11:00 LUNCH 11:30 EUCHRE 1:00-3:00 RAG RUG CLASS 1:00-3:00	17 GOLDEN SNEAKERS 9:00 EXERCISE 11:00 LUNCH 11:30
20 GOLDEN SNEAKERS 9:00 EXERCISE 11:00 LUNCH 11:30 BALANCE MATTERS 12:30-2:30	21 GOLDEN SNEAKERS 9:00 TAI CHI 11:00 LUNCH 11:30	22 LINE DANCING 8-11 LUNCH 11:30 BRIDGE 12:30 BINGO W/JACKIE 12:30	23 TAI CHI 11:00 LUNCH 11:30 EUCHRE 1:00-3:00 RAG RUG CLASS 1:00-3:00	24 GOLDEN SNEAKERS 9:00 EXERCISE 11:00 LUNCH 11:30
27 GOLDEN SNEAKERS 9:00 EXERCISE 11:00 LUNCH 11:30 HEALTH CHAT W/ DEB 12:00 BALANCE MATTERS 12:30-2:30	28 GOLDEN SNEAKERS 9:00 TAI CHI 11:00 LUNCH 11:30	29 LINE DANCING 8-11 LUNCH 11:30 BRIDGE 12:30	30 TAI CHI 11:00 LUNCH 11:30 EUCHRE 1:00-3:00 RAG RUG CLASS 1:00-3:00	31 GOLDEN SNEAKERS 9:00 EXERCISE 11:00 LUNCH 11:30