










MARCH 2010



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 EXERCISE 11:00 LUNCH 11:30 BINGO 12:00 	2 QUILTERS TAI CHI 11:00 LUNCH 11:30	3 LINE DANCING 8-11 LUNCH 11:30 BRIDGE 12:30	4 TAI CHI 11:00 LUNCH 11:30 EUCHRE 12-3 CCCOA 10:00	5 EXERCISE 11:00 LUNCH 11:30 MOVIE 12:00	6
7	8 EXERCISE 11:00 LUNCH 11:30 BINGO 12:00	9 QUILTERS BP CHECK TAI CHI 11:00 LUNCH 11:30	10 LINE DANCING 8-11 LUNCH 11:30 BRIDGE 12:30	11 TAI CHI 11:00 LUNCH 11:30 EUCHRE 12-3	12 EXERCISE 11:00 LUNCH 11:30 MOVIE 12:00	13
14 Daylight Savings Time Begins 	15 EXERCISE 11:00 LUNCH 11:30 BINGO 12:00	16 QUILTERS TAI CHI 11:00 LUNCH 11:30 	17 St Patrick's Day LINE DANCING 8-11 BIRTHDAY DINNER BRIDGE 12:30 	18 TAI CHI 11:00 LUNCH 11:30 EUCHRE 12-3	19 EXERCISE 11:00 LUNCH 11:30 MOVIE 12:00	20
21	22 EXERCISE 11:00 LUNCH 11:30 BINGO 12:00	23 QUILTERS BP CHECK TAI CHI 11:00 LUNCH 11:30	24 LINE DANCING 8-11 LUNCH 11:30 BRIDGE 12:30	25 TAI CHI 11:00 LUNCH 11:30 EUCHRE 12-3	26 EXERCISE 11:00 LUNCH 11:30 MOVIE 12:00	27
28 Palm Sunday	29 EXERCISE 11:00 LUNCH 11:30 BINGO 12:00	30 QUILTERS TAI CHI 11:00 LUNCH 11:30	31 LINE DANCING 8-11 LUNCH 11:30 BRIDGE 12:30			

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To access ingredient content, please call Site Manager DONNA at 330-627-7017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Chicken Strips w/Dip Tater Tots Carrots Plums Bread	2 Pepper Steak Rice Sugar Snap Pea Blend Pears \ Juice Dinner Roll	3 Potato Soup Chicken Salad Pickled Beets Tropical Fruit Bun	4 Hamloaf Scalloped Potatoes Green Beans Pineapple Bread	5 Macaroni & Cheese Stewed Tomatoes Peas Peaches Bread
8 Grilled Chicken Baked Sweet Potatoes Yellow Wax Beans Tropical Fruit Bread	9 Cabbage Roll Mashed Potatoes Corn Juice \ Banana Bread	10 Broccoli Cheese Soup Turkey & Cheese Sandwich Oranges \ Juice Pudding Crackers	11 Roast Pork \ Dressing Mashed Potatoes \ Gravy Mixed Vegetables Applesauce Dinner Roll	12 Johnny Marzetti Green Beans Sweet & Spicy Peaches Juice Italian Bread
15 Swedish Meatballs Rice Pilaf Winter Blend Veggies Mixed Fruit \ Juice Bread	16 Hot Dog \ Sauerkraut Seasoned Potato Wedges Carrots V-8 Juice Bun	17 Birthday Dinner Open Face Roast Beef Mashed Potatoes \ Gravy Mixed Vegetables Pineapple & Oranges Dessert	18 Chicken Patty Cheesy Potatoes Spinach Apple Bread	19 Breaded Pork Chop Scalloped Potatoes Tomatoes & Zucchini Peaches & Pears Bread
22 Swiss Burger Parsley Potatoes Baked Beans Fruit Cocktail Bun	23 Stuffed Pasta Shells Broccoli Baked Apples Juice Italian Bread	24 BBQ Chicken Baked Potato Peas & Carrots Apricots Bread	25 Country Fried Steak Mashed Potatoes \ Gravy Green Beans Pineapple Dinner Roll	26 Baked Fish Tater Tots Carrots Pears \ Cookies Bread
29 Oven Fried Chicken Augratin Potatoes Diced Beets Peaches Bread	30 Baked Steak Mashed Potatoes \ Gravy Succotash Applesauce Bread	31 Tomato Soup Ham Salad Sandwich Cottage Cheese Tropical Fruit Juice \ Crackers		